

PERSONAL INFORMATION

**Mihaela Oravițan**

📍 West University of Timișoara, 4 Blvd. Vasile Parvan, Timișoara, 300223, Romania

☎ 0040256592322 📠 0040723633151

✉ mihaela.oravitan@gmail.com; mihaela.oravitan@e-uvt.ro

Sex female | Date of birth 02/06/1968 | Citizenship Romanian

APPLIED FOR POSITION

Habilitation

WORK EXPERIENCE

March, 2012 - present

Vice Dean

West University of Timișoara, Faculty of Physical Education and Sport, <http://www.uvt.ro>

- Main responsibilities: coordination of the academic and research activities inside the faculty, supervising the activity of the Physical Therapy and Special Motricity Department and of the competition for professional ascension in the faculty, drafting the specific reports about the academic and scientific research of the faculty, organization of the scientific events of the faculty.

- Sector Education

March, 2014 - present

Professor PhD

West University of Timișoara, Faculty of Physical Education and Sport,

- Main responsibilities: teaching (courses and seminars) of Anatomy, First Aid, Kinetotherapy in Traumatology, Kinetoprophylaxy, Rehabilitation in Sports Pathology, scientific coordination of bachelor and dissertation works of the students.

April, 2008 - present

Associate Professor PhD

West University of Timișoara, Faculty of Physical Education and Sport

- Main responsibilities: teaching (courses and seminars) of Anatomy, First aid, Physical Therapy in Traumatology, Kinetoprophylaxy, Rehabilitation in Sports pathology, scientific coordination of bachelor and dissertation works of the students

- Sector Education

March, 2008 - February, 2012

Scientific Chancellor

West University of Timișoara, Faculty of Physical Education and Sport

- Planning, coordination and reporting the scientific research activity of the faculty, supervision of the competition for professional ascension, organization of the scientific events of the faculty.

- Sector Education

March, 2004 - March, 2012

Member of the Teachers Council

West University of Timișoara, Faculty of Physical Education and Sport

- Main responsibility: involvement in operative management of the faculty

- Sector Education

March, 2001 - April, 2008

Lecturer

West University of Timișoara, Faculty of Physical Education and Sport

- Main responsibilities: teaching (courses and seminars) of Anatomy, First Aid, Physical Therapy in Traumatology, Kinetoprophylaxy, scientific coordination of bachelor and dissertation works of the students

- Sector Education

- October, 1996 – March, 2001 **Assistant**
West University of Timisoara, Faculty of Physical Education and Sport
- Main responsibilities: teaching (seminars) of Anatomy, First Aid, Biochemistry
- Sector Education
- March, 1994– October, 1996 **Teaching assistant**
West University of Timisoara, Faculty of Physical Education and Sport
- Main responsibilities: teaching (seminars) of First Aid, Massage, Hygiene
 - Sector Education
- January, 1994 – December, 1998 **Resident physician in sports medicine**
Emergency County Hospital from Timisoara
- Main responsibilities: application of specific diagnostic and therapeutic procedures
 - Sector Health
- January, 1993 - December, 1993 **Junior doctor**
Emergency County Hospital from Timisoara
- Main responsibilities: application of specific diagnostic and therapeutic procedures
 - Sector Health
- March, 1991 – January, 1993 **Nurse**
Emergency County Hospital from Timisoara
- Main responsibilities: application of specific therapeutic procedures, care provision
 - Sector Health
- EDUCATION AND TRAINING**
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- October, 2000 - July, 2004 **Physical therapist**
West University of Timisoara, Faculty of Physical Education and Sport
- Bachelor degree in Physical Therapy
 - Relevant disciplines: Physical therapy basis, Exercise physiology, Athletic training theory, Physical education and sports theory, Scientific research methodology, Physical therapy in neurology, Physical therapy in orthopedics, Physical therapy in internal medicine, Physical therapy in obstetrics and gynecology
- October, 1998 - March, 2006 **PhD Degree**
"Victor Babes" Medicine and Pharmacy University from Timisoara
- Thesis title: *Considerations on the Importance of Physical Therapy in Traumatic Knee Injuries Rehabilitation*
 - Scientific coordinator: Prof. PhD Pompiliu Petrescu
 - PhD degree in Medicine
- January, 1994 – October, 1998 **Sports Medicine Specialist**
"Victor Babes" Medicine and Pharmacy University from Timisoara

- Residency consisted in stages in: *Sports medicine*, at Sports Medicine Center Bucharest (1.03.1994 – 31.12.1994), *Physiotherapy*, at Municipal Emergency Hospital Timisoara, Department of Physiotherapy and Medical Rehabilitation (1.01.1995- 30.06.1995), *Internal medicine*, at Emergency County Hospital from Timisoara, 1st Medical Clinic (1.07.1995 – 31.12.1995), *Orthopaedics-Traumatology*, Emergency County Hospital from Timisoara, 1st Clinic of Orthopaedics-Traumatology (1.01.1996-30.06.1996), *activity in a sports center*, at School Sport Club and at Male Junior Olympic Gymnastic team (1.07.1996-1.10.1998).

January, 1993 – January, 1994

Junior doctor

Emergency County Hospital from Timisoara

- Stages and courses in Internal Medicine, Pediatrics, Surgery, Obstetrics and Gynecology (3 months each)

September, 1986-September, 1992

Doctor/Physician

“Victor Babes” Medicine and Pharmacy University from Timisoara

- Bachelor degree in general medicine
- Relevant disciplines: Anatomy, Physiology, Biochemistry, Semiology, Hygiene, Surgery, Internal Medicine, Orthopedics-Traumatology, Obstetrics-gynecology, Physiotherapy, Pediatrics.

September, 1982 – July, 1986

Baccalaureate

No. 1 Mathematics-Physics High School (current “Grigore Moisil”) from Timișoara, Informatics Profile

- Qualified as operator, programmer, computer analyst.

PERSONAL SKILLS

Mother tongue(s) Romanian, Hungarian

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C1	C1	B2	B2
French	B2	B2	B1	B1	B1

Communication skills

- good communication skills gained through my experience as teacher, doctor, projects coordinator, scientific chancellor, vice dean.

Organizational / managerial skills and competences

- leadership, capacity of developing and maintaining co-operative networks and working intra- and inter-institutional relationships, prioritization capacity, timelines driven, promptitude in solving organizational problems, capacity of promote innovating solutions, ability to realize strategies and prognoses based on group and individual diagnosis – skills gained through my experience as vice dean, scientific chancellor, projects coordinator, editor-in-chief of the faculty’s journal.

- Research competences
- capacity of organizing and coordinating the research activity at the faculty level based on research goals, capacity to design and execute systems for the acquisition and collation of information through the effective use of appropriate resources and equipment, capacity to construct coherent arguments and to validate the research results – skills gained through by participating to numerous national and international scientific manifestations, courses, seminars, by coordinating 120 bachelor and dissertation works, research projects and by editing, reviewing and elaborating scientific publications.
- Teaching competencies
- consistent knowledge of the disciplines and of the teaching methods, the ability to perform interactive teaching approaches, to build a stimulating and effective educational environment, capacity of assessment, modelling and design the teaching approaches, ability to design and develop inter - and trans-disciplinary aspects, to adapt the teaching materials to the progress made in the field - skills acquired through education and in 20 years of teaching in higher education.
- Computer skills
- Qualified as operator, programmer, computer analyst
 - Microsoft Office (Word, Excel, PowerPoint) – consistent skills
 - Data analysis software (Graph Pad, SPSS) – consistent skills
 - Internet user (focused search, e-mail) – consistent skills

ADDITIONAL INFORMATION

- Publications
- 123 scientific articles (93 articles published full-text, 20 in journals or volumes indexed ISI Web of Science, 29 articles in journals indexed in international databases), 9 books (7 as unic/first author);
 - Founder and Editor-in-Chief of *Timișoara Physical Education and Rehabilitation Journal* (indexed in several international databases: EBSCO, ProQuest, J-Gate, DOAJ, De Gruyter Open, Ulrich's Periodicals, WorldCat, Google Scholar, Celdes, CNKI, CNPIEC, Naviga, Primo Central, Read Cube, TDOne and in numerous international catalogs;
 - Member in the Scientific Committees of *MEDICINA SPORTIVA - Journal of Romanian Sports Medicine Society* (indexed in EBSCO, ProQuest, Index Copernicus, OMNI), of *Annals of West University of Timisoara, Physical Education and Sport Series* (2005-2012) and of *Scientific Bulletin of the "Politehnica" University of Timisoara - Physical Education and Sport Series*.
 - Reviewer for 2 ISI indexed publications.
- Projects
- Project coordinator for 2 international projects and member in 1 international project;
 - Director/coordinator for 3 national projects, member in 2 other national projects;
 - Coordinator for 3 local projects and member in 1 local project.
- Courses and seminars
- 27 courses, workshops and seminars (on physical therapy, related techniques, postural disorders, sports medicine, research projects).
- Honours and awards
- Excellence Diploma from the West University of Timișoara's management team for attracting research funds (2010)
 - Mention for the study *The effectiveness of supervision lifestyle to reduce cardiometabolic risk in patients with metabolic syndrome* (co-author), presented at The 34th Annual National Congress of Physical Medicine and Rehabilitation, with international participation, Poiana-Brașov, 2011.
- Memberships, affiliations
- Member of the National Council for Sports Science (since 1999)
 - Member of Sports Medicine Romanian Society (1999-present)
 - Member of The Balkanic Sports Medicine Society (since 2009)
 - Member of International Society of Physical and Rehabilitation Medicine - ISPRM (since 2008)
 - Member of International Association for Physical Education in Higher Education (since 2010)
 - Member of Scientific Council of Academic Research and Creation (CSCCU) from West University of Timișoara (since 2013).

References

- *Assoc. Professor PhD Mária BARNAI*, Dean of the Faculty of Health Sciences and Social Studies, University of Szeged, email: barnaim@etszk.u-szeged.hu;
- *Assoc. Professor PhD Anna KISS FEHÉRNÉ*, Head of the Physiotherapy Department of Albert Szent-György Health Center, e-mail: feheme.kiss.anna@med.u-szeged.hu;
- *Professor PhD Ricardo IZZO*, Sport Science Faculty, Urbino University "Carlo Bo", Italy, e-mail: riccardo.izzo@uniurb.it;
- *Professor PhD Tatiana DOBRESCU*, Vice Dean of the Faculty of Movement, Sports and Health Sciences, "Vasile Alecsandri" University of Bacău, e-mail: tatianadobrescu2002@yahoo.com
- *Assoc. Professor PhD Mirela VASILESCU*, Faculty of Faculty of Physical Education and Sports, University of Craiova, e-mail: medsprt@yahoo.com
- *Assoc. Professor PhD Zoltan PÁSZTAI*, Physical, Education, Sports and Physical Therapy Department, University of Oradea; e-mail: pasztayzoltan@yahoo.com.

ANNEXES

- List of publications, projects, conferences, courses and seminars
- Copies of relevant diplomas and certificates

