

**Curriculum vitae
Europass**



Personal Information

Name / Surname GROSU E. EMILIA FLORINA

Fax +40 (0)264235541

Nationality Romanian

Sex Female

Place of work /
occupational aria BABEŞ-BOLYAI University, Cluj- Napoca, Romania
Faculty of Physical education and Sport faculty,
Department of Individual Sports

Professional experience

Function	Professor	Associate Professor	Lector univ.
Period	2003- present	2000- 2003	1994 - 2000
Institution	Babes-Bolyai University FEFS	Babes-Bolyai. University FEFS	Babes-Bolyai. University FEFS
Place	CLUJ- NAPOCA	CLUJ- NAPOCA	CLUJ- NAPOCA
Function	Asist univ	Prof. grad II	Prof. definitiv
Period	1992-1994	1987 - 1992	1984 - 1987
Institution	Babes-Bolyai. University FEFS	Casa Pionerilor – DB (1987-1990) and School no. 2 Targoviste DB (1990- 1992)	School „Ana Ipatescu” (1984-1985) Casa Pionerilor – Targoviste 1985-1987)
Place	CLUJ- NAPOCA	Targoviste - DB	Gherla – CJ și Targoviste - DB

Function and place **PhD Prof Faculty of Physical Education and Sport Faculty**

Activity and principal responsibility

Member in professional and scientific association:

- Member in Commission of Psychology in National Council of Science of Sport;
- Member in FEPSAC – European Federation of Sport Psychology
- Member ARACIS
- Member in Council of IOSUD from Univ. „Babeş – Bolyai” Cluj – Napoca.
- Director of Doctoral School in Faculty of Physical Education and Sport Faculty

Name of Employer	Babeş-Bolyai University, Cluj Napoca, Faculty of Physical Education and Sport – Department of Individual Sports.																																	
Type of activity and area	Didactic and research in Physical Education and Sport																																	
Education and Training																																		
Calcification and / diploma obtained	<p>Doctor in Physical Education and Sport Faculty, ANEFS Bucharest, 1999, with specialisation Sport Psychology.</p> <p>Institute of Physical Education and Sport Faculty Bucharest, 1992, License I.E.F.S. Bucharest</p> <p>Institute of Physical Education and Sport Faculty Bucharest, 1984, diploma absolvent, I.E.F.S. Bucharest, head of promotion with mark 9.86 out of 10.</p>																																	
Principal Discipline study / Professional Competence Acquired	<p>Specialization in artistic gymnastics preparation and sportive dance</p> <p>Technical and methodology of teaching basic gymnastics</p> <p>Psychomotricity, Motor development</p> <p>Motor Learning</p> <p>Fitness</p> <p>Neuro-linguistic programming (NLP)</p> <p>Sport Anthropology</p>																																	
Name of Institution of Education and Type of Study	<p>Institute of Physical Education and Sport Faculty Bucharest, 1981- 1984</p> <p>National Academy of Physical Education and Sport Faculty Bucharest, 1992 -1994</p> <p>National University of Physical Education and Sport Faculty Bucharest 1999</p>																																	
International and national classification level	<p>Artistic Gymnastics Specialization – FRG 1984, categ. III</p> <p>International Referee in artistic gymnastics– 1994, FRG, Bucharest</p> <p>Specialization in sportive dance – FRDS 2008, categ. III</p>																																	
Personal skills and competences	<p>Gymnastics trainer 1994-1996 la Sharjah Women's Club – UAE</p> <p>Teacher in School 2002 – School „Clementina Perone” – Rome, Italy</p> <p>Professor coordinator Summer Camps Programmes „Vivas World” Ferriere, Piacenza, Italy 1997- 2003 - 2014 and present - Piacenza, Italia</p>																																	
Mother tongue	Romanian																																	
Foreign Language	Italian, English, French																																	
Self-assessment	<table border="1"> <thead> <tr> <th rowspan="2"></th> <th colspan="2">Understanding</th> <th colspan="2">Speaking</th> <th>Writing</th> </tr> <tr> <th>Listening</th> <th>Writing</th> <th>Participation in conversation</th> <th>Oral spelling</th> <th>Writing</th> </tr> </thead> <tbody> <tr> <td>Italian language</td> <td>C2</td> <td>C2</td> <td>C2</td> <td>C2</td> <td>C1</td> </tr> <tr> <td>English language</td> <td>C2</td> <td>C1</td> <td>C2</td> <td>C1</td> <td>B2</td> </tr> <tr> <td>French language</td> <td>C1</td> <td>B2</td> <td>B2</td> <td>B1</td> <td>A2</td> </tr> </tbody> </table>						Understanding		Speaking		Writing	Listening	Writing	Participation in conversation	Oral spelling	Writing	Italian language	C2	C2	C2	C2	C1	English language	C2	C1	C2	C1	B2	French language	C1	B2	B2	B1	A2
	Understanding		Speaking		Writing																													
	Listening	Writing	Participation in conversation	Oral spelling	Writing																													
Italian language	C2	C2	C2	C2	C1																													
English language	C2	C1	C2	C1	B2																													
French language	C1	B2	B2	B1	A2																													
Competence and social ability	<p>Team spirit and manager : professional experience in didactic, in research in sportive performance at national level in gymnastics and dance</p> <p>Supervisor in License and Master;</p> <p>Reviewer in superior committee for PhD Thesis in Physical Education and Sport field.</p> <p>Supervisor in PhD from 2011 until now.</p>																																	

Competence and organizational ability	<p>Managerial experience: 1997 Management Courses –Windesheim University – Callo Department, from Zwolle – Holland 1997 -2003; from 2010 – 2012 Resp. International Relation - Faculty of Physical Education and Sport Faculty, University Babes-Bolyai, Cluj- Napoca 1997 till now, Member in Professional and Scientific Association: Member FEPSAC – European Federation of Sport Psychology Member in Scientific Board – Journal Palestrica B+, Publisher UMF Cluj - Napoca Member in Psychology Commission of National Council of Sport Science – National Institute of Research for Sport - Bucharest. Coordinator of Dance and gymnastics Group „Companion” – with FEFS students. From 2011 till now – Supervisor PhD in Physical Education and Sport in Faculty of profile, in Babes – Bolyai University. From 2011 till now – expert member ARACIS From 2015 till now – member in commission in CNATDCU at Ministry of Education and Research, in the Psychology Committee, Educational Science and Physical education and Sport</p>
Competences and technical abilities	<p>Driver’s licence B, since 1992. High level of teaching theoretical and practical subjects in gymnastics, dance, sport psychology, psychomotricity, mental training techniques and Neuro-linguistic programming (NLP). Physical coach for the National Dance Team from Reghin, since 2008 until present (organised by FRDS – Romanian Generation of Sportive Dance</p>
Competence and abilities in using computer	<p>SOROS Foundation Certification EM103N / Informatics Department, Instruction– Autumn Session 1996 with qualifying “Very Good”.</p>
Competences and artistic abilities	<p>Organization of sportive and artistic competitions at local, national and international level.</p> <ul style="list-style-type: none"> - National Student Dance Festival The 2 nd Place- with modern dance group „Companion” of Babes –Bolyai University Cluj-Napoca, ediția a V-a, 1993, organized by Student Culture Home from Cluj-Napoca și Târgu-Mureș – Romania. - National Student Dance Festival The 2 nd Place- with modern dance group „Companion” of Babes –Bolyai University Cluj-Napoca, ediția a XII-a 2007 organized by Student Culture Home from Sibiu –Romania (contemporan dance section). - National Student Dance Festival The 1 th Place- with modern dance group „Companion” of Babes –Bolyai University Cluj-Napoca, ediția a XII-a 2007 organized by Student Culture Home from Sibiu –Romania (creativity section – Reabon dance) - International Dance Festival The 1 th Place- with modern dance group „Companion” of Babes –Bolyai University Cluj-Napoca, ediția a XXIII-a 2007 organized by Asociazione OK Club, Scuola Sport, Casa Montagna Valnure – Ferriere (PC), Italy. (www.vivasworld.org sts-gestione@libero.it) - National Student Dance Festival The 1 th Place- with modern dance group „Companion” of Babes –Bolyai University Cluj-Napoca, ediția a XIII -a 2008 organized by Student Culture Home from Sibiu –Romania (inedit dance section). - National Student Dance Festival The 2 nd Place- with modern dance group „Companion” of Babes –Bolyai University Cluj-Napoca, ediția a XIII-a 2008 show revue organized by Student Culture Home from Sibiu –Romania (show revue dance section).

- International Dance Festival The 1 th Place- with modern dance group „Companion” of Babes –Bolyai University Cluj-Napoca, ediția a XXIV a 2008 organized by Asociazione OK Club, Scuola Sport, Casa Montagna Valnure – Ferriere (PC), Italy. (www.vivasworld.org sts-gestione@libero.it)
- International Dance Festival The 1 th Place- with modern dance group „Companion” of Babes –Bolyai University Cluj-Napoca, ediția a XXV a 2009 organized by Asociazione OK Club, Scuola Sport, Casa Montagna Valnure – Ferriere (PC), Italy. (folckloric dance) (www.vivasworld.org sts-gestione@libero.it)
- „Politehnica” University of Bucharest, Departament of Physical Education and Sport – Kinetotherapy, prize I - Artistic Compozition, University of „Bogdan – Vodă”, in Festivalul Polidansfest „Gineta Stoenescu”, Edition V, 11-12 May, 2012, Bucharest.

Other competences and abilities

- Participation in other didactics activity in Teaching Staff Mobility in Erasmus Program (up 19):
- Courses FRG; FRDS.
 - Organizer of national and international competitions in gymnastics and dance
 - Participation in International Congress, upper 23 conference and congress in period from 1997 until now.

Published Articles

- From 1992 until now I wrote 19 books. Out of those, one is International coordinate (Technical elements of body movements (collab. Carmen Padilla – Univ. Cadiz, Spain), multiple articles BDI, 6 articles ISI, all of them from Sport Science aria.
- Books in International publisher**
1. Grosu Emilia-Florina, Georgescu Luminita, chapter, *Contemporary Trends in Healt Promotion Through Physical Education a Romanian Model* , Physical Education and Health, Global Perspectives and Best Practice, SAGAMORE PUBLISHING LLC, ISBN print edition 978-1-57167-703-7 Library of Congress Control Number 201493090303, Urbana, IL 61801, Editor: SAGAMORE PUBLISHING, 2014, P. 383-394
- 1 book Interantional coordonator** (Technical Elements Componente, colab. Carmen Padilla – Univ. Cadiz, Spania)
- 8 books unic author**
- Aplicații ale antrenamentului mental în sport -vol 3, Publisher GMI, Cluj - Napoca
 - Învățarea motorie și performanța în sport -vol. 2, Publisher GMI; Cluj - Napoca
 - Gimnastica aerobică -Programe de stilare corporala, Publisher GMI; Cluj - Napoca
 - Psihomotricitate și gimnastica educativă -vol 1, Publisher GMI, Cluj - Napoca
 - Paralele inegale din gimnastica artistică feminină (vol I) from Colection "Gimnastică"
 - Biomecanica, metodica și tehnica elementelor acrobatice la sol și bârnă (Vol II) from colection "Gimnastică", Publisher GMI, Cluj - Napoca
 - Psihomotricitate, Publisher GMI, Cluj - Napoca
 - Săriturile în gimnastica competițională feminină, Publisher GMI, Cluj - Napoca
- 9 books in collaboration**
- Sportul - Fenomen social - vol. I in Collection " Știința Sportului",
 - "Optimizarea antrenamentului sportiv" in Collection "Știința Sportului" vol IV,
 - "Conceptele fundamentale ale Științei Sportului "in Collection " Știința Sportului"- vol II, - "Pregatirea psihologică și antrenamentul invizibil în activitatea sportivă" , vol III., in Collection " Știința Sportului",
 - Sportul - Fenomen social - vol. I in Collectiona " Știința Sportului", vol I, Publisher GMI.
 - Locul și roul fitness-ului în știința sportului, Publisher GMI, Cluj - Napoca
 - Spiritualitatea în sport, Publisher GMI, Cluj - Napoca
 - Complexe de exerciții pentru influențarea selectivă a aparatului locomotor - Complex physical exercises for the development of locomotory system, Ediția a 2 a, Gimnastica, Editura GMI, Cluj -Napoca
 - Gimnastica educativă, acrobatică și sărituri la aparate, multiply UBB.

Published Article

1. Cretu Marian, Dobrescu Tatiana, **Grosu Emilia-Florina**, *Considerations regarding the creative dimension of the physical education and sports didactic process* http://apps.webofknowledge.com.ux4ll8xu6v.useaccesscontrol.com/Search.do?product=WOS&SID=3FDD8wZBA54045hbw2i&search_mode=GeneralSearch&prID=66eb3c12-61e3-4300-a783-ba7f1f10f51c , Social_Sciences_Citation, SOCIAL SCIENCE JOURNAL, Volume: Published: Full Text from Publisher , 2013, P.853 – 858
2. **Grosu Emilia-Florina**, Nica-Badea Delia, GROSU Vlad - Teodor, *The Relation between Mental Training and the Physiological Index in Artistic Gymnastics* , *International Journal of Sports Science p-ISSN: 2169-8759 e-ISSN: 2169-8791 2013; 3(4): 97-101* doi:10.5923/j.sports.20130304.01 , 2013, P.97 - 101 , Social_Sciences_Citation, INTERNATIONAL JOURNAL OF SPORTS SCIENCE & COACHING, International Journal of Sports Science p-ISSN: 2169-8759 e-ISSN: 2169-8791 2013; 3(4): 97-101 doi:10.5923/j.sports.20130304.01, 2013, P.97 – 101, <http://article.sapub.org/10.5923.j.sports.20130304.01.html>
3. **Grosu Emilia-Florina**, GROSU Vlad - Teodor, Moraru Cristina - Elena, MOTICA Florin - Constantin, *The Role of Attention in the Psychological Preparation of Athletes In Perceptual Motor Discipline* , Science_Citation_Expanded, SOCIAL STUDIES OF SCIENCE, 159 , 2014, P.151 – 155
4. **Grosu Emilia-Florina**, GROSU Vlad - Teodor, Preja Carmen Aneta, Boros-Balint Iuliana, *Neuro-Linguistic Programming Based on the Concept of Modelling* http://www.sciencedirect.com.ux4ll8xu6v.useaccesscontrol.com/science?_ob=ArticleListURL&_method=list - http://apps.webofknowledge.com.ux4ll8xu6v.useaccesscontrol.com/Search.do?product=WOS&SID=3FDD8wZBA54045hbw2i&search_mode=GeneralSearch&prID=66eb3c12-61e3-4300-a783-ba7f1f10f51c , Social_Sciences_Citation, SOCIAL SCIENCE JOURNAL, Procedia Social and Behavioral Science, vol.116, 21 February 2014, WCES 2013 ID 29284 , 2014, P.3693 – 3699
5. **Grosu Emilia-Florina**, GROSU Vlad - Teodor, Dobrescu Tatiana, *The New Dimension Of Educational Leadership - Modelling Excellence Through Neuro -Linguistic Programming Techniques* http://apps.webofknowledge.com.ux4ll8xu6v.useaccesscontrol.com/Search.do?product=WOS&SID=3FDD8wZBA54045hbw2i&search_mode=GeneralSearch&prID=66eb3c12-61e3-4300-a783-ba7f1f10f51c , Social_Sciences_Citation, SOCIAL SCIENCE JOURNAL, Volume: 141 http://apps.webofknowledge.com.ux4ll8xu6v.useaccesscontrol.com/Search.do?product=WOS&SID=3FDD8wZBA54045hbw2i&search_mode=GeneralSearch&prID=66eb3c12-61e3-4300-a783-ba7f1f10f51c , 2014, P.500 - 505
6. Dobrescu Tatiana, **Grosu Emilia-Florina**, *ASPECTS REGARDING CLASSROOM MANAGEMENT AND ITS PART IN MAKING THE EDUCATIONAL PROCESS MORE EFFECTIVE* http://apps.webofknowledge.com.ux4ll8xu6v.useaccesscontrol.com/Search.do?product=WOS&SID=3FDD8wZBA54045hbw2i&search_mode=GeneralSearch&prID=66eb3c12-61e3-4300-a783-ba7f1f10f51c http://www.sciencedirect.com.ux4ll8xu6v.useaccesscontrol.com/science?_ob=ArticleListURL&_method=list , Social_Sciences_Citation, SOCIAL SCIENCE JOURNAL, Volume: 141 Pages: 465-469 Published: 2014, P.465 – 469
7. **Croitoru Liliana**, **Moraru Cristina - Elena**, **Grosu Emilia-Florina**, *Aspects on Improving Body Expression in Acting Students* http://apps.webofknowledge.com.ux4ll8xu6v.useaccesscontrol.com/Search.do?product=WOS&SID=3FDD8wZBA54045hbw2i&search_mode=GeneralSearch&prID=66eb3c12-61e3-4300-a783-ba7f1f10f51c , Social_Sciences_Citation, SOCIAL SCIENCE JOURNAL, 149 Published: Full Text from Publisher http://apps.webofknowledge.com.ux4ll8xu6v.useaccesscontrol.com/Search.do?product=WOS&SID=3FDD8wZBA54045hbw2i&search_mode=GeneralSearch&prID=66eb3c12-61e3-4300-a783-ba7f1f10f51c ,PII: S1877-0428(14)04950-7, DOI: 10.1016/j.sbspro.2014.08.237 , 2014, P.619 – 623

8. **Grosu Emilia-Florina**, GROSU Vlad - Teodor, Popovici Cornelia, Dumitrescu Marin, *Neurolinguistic Programming and the Relationship between Attention and Anxiety in Alpine Skiing Juniors* , Science_Citation_Expanded, PROCEEDINGS OF THE ASIS ANNUAL MEETINGS, 191, 2015, P.1634 - 1638
9. **Grosu Emilia-Florina**, Grosu Vlad Teodor, *Correlations of Emotional Distress and Anxiety with Regards to Athletes of 11-15 Years in Perceptual-motor Sports* , Science_Citation_Expanded, SOCIAL STUDIES OF SCIENCE, 190, 2015, P.269 - 272
10. Craciun Marius Traian, Petrehus Denisa-Elena, Grosu **Emilia-Florina**, Dobosi Serban-Andrei, *Principii etice in cresterea performantei sportive*, Science_ Citation_Expanded, REVISTA ROMANA DE BIOETICA, Vol. 9, Nr. 3, 2011, P.41 - 52
11. Nica-Badea Delia, **Grosu Emilia-Florina**, *Xantinic Compounds Incentivising the Active Principles of Athletes' Performance - Effects, Opportunities and Risks*, Cambridge Scholars Publishing, <http://www.c-s-p.org/Flyers/978-1-4438-4524-3-sample.pdf>, Applied Social Sciences: Psychology, Physical Education and Social Medicine , 2013, P.133-141
12. **Grosu Emilia-Florina**, Grosu Vlad-Teodor, Dumitrescu Marin, *The Role of Attention in Adjusting the Behavior of Junior Skiers* , INDEXCOPERNICUS , <http://journals.indexcopernicus.com/karta.php?id=4258> , SPORT SI SOCIETATE. Revista de Educatie Fizica, Sport si Stiinte Conexa, p-ISSN 1582-2168 , 2013, P.3-14
13. Rusu Alina Cristina, **Grosu Emilia-Florina**, GROSU Vlad - Teodor, *Neurolinguistic Programming Thecniques in Sports training for Enhancing Performance Capacity* , Ebsco; Academic Search Complete, USA; Index Copernicus; Journal Master List, Poland; DOAJ, Sweden. , www.revistaPalestrica.mileniului.ro , Palestrica of the Third Millenium - Civilization and Sport , vol.14, no.3, July - september, , 2013, P.212-218
14. Dobrescu Tatiana, **Grosu Emilia-Florina**, Cretu Marian, Culea Catalina, *Consideration regarding the creative dimensions of the physical education and sports didactic process* , Elsevier , Procedia - Social and Behavioral Sciences, Volume 93, 21 October 2013, , www.sciencedirect.com , Social and Behavioral Sciences (WCLTA 2012) , 2013, P.853-858
15. Cuceu Marian, **Grosu Emilia-Florina**, Matean Aurica-Doina, *Observarea, manevrarea si controlul variabilelor selectate si aplicate subiectilor în studiul pilot / The obsevation, the handling and the control of the selected variables applied to the pilot studies subjects*, Romanian Editorial Platform SCIPPIO , <http://www.scipio.ro/web/studia-universitatis-babes-bolyai-educatio-artis-gymnasticae>, Studia Universitatis Babes-Bolyai, Educatio Artis Gymnasticae, volume 59, (LIX),1, , 2014, P.5-17
16. Ronen Tali, **Grosu Emilia-Florina**, *It's easy to learn from movement": learning through the Eshkol-Wachman Movement Notation (EWMN) "Este usor ss inveti din miscare": învatarea prin sistemul de notatie Eshkol-Wachman (EWMN)* , Ebsco, Doaj, Cite Factor, SCIPPIO, index Copernicus, <http://www.pm3.ro/en/2013-issues/palestrica-of-the-third-millennium-civilization-and-sport>, Palestrica of the third millennium – Civilization and Sport Vol. 15, no. 3, July-September,, 2014, P.193-199
17. **Grosu Emilia-Florina**, GROSU Vlad - Teodor, Moraru Cristina - Elena, Mihaiu Costinel, *Specifics of State Anxiety and Attention in Sport Judo and Alpine Skiing* , Monduzzi Editore International Proceedings, ISBN 978-88-7587-713-2, <http://www.medimond.com/proceedings/moreinfo/20141121.htm> , 5th International Conference LUMEN 2014 Transdisciplinarity and Communicative Action 21-22 November, 2014 - Targoviste (Romania) , 2015, P.331-337
18. Grosu Vlad Teodor, **Grosu Emilia-Florina**, Monea Dan, *Correlations between Attention, Emotional Distress and Anxiety with Regards to Athletes of 11-15 Years in Perceptual-Motor Sports* , Universal Journal of Educational Research 3(8): 508-512, 2015 , <http://www.hrpub.org> DOI: 10.13189/ujer.2015.030805 , Horizont Research Publishing Corporation, (HRPUB) , 2015, P.508-512

19. Grosu Vlad-Teodor, **Grosu Emilia-Florina**, *Influence of Mental Training on Motor Coordination and Manual Response in Alpine Skiing*, American Association for Science and Technology, <http://www.aascit.org>, <http://www.aascit.org/journal/archive?journalId=910&issueId=9100205>, International Journal of Modern Education Research 2(5), 2015, P.57-61
20. **Grosu Emilia-Florina**, Bechar Indbal, *An Applicable Physical Activity Program Affecting Physiological and Motor Skills: the Case of Table Tennis Players Participating in Special Olympics (SO)*, Elsevier, Procedia, <https://www.elsevier.com/journals>, Social and Behavioral Science, 2015, P.1-7
21. **Grosu Emilia-Florina**, GROSU Vlad - Teodor, Popovici Cornelia, Mihaiu Costinel, *Sensory submodalities testing in neurolinguistic programming, part of mental training*, DOAJ, EBSCO, INDEX COPERNICUS, ULRICH'S PERIODICALS, www.tperj.ro/.../TPERJ_vol_7_issue_14_art_1.pdf, Timișoara Physical Education and Rehabilitation Journal, DOI: 10.1515/tperj-2015-0001, 2015, P.7-12
22. **Grosu Emilia-Florina**, Gogean Groza Gina, *STUDIUL PRIVIND DEZVOLTAREA CALITATILOR MOTRICE NECESARE PERFECTIONĂRII SĂRITURILOR PRIN YURCHENKO*, sciencedirect, Proquest, Scopus,, www.sciencedirect.com, Gymnasium -Scientific Journal of Education, Spoort and Health, 2015, P.111-125
23. Grosu Vlad Teodor, **Grosu Emilia-Florina**, Ciufudean Emil, Toader Florian, *Attention and emotional distress at junior athletes in judo and alpine skiing*, IndexCopernicus, Doaj, CiteFactor, Scipio, www.palestrica.mileniuluiIII.ro, Palestrica of the third millennium – Civilization and Sport Vol. 17, no. 4, Oct - Dec. 2015, P.111-118
24. Azmon Michal, **Grosu Emilia-Florina**, *Factors involved in adherence to physical activity among Israeli physiotherapists*, EBSCO, Academic Search Complete, USA; Index Copernicus, Journals Master List, Poland; DOAJ (Directory of Open Access Journals), Sweden, <http://pm3.ro>, <http://palestrica.ro>, Palestrica of the third millennium – Civilization and Sport Vol. 16, no. 3, July-September 2015, P.228-234
25. Nut Ramona-Ancuta, **Grosu Emilia-Florina**, *Study of Adaptation Psychometric Instruments that Measure Anxiety, Self-Efficacy and Motivation for Sports Performance*, Romanian Editorial Platform SCIPPIO, <http://www.scipio.ro/web/studia-universitatis-babes-bolyai-educatio-artis-gymnasticae>, Studia Universitatis Babes;-Bolyai, Educatio Artis Gymnasticae, 2014, P.23-36
26. Nut Ramona-Ancuta, **Grosu Emilia-Florina**, *Experimental Study on Efficiency Program Development on Emotional Intelligence to Improve Performance Sports Junior Gymnasts IV Level 1*, Romanian Editorial Platform SCIPPIO, <http://www.scipio.ro/web/studia-universitatis-babes-bolyai-educatio-artis-gymnasticae>, Studia Universitatis Babes-Bolyai, Educatio Artis Gymnasticae, volume 59, (LIX), June, 2014, P.33-50
27. Deak Gratiela-Flavia, Boros-Balint Iuliana, Ciocoi-Pop Dumitru-Rares, **Grosu Emilia-Florina**, *Correlations between physical activity and Ruffier indices in Romanian university students*, EBSCO, <http://www.ebscohost.com/titleLists/e5h-coverage.htm>, Studia, Universitatis Gymnasticae, 2014, P.61-72

Driving License

B Category

Additional Information

Contact Persons :

Prof Octavian Belu – Coordonator of Gymnastics Representative of Romania from 1988 till now.

Prof. Nicu Forminte - Trainer of Romanian National Team of Gymnastics.

Prof. univ.Dr. Emanuele Isidori–Università delle Scienze Motorie- Foro Italico–Roma (IT)

Prof. Univ. Dr. Kostas Karteroliotis – Athens University – Physical Education and Sports Faculty, Greece (GR)

Prof. Univ. Dr. Antonio Ona – Università di Granada, Spagna (ES)

Prof. Carlo Devoti – Summer Camps Programmes „Vivas World”- Ferriere, Piacenza, Italia (IT)

Alberto Cei – European Federation of Sport Psychology - FEPSAC

Date: 10. 01. 2016

Emilia Florina Grosu