

CURRICULUM VITAE

Alvaro Sanchez Lopez

1. Personal information

Professional Address: Department of Personality, Assessment and Clinical Psychology;
Faculty of Psychology, Complutense University of Madrid;

E-mail:

Phone:

ORCID ID: <https://orcid.org/0000-0003-2815-7803>; Web of Science ResearcherID: A-1464-2017

2. Education

PhD in Clinical Experimental Psychology (22/09/2011). Complutense University of Madrid, with highest distinction (*summa cum laude*). *Title Thesis:* Selective attention as an emotion regulation mechanism and a vulnerability to depression factor. *Advisors:* Prof. Carmelo Vazquez and Prof. Carmen Valiente.

MSc in Clinical Experimental Psychology (24/09/2008). Complutense University of Madrid, with highest distinction (A). *Title Master Thesis:* Effects of negative and positive mood and vulnerability to depression on selective attentional processing: An analysis of cognitive, affective and motivational predictors of attentional biases. *Advisor:* Prof. Carmelo Vazquez.

Bachelor in Psychology, major in Clinical Psychology (30/06/2006). Complutense University of Madrid.

3. Professional positions

Associate Professor (12/05/2025 - current). Complutense University of Madrid, Spain.

Assistant Professor (27/11/2021 - 11/05/2025). Complutense University of Madrid, Spain.

Senior Researcher (01/04/2018 - 26/11/2021). Complutense University of Madrid, Spain.

Post-Doctoral Researcher Staff (01/10/2014 - 31/03/2018). Ghent University, Belgium.
Promoters: Prof. Ernst Koster & Prof. Rudi De Raedt.

Post-Doctoral Fellow (01/05/2013 - 30/09/2014). Ghent University, Belgium. Promoters: Prof. Rudi De Raedt & Prof. Ernst Koster.

Assistant Professor (23/01/2012 - 13/07/2012). Autonomous University of Madrid, Spain.

Pre-Doctoral Research Staff (01/05/2009 - 30/04/2011). Complutense University of Madrid, Spain. Supervisors: Prof. Carmelo Vazquez & Prof. Carmen Valiente.

Pre-Doctoral Fellow (01/05/2007 - 30/04/2009). Complutense University of Madrid, Spain. Supervisors: Prof. Carmelo Vazquez & Prof. Carmen Valiente.

Research Assistant Fellow (01/09/2005 - 30/06/2006). Complutense University of Madrid, Spain. Supervisor: Prof. Carmelo Vazquez.

4. General quality indicators of scientific production

I am an Associate Professor at Complutense University of Madrid. My scientific production has been disseminated into 75 articles (71 in JCR), 6 book chapters and 1 book. 36 of my publications in JCR journals (> 50%) are in the Q1 of their respective fields, and more than 88% (63 publications) have been published in Q1 or Q2 journals. My H-index is 20; sum of times cited in December 2024: 1,187 citations (source: Web of Science). I have participated in 17 funded research projects (7 as Principal Investigator, with a total collected value of 1,305,829.00 euros), in different countries (Spain, Belgium, UK) and collaborated with international renowned teams (Prof. J. Joormann, Yale University; Prof. Rudi De Raedt & Prof. Ernst Koster, Ghent University). From 2014 to 2017, I was a recipient of two prestigious postdoctoral FWO grants at Ghent University, with my 2 post-doctoral projects both ranked as 1st in Social Sciences in their corresponding calls. I was recipient of a competitive Grant for Attraction of Scientific Talent (Category: Senior Researchers), funded by the Community of Madrid, at Complutense University of Madrid (Spain) from 2018 to 2021, and was awarded with a Marie Skłodowska-Curie Individual Post-Doctoral Fellowship. From 2019 to 2022, I was Principal Investigator of a National Research Project funded by the Spanish Ministry of Science, and I am currently Principal Investigator of two other National Research Project for the period 2022-2025. Since 2018, I became a Principal Investigator and re-integrated into the Psychopathology of Affective and Psychotic Disorders Research Lab, where I currently lead my own group, E-Motion Lab (<https://www.ucm.es/e-motionlab-eng/>), with another Assistant Professor (Ivan Blanco Martínez) and two postdoctoral researchers and four PhD candidate students, all of them under my supervision. I have extensive experience in presenting my work at the most prestigious international conferences of my research field (e.g., APS, ICPS, ABCT, EABCT, WCBCT). I am author of > 150 peer-reviewed communications, and > 15 invited talks at international expert meetings. My skills for transfer of knowledge also refer to my teaching/ mentoring experience.

I was lecturer in BA programs and summer schools in the UCM from 2009 to 2011, after which I received an ANECA accreditation as Assistant Professor. During 2012, I worked as Assistant Professor in the UAM. From 2013 to 2017, I worked as Post-Doctoral Researcher at the prestigious Psychopathology and Affective Neuroscience lab (PANlab) of Ghent University (Belgium). Since 2018, I have been a Lecturer at both Graduate and Master educational programs at Complutense University of Madrid, being accredited by ANECA as Associate Professor in 2019. I have supervised 25 Master Theses and I have been member of evaluation committees of 6 PhD projects. I have codirected one Doctoral Thesis in Ghent University (PhD student: Malvika Godara, defended in August 2020) and I have supervised seven Doctoral Theses in Spanish Universities (PhD students: Angela Socastro, Teresa Boemo, Oscar Martin-Garcia, Ana M. Pachecho-Romero, Patricia Mecha, Fabiola Espinosa, María Vega-Sanz), three of them already defended, all graded with Summa Cum Laude. My capacity for transfer of knowledge is also highlighted by an active participation in peer-review processes for top-ranked journals (e.g., Clinical Psychological Science, Behaviour Research and Therapy, Emotion, Journal of Affective Disorders; 53 verified peer-reviews in WOS). I am Associate Editor for the Spanish Journal of Psychology (since 2024, previously Consulting Editor between 2021 and 2023). All of these qualifications prove my skills for research, networking and transfer of knowledge.

5. Publications

a) Scientific Articles

1. Vazquez, C., **Sanchez, A.**, & Provencio, M. (2009). Aproximaciones cognitivas a la investigación sobre el delirio persecutorio [Cognitive approaches in research on persecutory delirium]. *Analise Psicologica*, 2, 213-231.
2. Valiente, C., Cantero, D., Vazquez, C., **Sanchez, A.**, Provencio, M., & Espinosa, R. (2011). Implicit and explicit self-esteem discrepancies in paranoia and depression. *Journal of Abnormal Psychology*, 120, 691-699. <https://doi.org/10.1037/a0022856>. JCR Impact Factor 2011: 4.86. 7/114 (Q1) in Clinical Psychology.
3. **Sanchez, A.**, & Vazquez, C. (2012). Selective attentional biases as a maintenance and vulnerability factor in depression: A critical review. *Terapia Psicologica*, 30, 103-117. <https://doi.org/10.4067/S0718-48082012000300010>. JCR Impact Factor 2012: 0.85. 82/144 (Q3) in Clinical Psychology.
4. **Sanchez, A.**, Vazquez, C., Marker, C., LeMoult, J., & Joormann, J. (2013). Attentional disengagement predicts stress recovery in depression: An eye-tracking study. *Journal of Abnormal Psychology*, 122, 303-313. <https://doi.org/10.1037/a0031529>. JCR Impact Factor 2013: 4.97. 8/111 (Q1) in Clinical Psychology.
5. Romero, N., Vazquez, C., & **Sanchez, A.** (2014). Rumination and specificity of autobiographical memory in dysphoria. *Memory*, 22, 646-654. <https://doi.org/10.1080/09658211.2013.811254>. JCR Impact Factor 2014: 1.69. 54/85 (Q3) in Experimental Psychology.
6. Romero, N., **Sanchez, A.**, & Vazquez, C. (2014). Memory biases in remitted depression: The role of negative cognitions at explicit and automatic processing levels. *Journal of Behavior Therapy and Experimental Psychiatry*, 45, 128-135. <https://doi.org/10.1016/j.jbtep.2013.09.008>. JCR Impact Factor 2014: 2.31. 36/119 (Q2) in Clinical Psychology; 44/133 (Q2) in Psychiatry.
7. **Sanchez, A.**, & Vazquez, C. (2013). Prototypicality and intensity of emotional faces using an anchor-point method. *The Spanish Journal of Psychology*, 16, 1-11. <https://doi.org/10.1017/sjp.2013.9>. JCR Impact Factor 2013: 0.71. 81/129 (Q3) in Multidisciplinary Psychology.
8. **Sanchez, A.**, Vazquez, C., Gomez, D., & Joormann, J. (2014). Gaze-fixation to happy faces predicts mood repair after a negative mood induction. *Emotion*, 14, 85-94. <https://doi.org/10.1037/a0034500>. JCR Impact Factor 2014: 3.38. 11/85 (Q1) in Experimental Psychology.
9. **Sanchez, A.**, & Vazquez, C. (2014). Looking at the eyes of happiness: Positive emotions mediate the influence of life satisfaction on attention to happy faces. *The Journal of Positive Psychology*, 9, 435-448. <https://doi.org/10.1080/17439760.2014.910827>. JCR Impact Factor 2014: 1.91. 33/129 (Q2) in Multidisciplinary Psychology.
10. Duque, A., **Sanchez, A.**, & Vazquez, C. (2014). Gaze-fixation and pupil dilation in the processing of emotional faces: The role of rumination. *Cognition and Emotion*, 28, 1347-1366. <https://doi.org/10.1080/02699931.2014.881327>. JCR Impact Factor 2014: 2.20. 33/85 (Q2) in Experimental Psychology.

11. Valiente, C., Cantero, D., **Sanchez, A.**, Provencio, M., & Wickham, S. (2014). Self-esteem and evaluative beliefs in paranoia. *Journal of Behavior Therapy and Experimental Psychiatry*, 45, 297-302. <https://doi.org/10.1016/j.jbtep.2014.01.002>. JCR Impact Factor 2014: 2.31. 36/119 (Q2) in Clinical Psychology; 44/133 (Q2) in Psychiatry.
12. **Sanchez, A.**, Everaert, J., Putter, L., Mueller, S.C., & Koster, E. H. W. (2015). Life is ... great! Emotional attention during instructed and uninstructed ambiguity resolution in relation to depressive symptoms. *Biological psychology*, 19, 67-72. <https://doi.org/10.1016/j.biopsycho.2015.04.007>. JCR Impact Factor 2015: 3.23. 2/14 (Q1) in Behavioral Sciences, 12/85 (Q1) in Experimental Psychology.
13. **Sanchez, A.**, Quinto., R., Perez, J., Jurado, R., Martinez, I., Ponce, G., & Rubio, G. (2015). Validation of the Spanish Version of the Alcohol Stroop Test. *Anales de Psicología*, 31, 504-523. <https://doi.org/10.6018/analesps.31.2.167491>. JCR Impact Factor 2015: 0.57. 68/76 (Q4) in Psychology.
14. Vazquez, C., Blanco, I, **Sanchez, A.**, & McNally, R. (2016). Attentional bias modification in depression through gaze contingencies and regulatory control using a new eye-tracking intervention paradigm: study protocol for a placebo-controlled trial. *BMC Psychiatry*, 16:439. <https://doi.org/10.1186/s12888-016-1150-9>. JCR Impact Factor 2016: 2.61. 63/142 (Q2) in Psychiatry
15. Cek, D., **Sanchez, A.**, & Timpano, K. (2016). Social anxiety-linked attention bias to threat is indirectly related to post-event processing via subjective emotional reactivity to social stress. *Behavior Therapy*, 47, 377–387. <https://doi.org/10.1016/j.beth.2016.02.007>. JCR Impact Factor 2016: 3.43. 16/121 (Q1) in Clinical Psychology.
16. Gomez, D., Mendoza, R., Paino, S., **Sanchez, A.**, & Romero, N. (2016). Latent Growth Curve Analysis of Gender Differences in Response Styles and Depressive Symptoms during Mid-Adolescence. *Cognitive Therapy and Research*, 41, 289–303. <https://doi.org/10.1007/s10608-016-9822-9>. JCR Impact Factor 2016: 2.31. 47/121 (Q2) in Clinical Psychology
17. **Sanchez, A.**, Everaert, J., & Koster, E. H. W. (2016). Attention Training Through Gaze-Contingent Feedback: Effects on Reappraisal and Negative Emotions. *Emotion*, 16, 1074-85. <https://doi.org/10.1037/emo0000198>. JCR Impact Factor 2016: 3.25. 12/84 (Q1) in Experimental Psychology.
18. Demeyer, I., **Sanchez, A.**, & De Raedt, R. (2017). Older adults' attentional deployment: Differential gaze patterns for different negative mood states. *Journal of Behavior Therapy and Experimental Psychiatry*, 55, 49-56. <https://doi.org/10.1016/j.jbtep.2016.11.012>. JCR Impact Factor 2017: 2.40. 46/127 (Q2) in Clinical Psychology; 56/142 (Q2) in Psychiatry.
19. Fang, L., **Sanchez, A.**, & Koster, E. H. W. (2016). Testing the attentional scope model of rumination: An eye-tracking study using the moving window paradigm. *Biological psychology*, 123, 278-285. <https://doi.org/10.1016/j.biopsycho.2016.10.011>. JCR Impact Factor 2015: 3.07.15/51 (Q2) in Behavioral Sciences, 19/77 (Q1) in Psychology.
20. Vanderhasselt, M., **Sanchez, A.**, Josephy, H., Baeken, C., Brunoni, A. R., & De Raedt, R. (2017). Anodal tDCS over the right dorsolateral prefrontal cortex modulates cognitive processing of emotional information as a function of trait rumination in healthy volunteers. *Biological psychology*, 123,111-118. <https://doi.org/10.1016/j.biopsycho.2016.12.006>. JCR Impact Factor 2017: 2.89. 18/85 (Q2) in Behavioral Sciences, 19/78 (Q1) in Psychology.

21. Romero, N., **Sanchez, A.**, Valiente, C., & Vazquez., C. (2016). Explicit self-esteem mediates the relationship between implicit self-esteem and memory biases in major depression. *Psychiatry Research*, 30, 336-344. <https://doi.org/10.1016/j.psychres.2016.06.003>. JCR Impact Factor 2016: 2.53. 62/142 (Q2) in Psychiatry
22. **Sanchez, A.**, Vanderhasselt, M., Baeken, C. & De Raedt, R. (2016). Effects of tDCS over the right DLPFC on attentional disengagement from positive and negative faces: An eye-tracking study. *Cognitive Affective & Behavioral Neuroscience*, 16, 1027-1038. <https://doi.org/10.3758/s13415-016-0450-3>. JCR Impact Factor 2016: 3.26. 12/51 (Q1) in Behavioral Sciences; 103/258 (Q2) in Neuroscience.
23. **Sanchez, A.**, Romero, N., & De Raedt, R. (2017). Depression-related difficulties disengaging from negative faces are associated with sustained attention to negative feedback during social evaluation and predict stress recovery. *PlosOne*, 12(3): e0175040. <https://doi.org/10.1371/journal.pone.0175040>. JCR Impact Factor 2017: 2.77. 15/64 (Q1) in Multidisciplinary Sciences.
24. **Sanchez, A.**, Duque, A., Romero, N., & Vazquez, C. (2017). Disentangling the interplay among cognitive biases: Evidence of combined effects of attention, interpretation and autobiographical memory in depression. *Cognitive Therapy and Research*, 41, 829–841. <https://doi.org/10.1007/s10608-017-9858-5>. JCR Impact Factor 2017: 2.43. 44/127 (Q2) in Clinical Psychology.
25. **Sanchez, A.**, Romero, N., Maurage, P., & De Raedt, R. (2017). Identification of emotions in mixed disgusted-happy faces as a function of depressive symptom severity. *Journal of Behavior Therapy and Experimental Psychiatry*, 57, 96-102. <https://doi.org/10.1016/j.jbtep.2017.05.002>. JCR Impact Factor 2017: 2.40. 46/127 (Q2) in Clinical Psychology; 56/142 (Q2) in Psychiatry.
26. Goodwin, G.M., Holmes, E.A., Andersson, E., Browning, M., Jones, A., Lass-Hennemann, J., Månsson, K.N.T., Moessnang, C., **Sanchez, A.**, van Zutphen, L., & Visser, R. M. (2018) From Neuroscience to Evidence Based Psychological Treatments – The Promise and the Challenge. *European Neuropsychopharmacology*, 28, 317-333. <https://doi.org/10.1016/j.euroneuro.2017.10.036>. JCR Impact Factor 2018: 4.47. 27/146 (Q1) in Psychiatry; 63/267 (Q1) in Neurosciences.
27. **Sanchez-Lopez, A.**, Vanderhasselt, M., Allaert, J., Baeken, C. & De Raedt, R. (2018). Neurocognitive mechanisms behind emotional attention: Inverse effects of anodal tDCS over the left and right DLPFC on gaze disengagement from emotional faces. *Cognitive Affective & Behavioral Neuroscience*, 18, 485-494. <https://doi.org/10.3758/s13415-018-0582-8>. JCR Impact Factor 2018: 2.66. 19/53 (Q2) in Behavioral Sciences; 159/267 (Q3) in Neuroscience.
28. Fang, L., **Sanchez-Lopez, A.**, & Koster, E. (2019). Attentional scope, rumination, and processing of emotional information: An eye-tracking study. *Emotion*, 19(7), 1259-1267. <https://doi.org/10.1037/emo0000516>. JCR Impact Factor 2018: 3.18. 15/87 (Q1) in Experimental Psychology.
29. Yaroslavsky, I., Allard, E., & **Sanchez-Lopez, A.** (2018). Can't Look Away: Attention Control Deficits Predict Rumination, Depression Symptoms and Depressive Affect in Daily Life. *Journal of Affective Disorders*, 245, 1061-1069.

- <https://doi.org/10.1016/j.jad.2018.11.036>. JCR Impact Factor 2018: 4.08. 44/199 (Q1) in Clinical Neurology; 32/146 (Q1) in Psychiatry.
30. Bosmans, G., **Sanchez-Lopez, A.**, Finet, C., & De Raedt, R. (2019). Attachment-related attention bias plays a causal role on trust in maternal support. *Journal of Experimental Child Psychology*, 185, 176-190. <https://doi.org/10.1016/j.jecp.2019.04.017>. JCR Impact Factor 2019: 2.30. 25/77 (Q2) in Developmental Psychology; 35/87 (Q2) in Experimental Psychology.
 31. Allaert, J., **Sanchez-Lopez, A.**, De Raedt, R., Baeken, C., & Vanderhasselt, M.A. (2019). Inverse effects of tDCS over the left versus right DLPC on emotional processing: A pupillometry study. *PLoS ONE* 14(6): e0218327. <https://doi.org/10.1371/journal.pone.0218327>. JCR Impact Factor 2019: 2.74. 27/71 (Q2) in Multidisciplinary Sciences.
 32. **Sanchez-Lopez, A.**, Koster, E., van Put, J., & De Raedt, R. (2019). Attentional disengagement from emotional information predicts future depression via changes in ruminative brooding: A five-month longitudinal eye-tracking study. *Behaviour Research and Therapy*, 118, 30-42. <https://doi.org/10.1016/j.brat.2019.03.013>. JCR Impact Factor 2019: 4.50. 10/131 (Q1) in Clinical Psychology.
 33. **Sanchez-Lopez, A.**, De Raedt, R., van Put, J., & Koster, E. (2019). A novel process-based approach to improve resilience: Effects of computerized mouse-based (gaze)contingent attention training (MCAT) on reappraisal and rumination. *Behaviour Research and Therapy*, 118, 110-120. <https://doi.org/10.1016/j.brat.2019.04.005>. JCR Impact Factor 2019: 4.50. 10/131 (Q1) in Clinical Psychology.
 34. **Sanchez-Lopez, A.**, Everaert, J., van Put, J., De Raedt, R., & Koster, E. (2019). Eye-gaze contingent attention training (ECAT): Examining the causal role of attention regulation in reappraisal and rumination. *Biological Psychology*, 142, 116-125. <https://doi.org/10.1016/j.biopsycho.2019.01.017>. JCR Impact Factor 2019: 2.76. 5/13 (Q2) in Biological Psychology; 21/87 (Q1) in Experimental Psychology.
 35. Godara, M., **Sanchez-Lopez, A.**, Liefvooghe, B., & De Raedt, R. (2019) Contextual changes influence attention flexibility towards new goals. *Cognitive Therapy and Research*, 44, 327–344. <https://doi.org/10.1007/s10608-019-10072-5>. JCR Impact Factor 2019: 2.60. 45/131 (Q2) in Clinical Psychology.
 36. Godara, M., **Sanchez-Lopez, A.**, & De Raedt, R. (2019). Music to my ears, goal for my eyes? Music reward modulates gaze disengagement from negative stimuli in dysphoria. *Behaviour Research and Therapy*, 120, 103434. <https://doi.org/10.1016/j.brat.2019.103434>. JCR Impact Factor 2019: 4.50. 10/131 (Q1) in Clinical Psychology.
 37. Wauters, A., Noel, M., Van Ryckeghem, D., **Sanchez-Lopez, A.**, & Vervoort, T. (2020). Parental (non-)pain attending verbalizations moderate the relationship between child attention and memory bias for pain. *European Journal of Pain*, 24(9), 1797-1811. <https://doi.org/10.1002/ejp.1627>. JCR Impact Factor 2020: 3.93. 75/208 (Q2) in Clinical Neurology; 121/273 (Q2) in Neuroscience.
 38. Allaert, J., De Raedt, R., **Sanchez-Lopez, A.**, Baeken, C., & Vanderhasselt, M. A. (2020). Mind the social feedback: effects of tDCS applied to the left DLPFC on psychophysiological responses during the anticipation and reception of social evaluations. *Social Cognitive and Affective Neuroscience*, nsaa066. <https://doi.org/10.1093/scan/nsaa066>. JCR Impact Factor 2020: 3.44. 17/85 (Q1) in Psychology; 83/293 (Q2) in Neuroscience.

39. Pulopulos, M., Allaert, J., Vanderhasselt, M.A., **Sanchez-Lopez, A.**, De Witte, S., Baeken, C., & De Raedt, R. (2020). Effects of HF-rTMS over the left and right DLPFC on proactive and reactive cognitive control, *Social Cognitive and Affective Neuroscience*, nsaa082, <https://doi.org/10.1093/scan/nsaa082>. JCR Impact Factor 2020: 3.44. 17/85 (Q1) in Psychology; 83/293 (Q2) in Neuroscience.
40. Godara, M., **Sanchez-Lopez, A.**, & De Raedt, R. (2021). Contextual goal-dependent attention flexibility or rule-based learning? An investigation of a new attention flexibility paradigm. *Journal of Behavior Therapy and Experimental Psychiatry*, 71, 101632. <https://doi.org/10.1016/j.jbtep.2020.101632>. JCR Impact Factor 2021: 2.66. 98/143 (Q3) in Psychiatry; 84/131 (Q3) in Clinical Psychology.
41. Godara, M., **Sanchez-Lopez, A.**, & De Raedt, R. (2021). Manipulating avoidance motivation to modulate attention bias for negative information in dysphoria: An eye-tracking study. *Journal of Behavior Therapy and Experimental Psychiatry*, 70, 101613. <https://doi.org/10.1016/j.jbtep.2020.101613>. JCR Impact Factor 2021: 2.66. 98/143 (Q3) in Psychiatry; 84/131 (Q3) in Clinical Psychology.
42. Godara, M., **Sanchez-Lopez, A.**, Baeken, C., & De Raedt, R. (2021). Looking for carrots, watching out for sticks: A gaze-contingent approach towards training contextual goal-dependent affective attention flexibility. *Behaviour Research and Therapy*, 136, 103787. <https://doi.org/10.1016/j.brat.2020.103787>. JCR Impact Factor 2021: 5.32. 27/131 (Q1) in Clinical Psychology.
43. **Sanchez-Lopez, A.**, De Raedt, R., Puttevils, L., Koster, E., Baeken, C., & Vanderhasselt, M. A. (2021). Combined effects of tDCS over the left DLPFC and gaze-contingent training on attention mechanisms of emotion regulation in low-resilient individuals. *Progress in Neuro-Psychopharmacology and Biological Psychiatry*, 108, 110177. <https://doi.org/10.1016/j.pnpbp.2020.110177>. JCR Impact Factor 2020: 5.07. 35/156 (Q1) in Psychiatry.
44. **Sanchez-Lopez, A.** (2021). How Flexible are we in Regulating our Emotions? A Discussion on Current Conceptual Frameworks of Emotion Regulation Flexibility, Requirements for Future Research and Potential Practical Implications. *The Spanish Journal of Psychology*, 24, E31. <https://doi.org/10.1017/SJP.2021.28>. JCR Impact Factor 2021: 1.53. 106/148 (Q3) in Psychology, Multidisciplinary.
45. Allaert, J., Erdogan, M., **Sanchez-Lopez, A.**, Baeken, C., De Raedt, R., & Vanderhasselt, M.A. (2021). Prefrontal tDCS Attenuates Self-Referential Attentional Deployment: A Mechanism Underlying Adaptive Emotional Reactivity to Social-Evaluative Threat. *Frontiers in Human Neuroscience*, 15, 700557. <https://doi.org/10.3389/fnhum.2021.700557>. JCR Impact Factor 2021: 3.47. 29/80 (Q2) in Psychology; 162/275 (Q3) in Neurosciences.
46. Martin-Romero, N., & **Sanchez-Lopez, A.** (2021). Factores motivacionales y de autoconcepto implicados en la predicción del rendimiento académico en Educación Secundaria. *Apuntes de Psicología*, 39(2), 65-74. ISSN: 0213-3334. Retrieved from: <https://www.apuntesdepsicologia.es/index.php/revista/article/view/901>
47. Blanco, I., Boemo, T., & **Sanchez-Lopez, A.** (2021). An Online Assessment to Evaluate the Role of Cognitive Biases and Emotion Regulation Strategies for Mental Health During the COVID-19 Lockdown of 2020: Structural Equation Modeling Study. *JMIR Mental Health*,

- 8(11), e30961. <https://doi.org/10.2196/30961>. JCR Impact Factor 2021: 6.33. 39/155 (Q2) in Psychiatry.
48. Boemo, T., Nieto, I., Vazquez, C., & **Sanchez-Lopez, A.** (2022). Relations between emotion regulation strategies and affect in daily life: A systematic review and meta-analysis of studies using ecological momentary assessments. *Neuroscience and biobehavioral reviews*, 139, 104747. <https://doi.org/10.1016/j.neubiorev.2022.104747>. JCR Impact Factor 2022: 8.20. 3/55 (Q1) in Behavioral Sciences; 23/310 (Q1) in Neurosciences.
 49. Socastro, A., Contreras, A., Peinado, V., Trucharte, A., Valiente, C., Vazquez, C., & **Sanchez-Lopez, A.** (2022). The mediating role of controllability appraisals and coping strategies on adaptive functioning after job loss: a path model. *Scientific Reports*, 12, 14898. <https://doi.org/10.1038/s41598-022-19186-5>. JCR Impact Factor 2022: 4.60. 22/73 (Q2) in Multidisciplinary Sciences.
 50. Socastro, A., Everaert, J., Boemo, T., Blanco, I., Rodriguez-Carvajal, R., & **Sanchez-Lopez, A.** (2022). Moment-to-Moment Interplay Among Stress Appraisals and Emotion Regulation Flexibility in Daily Life. *Affective Science*, 3, 628–640 <https://doi.org/10.1007/s42761-022-00122-9>. JCR Impact Factor 2023: 2.10. 41/92 (Q2) in Psychology.
 51. Gomez-Baya, D., Salinas-Perez, J.A., **Sanchez-Lopez, A.**, Paino-Quesada, S., & Mendoza-Berjano, R. (2022) The Role of Developmental Assets in Gender Differences in Anxiety in Spanish Youth. *Frontiers in Psychiatry*, 13, 810326. <https://doi.org/10.3389/fpsyt.2022.810326>. JCR Impact Factor 2022: 4.7. 40/144 (Q2) in Psychiatry.
 52. Gomez-Baya, D., Mendoza-Berjano, R., Morales-Marente, E., Paino-Quesada, S., Salinas-Pérez, J.A., Martin-Gomez, C., Palacios-Galvez, M., **Sanchez-Lopez, A.**, Grasmeijer, A.J., Gaspar de Matos, M., & Wiium, N. (2022) Protocolo de Investigación del proyecto “Desarrollo Positivo Juvenil en Estudiantes Universitarios Españoles”. *Análisis y Modificación de Conducta*, 48(178). <https://doi.org/10.33776/amc.v48i178.7346>
 53. Boemo, T., Socastro, A., Blanco, I., Martin-Garcia, O., Pacheco-Romero, A.M., Rodríguez-Carvajal, R., & **Sanchez-Lopez, A.** (2022). A Novel Experience Sampling Method Tool Integrating Momentary Assessments of Cognitive Biases: Two Compliance, Usability, and Measurement Reactivity Studies. *JMIR Formative Research*, 6(3):e32537. <https://doi.org/10.2196/32537>. JCR Impact Factor 2023: 2.2. 92/174 (Q3) in Healthcare Sciences & Services.
 54. Espinosa, F., Martin-Romero, N., & **Sanchez-Lopez, A.** (2022). Repetitive Negative Thinking Processes Account for Gender Differences in Depression and Anxiety During Adolescence. *International Journal of Cognitive Therapy*, 15(2), 115–133. <https://doi.org/10.1007/s41811-022-00133-1>. JCR Impact Factor 2022: 2.6. 72/131 (Q3) in Clinical Psychology.
 55. Baert, F., Van Ryckeghem, D., Sanchez-Lopez, A., Miller, M. M., Hirsh, A. T., Trost, Z., & Vervoort, T. (2022). The impact of maternal child- and self-oriented pain-related injustice appraisals upon maternal attention to child pain, attention to anger, and pain-attending behavior. *British journal of pain*, 16(3), 303–316. <https://doi.org/10.1177/20494637211057092>. JCR Impact Factor 2021: 1.8. 223/280 (Q4) in Clinical Neurology.
 56. Mecha, P., Martín Romero, N., & **Sanchez-Lopez, A.** (2023). Associations between social support dimensions and resilience factors and pathways of influence in depression and

- anxiety rates in young adults. *The Spanish Journal of Psychology*, 26, e11, 1-15. <https://doi.org/10.1017/SJP.2023.11>. JCR Impact Factor 2023: 2.9. 23/92 (Q1) in Psychology.
57. Puttevils, L., De Bruecker, M., Allaert, J., **Sanchez-Lopez, A.**, De Schryver, N., Vervaeet, M., Baeken, C., & Vanderhasselt, M. A. (2023). Attentional bias to food during free and instructed viewing in anorexia nervosa: An eye tracking study. *Journal of psychiatric research*, 164, 468–476. <https://doi.org/10.1016/j.jpsychires.2023.06.039>. JCR Impact Factor 2023: 3.7. 63/279 (Q1) in Psychiatry.
 58. Williams, T. F., Cohen, A. S., **Sanchez-Lopez, A.**, Joormann, J., & Mittal, V. A. (2023). Attentional biases in facial emotion processing in individuals at clinical high risk for psychosis. *European archives of psychiatry and clinical neuroscience*, 273(8), 1825–1835. <https://doi.org/10.1007/s00406-023-01582-1>. JCR Impact Factor 2023: 3.5. 70/280 (Q1) in Clinical Neurology.
 59. Vega-Sanz, M., Rey-Saez, R., Berastegui, A., & **Sanchez-Lopez, A.** (2024). Difficulties in Pregnancy Adjustment as Predictors of Perinatal Depression: Indirect Effects through the Role of Brooding Rumination and Maternal-Fetal Bonding. *American journal of perinatology*, 41(S 01), e2870–e2877. <https://doi.org/10.1055/s-0043-1776062>. JCR Impact Factor 2023: 1.5. 86/186 (Q2) in Pediatrics.
 60. Grocott, B., Battaglini, A. M., Jopling, E., Tracy, A., Rnic, K., **Sanchez-Lopez, A.**, & LeMoult, J. (2023). Do markers of daily affect mediate associations between interpretation bias and depressive symptoms? A longitudinal study of early adolescents. *Journal of Adolescence*, 95(8), 1628-1640. <https://doi.org/10.1002/JAD.12231>. JCR Impact Factor 2023: 3.0. 26/91 (Q2) in Psychology, Developmental.
 61. Martin-Garcia, O., De Raedt, R., Godara, M., Ottaviani, C., & **Sanchez-Lopez, A.** (2023). Individual differences in motivational self-focus modulate context-based affective attention flexibility toward goal-relevant information: An eye-tracking study. *Learning and Motivation*, 81, 101869. <https://doi.org/10.1016/J.LMOT.2022.101869>. JCR Impact Factor 2023: 1.7. 60/99 (Q3) in Psychology, Experimental.
 62. Godara, M., Everaert, J., **Sanchez-Lopez, A.**, Joormann, J., & De Raedt, R. (2023). Interplay between uncertainty intolerance, emotion regulation, cognitive flexibility, and psychopathology during the COVID-19 pandemic: a multi-wave study. *Scientific Reports*, 13(1), 9854. <https://doi.org/10.1038/S41598-023-36211-3>. JCR Impact Factor 2023: 3.8. 25/134 (Q1) in Multidisciplinary Sciences.
 63. Martin-Romero, N., & **Sanchez-Lopez, A.** (2023). Negative interpretation bias as a clinical marker and a scar of depression: New insights from a large-scale study of the scrambled sentence task in formerly, subclinically and clinically depressed individuals. *Behaviour Research and Therapy*, 163, 104276. <https://doi.org/10.1016/J.BRAT.2023.104276>. JCR Impact Factor 2023: 4.2. 20/180 (Q1) in Psychology, Clinical.
 64. Blanco, I., Boemo, T., Martin-Garcia, O., Koster, E. H. W., De Raedt, R., & **Sanchez-Lopez, A.** (2023). Online Contingent Attention Training (OCAT): transfer effects to cognitive biases, rumination, and anxiety symptoms from two proof-of-principle studies. *Cognitive Research: Principles and Implications*, 8(1), 28. <https://doi.org/10.1186/S41235-023-00480-3>. JCR Impact Factor 2023: 3.4. 12/99 (Q1) in Psychology, Experimental.

65. Vanderhasselt, M. A., **Sanchez-Lopez, A.**, Pulópulos Tripiana, M. M., Razza, L. B., De Smet, S., Russowsky Brunoni, A., Baeken, C., Raedt, R. d., & Allaert, J. (2023). Prefrontal transcranial direct current stimulation over the right prefrontal cortex reduces proactive and reactive control performance towards emotional material in healthy individuals. *International journal of clinical and health psychology*, 23(4), 51-60. <https://doi.org/10.1016/J.IJCHP.2023.100384>. JCR Impact Factor 2023: 5.3. 9/180 (Q1) in Psychology, Clinical.
66. Allaert, J., De Raedt, R., **Sanchez-Lopez, A.**, September, H., & Vanderhasselt, M.-A. (2023). Reduced Attention Towards Accomplishments Mediates the Effect of Self-Critical Rumination on Regret. *Cognitive Therapy and Research*, 47(3), 399-411. <https://doi.org/10.1007/S10608-023-10367-8>. JCR Impact Factor 2023: 2.9. 43/180 (Q1) in Psychology, Clinical.
67. Godara, M., **Sanchez-Lopez, A.**, & De Raedt, R. (2023). The contextual goal dependent attentional flexibility (CoGoDAF) framework: A new approach to attention bias in depression. *Behaviour Research and Therapy*, 167, 104354. <https://doi.org/10.1016/J.BRAT.2023.104354>. JCR Impact Factor 2023: 4.2. 20/180 (Q1) in Psychology, Clinical.
68. Boemo, T., Martin-Garcia, O., Pacheco-Romero, A.M., Blanco, I., Lafit, G., Myin-Germeys, I., & Sanchez-Lopez, A. (2024). Not just emotion regulation, but cognition: An experience sampling study testing the relations of ecological interpretation biases and use of emotion regulation strategies with momentary affective states during daily life functioning. *Behaviour Research and Therapy*, 177, 104550. <https://doi.org/10.1016/j.brat.2024.104550>. JCR Impact Factor 2023: 4.2. 20/180 (Q1) in Psychology, Clinical.
69. Pacheco-Romero, A. M., Martin-Garcia, O., Rey-Saez, R., Boemo, T., Blanco, I., Vazquez, C., & Sanchez-Lopez, A. (2024). An integrative analysis of potential mechanisms of reduced positive affect in daily life in depression: an ESM study. *Cognition & emotion*, 38(4), 587–604. <https://doi.org/10.1080/02699931.2024.2314066>. JCR Impact Factor 2023: 2.6. 27/99 (Q2) in Psychology, Experimental.
70. Zhang, Z., Vrijssen, J., Sanchez-Lopez, A. et al. (2024). Attention and Interpretation Bias Modification Transfers to Memory Bias: Testing the Combined Cognitive Bias Hypothesis. *Cognitive Therapy and Research*, 48, 648–660. <https://doi.org/10.1007/s10608-024-10478-w>. JCR Impact Factor 2023: 2.9. 43/180 (Q1) in Psychology, Clinical.
71. Mecha, P., Rodriguez-Morales, M., & **Sanchez-Lopez, A.** (2024). Components of hot and cold executive functions and their relations to different forms of stress resilience: A systematic review. *Stress and health: journal of the International Society for the Investigation of Stress*, 40(5), e3439. <https://doi.org/10.1002/smi.3439>. JCR Impact Factor 2023: 3.1. 17/92 (Q1) in Psychology.
72. Vega-Sanz, M., Berastegui, A., & **Sanchez-Lopez, A.** (2024). Perinatal posttraumatic stress disorder as a predictor of mother-child bonding quality 8 months after childbirth: a longitudinal study. *BMC pregnancy and childbirth*, 24(1), 389.

<https://doi.org/10.1186/s12884-024-06570-4>. JCR Impact Factor 2023: 2.8. 33/136 (Q1) in Obstetrics & Gynecology.

73. Van den Bergh, N., Marchetti, I., Hoorelbeke, K., **Sanchez-Lopez, A.**, De Raedt, R. & Koster, E. H.W. (2024). Psychological effects of unemployment: A prospective study on cognitive control, emotion regulation, and distress. *Journal of Affective Disorders Reports*, 18, 100848. <https://doi.org/10.1016/j.jadr.2024.100848>.
74. Sîrbu, V., David, O. A., **Sanchez-Lopez, A.**, & Blanco, I. (2025). Comparative efficacy of PsyPills and OCAT mobile psychological interventions in reducing depressive, anxiety and stress symptoms: A blinded randomized clinical trial. *Journal of affective disorders*, 369, 945–953. <https://doi.org/10.1016/j.jad.2024.10.052>. JCR Impact Factor 2023: 4.9. 38/279 (Q1) in Psychiatry.
75. Martin-Garcia, O., Blanco, I., & Sanchez-Lopez, A. (2025). Do we interpret ambiguity and feel according to how we define ourselves? Relationships between self-perception, interpretation biases, and their role on emotional symptoms. *Frontiers in Psychiatry*, 15. <https://doi.org/10.3389/fpsy.2024.1502130>. JCR Impact Factor 2023: 3.2. 88/279 (Q2) in Psychiatry.

b) Book Chapters:

- Vazquez, C., Sanchez-Lopez, A., Martin-Romero, N., & Nieto, I. (2024). Clasificación de los trastornos psicológicos: usos y limitaciones de los sistemas DSM y CIE y de nuevas alternativas (RDoC, HiTOP y análisis de redes). [Classification of Psychological disorders: uses and limitations of DSM and ICD Systems and new alternatives (RDoC, HiTOP and Network Analysis)]. In E. Caballo, I. C. Salazar and J. A. Carrobes, (Eds.). *Manual de Psicopatología y Trastornos Psicológicos: Adaptado al DSM-5-TR y a la CIE-11 (3rd Edition)* pp. 111-143 [Manual of Psychopathology and psychological disorders]. Madrid: Piramide. ISBN 978-84-368-4976-9.
- Würtz, F., & **Sanchez-Lopez, A.** (2023). Assessing Interpretation Biases in Emotional Psychopathology: An Overview. In: Woud, M.L. (eds) *Interpretational Processing Biases in Emotional Psychopathology. CBT: Science Into Practice*. Springer, Cham. https://doi.org/10.1007/978-3-031-23650-1_3
- Martin-Romero, N., & **Sanchez-Lopez, A.** (2022). Estilo atribucional y rendimiento escolar en Educación Secundaria Obligatoria: el papel mediador del autoconcepto académico. En *Avances en Ciencias de la Educación y Aplicaciones en otra áreas. Volumen I* (p. 216). Dykinson.
- Vazquez, C., **Sanchez, A.** & Romero, N. (2014). Clasificación y diagnóstico de los trastornos psicológicos: usos y limitaciones de los sistemas DSM y CIE [Classification and diagnose of Psychological disorders: uses and limitations of DSM and ICD Systems]. In E. Caballo, I. C. Salazar and J. A. Carrobes, (Eds.). *Manual de Psicopatología y Trastornos Psicológicos (2nd Edition)* pp. 93-116 [Manual of Psychopathology and psychological disorders]. Madrid: Piramide.

- Vazquez, C., **Sanchez, A.** & Romero, N. (2011). Clasificación y diagnóstico de los trastornos psicológicos: el DSM-IV-TR/DSM-V y la CIE-10 [Classification and diagnose of Psychological disorders: the DSM-IV-TR/DSM-V and ICD-10]. In E. Caballo, I. C. Salazar and J. A. Carrobes, (Eds.). Manual de Psicopatología y Trastornos Psicológicos (1st Edition) pp. 92-105 [Manual of Psychopathology and psychological disorders] . Madrid: Piramide.
- Vazquez, C., **Sanchez, A.**, & Hervas, G. (2008). Intervenciones psicológicas para la promoción del bienestar [Psychological interventions for well-being promotion]. In Vazquez., & Hervas, G. (Eds.). Psicología Positiva aplicada (pp. 41-71). [Applied Positive Psychology]. Bilbao: Desclee de Brower.

c) Books, Manuals:

- Sanchez, A.** (2012). Atención Selectiva como Mecanismo de Regulación emocional y Factor de Vulnerabilidad a la Depresión [Selective Attention as an Emotional Regulation Mechanism and a Vulnerability to Depression Factor]. Editorial Digital Complutense, ISBN: 978-84-695-1110-7.

6. Funded research projects

Validation of a novel online cognitive training to modify dysfunctions in stress regulation and act as a coadjuvant of psychological therapy (OCAT). PI: **A. Sanchez-Lopez**. Research Fund Spanish Ministry of Science and Innovation, Program of Incentivation of Scientific Consolidation (*Programa de Ayudas para Incentivar la Consolidación Investigadora*) Ref CNS2022-135763 (2023-2025). Complutense University of Madrid (Spain). Amount: 152,809€.

Executive functions and emotion regulation: An integrative approach for the study of cognitive-affective mechanisms implicated in stress resilience and its promotion. PI: **A. Sanchez-Lopez**. Research Fund Spanish Ministry of Science and Innovation, National Program for the Genreation (*Programa Estatal de Generación del Conocimiento*) Ref PID2021-127480NB-I00 (2022-2025). Complutense University of Madrid (Spain). Amount: 111,078 €.

Bienestar psicológico en la etapa perinatal y calidad del vínculo madre bebé [Psychological wellbeing in the perinatal stage and quality of maternal-child bonding]. PI: A. Berastegui Pedro-Viejo. Funding research program of the University of Comillas [Convocatoria: Financiación Proyectos de Investigación Propios 2022 de la Universidad Pontificia de Comillas, Vicerrectorado de Investigación]. Ref PP2022_1 (2022-2025). University of Comillas (Spain). Amount: 73,228.94€.

Desarrollo Positivo Juvenil en Estudiantes Universitarios Españoles: Análisis de las Fortalezas Evolutivas relacionadas con la Salud, el Bienestar Psicológico y la Contribución Social [Youth Positive Development in Spanish University Students: Analysis of Developmental Strenghts related to Health, Psychological Well-Being and Social Contribution]. PI: D. Gomez-Baya; R. Mendoza-Berjano. European Comission and Junta de Andalucía FEDER funds Ref UHU-1259711 (2020-2022). University of Huelva (Spain). Amount: 21,250 €.

- Attention flexibility and motivational factors of self-regulation: Disentangling the dynamics of stress resilience and protection against depression and anxiety.* PI: **A. Sanchez-Lopez**. Research Fund Spanish Ministry of Science and Innovation, National Program for the Generation of Scientific and Technological Knowledge (*Programa Estatal de Generación del Conocimiento y Fortalecimiento Científico y Tecnológico del Sistema de I+D+i*) Ref PGC2018-095723-A-I00 (2019-2022). Complutense University of Madrid (Spain). Amount: 75,020 €.
- On counterfactual thoughts, regret and rumination: the investigation of a ground breaking theoretical framework in a laboratory and a naturalistic context.* PIs: M.A. Vanderhasselt, R. De Raedt. Research Foundation - Flanders (FWO) (Brussels) Ref G044019N (2018-2022). Ghent University (Belgium).
- Person-adjusted assessment and training of cognitive/affective mechanisms: Toward a novel adaptation-based approach to improve early risk identification, treatment and relapse prevention for internalizing dysfunctions.* PI: **A. Sanchez-Lopez**. Program for the Attraction of Scientific Talent of the Community of Madrid, Modality I (Experienced Researchers). (2018-2022). Complutense University of Madrid (Spain). Amount: 308,800 €.
- An adaptation-based approach to understand resilience after job loss: Identifying the underlying mechanisms leading to adaptive coping and re-employment.* PI: **A. Sanchez-Lopez**. European Commission. Marie Skłodowska-Curie Individual Fellowship. (2018-2020). Complutense University of Madrid (Spain). Amount: 158,121,6 €.
- Attentional control training for depression: Novel steps for treatment optimization and large-scale implementation.* PI: **A. Sanchez**. Research Fund from the Research Foundation Flanders (FWO-12P1218N). (2017-2020). Ghent University (Belgium). Amount: 250,000 euros.
- The Role of Cognitive Control in the Transdiagnostic Conceptualization of "Intrusive Thoughts".* PI: Ryan J. Jacoby. Charles A. King Trust Fellowship Award from the Medical Foundation at Health Resources in Action (HRiA). (2017-2019). Massachusetts General Hospital (United States).
- Understanding the causal role of attention biases in depression: experimental manipulation of attention using eye-tracking techniques.* PI: **A. Sanchez**. Research Fund from the Research Foundation Flanders (FWO-117438). (2014-2017). Ghent University (Belgium). Amount: 250,000 euros.
- Innovative attention training to achieve stable remission in depression.* PI: E. Koster. Research Fund from MQ: Transforming Mental Health, PsyIMPACT program (2016-2018). Ghent University (Belgium).
- Cambio de patrones atencionales hacia estímulos emocionales mediante técnicas de eye-tracking: Una nueva intervención para la depresión [Changes in selective attentional patterns towards emotional stimuli by using eye-tracking techniques: A new intervention for depression].* PI: C. Vazquez. Research Fund from the Spanish Ministry of Science and Innovation. EXPLORA project. Ref PSI2014-61764-EXP (2015-2017). Complutense University of Madrid (Spain).

A cognitive-neuroscience approach to resilience and depression: The processing of positive information. PIs: R. De Raedt, E. Koster, & G. Pourtois. BOF (Special Research fund) Concerted research activities (GOA-BOF) Ref UG_10319 (2013-2015). Ghent University (Belgium).

Depresión y procesos de inhibición cognitiva: estrategias de regulación emocional y cambio clínico [Depression and cognitive inhibition processes: Emotion regulation strategies and clinical change]. PI: C. Vazquez. Research Fund Spanish Ministry of Science and Innovation. Ref PSI2012-35500 (2012-2015). Complutense University of Madrid (Spain).

Análisis Psicopatológico y Diacronía de la Psicosis; Factores Ontogénicos, Pronósticos y Ajuste Psicosocial [Psychopathological Analysis and Diachrony of Psychosis; Ontogenic Factors, Prognoses and Psychosocial Adjustment]. PI: C. Valiente. Research Fund Spanish Ministry of Science and Innovation. Ref PSI2009-13472 (2009-2012). Complutense University of Madrid (Spain).

Procesos Cognitivos y análisis psicopatológico de primeros episodios psicóticos. [Cognitive processes and psychopathological analysis of first psychotic episodes]. PI: F. Fuentenebro. Research Fund Spanish Ministry of Science and Innovation (2006-2009). Complutense University of Madrid (Spain)

7. Awards and recognitions

2021: *Rising STAR Award* for the most under 40's talented researcher in the field of Stress and Resilience. Awarded by the Stress, Trauma, Anxiety, and Resilience Society (2021).

2020: *ADAPT: New tool of online psychological training to promote stress management during situations of isolation (Original title in Spanish: "ADAPT: Herramientas online de entrenamiento psicológico frente al estrés durante situaciones de aislamiento")*. Program CompluEmprende (PCAVAV) #Vence al Virus; Complutense University of Madrid, Award for entrepreneurship in the development of applied interventions against the challenges and consequences of COVID-19 (2020). Amount: 1.500 €.

8. International research stays

- Yale University (Host: Prof. Jutta Joormann). April 2017
- Ghent University (Hosts: Prof. Rudi De Raedt & Prof. Ernst Koster). May 2013-April 2018
- University of Miami (Host: Prof. Jutta Joormann). September-December 2010
- University of Miami (Host: Prof. Jutta Joormann). September-December 2009

TOTAL INTERNATIONAL EXPERIENCE: 5.5 years (68 months)

9. International research collaborations

- Prof. Rudi De Raedt, attention to social feedback and stress regulation, Ghent University (Belgium).
- Prof. Ernst Koster, gaze-contingent attention training for depression, Ghent University (Belgium).
- Prof. Jutta Joormann, psychophysiological study of attentional control and emotion (dys)regulation, Yale University (United States).
- Prof. Colette Hirsch, interpretation biases in depression and anxiety, King's College of London (United Kingdom).
- Prof. Cristina Ottaviani, psychophysiological processes of stress regulation, Sapienza University at Rome (Italy).
- Prof. Joelle Le Moul, psychological predictors of depression onset during adolescence, University of British Columbia (Canada).
- Prof. Richard McNally, eye-tracking training for depression, Harvard University (United States)
- Prof. Marie-Anne Vanderhasselt, neuromodulation of prefrontal cortex activity and attentional control, Ghent University Hospital (Belgium)
- Prof. Jonas Everaert, cognitive/affective regulation dynamics in daily life, Tilburg University (The Netherlands)
- Prof. Ilya Yaroslavsky & Prof. Eric S. Allard, role of gaze behavior in daily emotional functioning, Cleveland State University (United States)
- Dr. Ryan Jacoby, attention dysregulation and momentary negative repetitive thinking, Massachusetts General Hospital (United States)
- Prof. Nadia Ramos, online interventions to train emotion regulation impairments, University of Talca (Chile)
- Prof. Eni Becker & Prof. Janna Vrijssen, interplay among attention, interpretation and memory biases in depression, Radboud University (The Netherlands)
- Prof. Josh Carlson and Prof. Lin Fang, neural basis of anxiety-related attention bias, Northern Michigan University (United States)
- Prof. Joaquim Soler, cognitive biases in borderline personality disorder, assessment and interventions, Barcelona Santa Creu i Sant Pau Hospital (Spain)

10. Teaching, supervising and mentoring activities

a) Professional Qualifications, awarded by the National Agency for Quality Assessment and Accreditation of Professorship of Spain (ANECA):

Since 2022: Three-year positive evaluation of teaching performance, DOCENTIA Program, score: “Very Positive”, period 2020-2022 (“Evaluación trienal programa DOCENTIA “Muy Positiva”).

Since 2021: Officially qualified by the National Spanish Excellence Research Program I3, equivalent to European Union R3 qualification (“Certificación I3 del Personal Docente e Investigador del Sistema Universitario Español”).

Since 2019: Officially qualified as Associate Professor (“Profesor Contratado Doctor”) and Private University Professor (“Profesor de Universidad Privada”)

Since 2012: Officially qualified as Assistant Professor (“Profesor Ayudante Doctor”)

b) Lecturer:

2018-2019, 2021-2022, 2022-2023, 2024-2025: Lecturer: Psychopathology, for graduate students. Dept. of Clinical Psychology, Complutense University of Madrid (Spain).
2019-2020, 2020-2021, 2023-2024, 2024-2025: Lecturer: Psychological Evaluation and Diagnosis, for graduate students. Dept. of Clinical Psychology, Complutense University of Madrid (Spain).
2023-2024: Lecturer: Intervention and Psychological Treatment, for graduate students. Dept. of Clinical Psychology, Complutense University of Madrid (Spain).
2021-2022: Lecturer Evaluation in Context I (Clinical Psychology), for graduate students. Dept. of Clinical Psychology, Complutense University of Madrid (Spain).
2017-2018: Lecturer: Health Psychology, for master students. Dept. of Clinical Psychology, Complutense University of Madrid (Spain).
2013-2017: Laboratory Training Sessions: Instruction to Eye-Tracking, for PhD students. Department of Experimental Clinical and Health Psychology, Ghent University (Belgium)
2012: Lecturer: Learning Strategies, for Master Students, Dept. of Experimental Psychology, Autonomous University of Madrid (Spain)
2009: Lecturer: Positive Psychology-Theoretical Basis and Applications, Summer School organized by the Complutense University of Madrid (Spain).
2009-2010, 2010-2011: Lecturer of Practices: Psychopathology, for Bachelor students. Dept. of Clinical Psychology, Complutense University of Madrid (Spain).

c) PhD Thesis' (Co-)Promotor:

Dinámicas temporales e intra-individuales implicadas en la disminución del afecto positivo en la depresión [Temporal intra-individual dynamics implicated in diminished positive affect in depression]. (Ana Mar Pacheco-Romero, Complutense University of Madrid; 2021-2024).
First promotor; copromoted with Carmelo Vazquez.

Funciones ejecutivas y resiliencia: Identificación de mecanismos de funcionamiento cognitivo-afectivo de protección frente al estrés derivado de situaciones adversas [Executive functions and resilience: Identification of cognitive-affective mechanisms implicated in the protection against stress derived from adverse situations]. (Patricia Mecha, Complutense University of Madrid; 2021-2024).

Predictores de salud psicológica en el tercer trimestre de gestación, y su influencia en la salud mental materna durante el postparto y factores asociados: vinculación madre hijo, vínculo de apego y desarrollo integral en el niño [Predictors of psychological health in the third trimester of pregnancy, and its influence on maternal mental health during the postpartum period and associated factors: mother-child bonding, attachment bond and integral development in the child]. (María Vega, Comillas Pontifical University; 2021-2024).
Second promotor; copromoted with Ana Berastegui Pedro-Viejo.

Acoso escolar: Mecanismos cognitivo-afectivos implicados y uso de nuevas tecnologías como herramienta de detección temprana [School victimization: Cognitive-affective mechanisms

implicated and use of new technologies for its early detection]. (Fabiola Espinosa, Complutense University of Madrid; 2021-2024). First promotor; copromoted with Nuria Martin-Romero.

Afrontamiento ajustado a las dinámicas del estrés en personas en situación de desempleo: Identificación de mecanismos cognitivo-afectivos de resiliencia [Adjusted coping to stress dynamics in unemployed individuals: Identification of cognitive-affective mechanisms of resilience]. (Angela Socastro, Complutense University of Madrid; 2018-2024). **Defended the 3rd of June of 2024.**

Dinámicas intraindividuales de manejo del estrés en personas con trastornos emocionales: Desarrollo de nuevas herramientas para su evaluación e intervención [Psychological dynamics implicated in stress regulation in individuals with emotional disorders: Development of new online tools for psychological assessment and intervention]. (Teresa Boemo, Complutense University of Madrid; 2018-2023). **Defended the 19th of December of 2023.**

Flexibilidad atencional y factores motivacionales de auto-regulación: Clarificación de dinámicas de resiliencia al estrés y de protección contra la depresión y la ansiedad [Attention flexibility and motivational factors of self-regulation: Disentangling the dynamics of stress resilience and protection against depression and anxiety]. (Oscar Martin-Garcia, Complutense University of Madrid; 2019-2023). **Defended the 6th of November of 2023.**

From fundamental research on context dependent affective flexibility towards the development of new training procedures. (Malvika Godara, Ghent University; 2016-2020). Second promotor; copromoted with Prof. Rudi De Raedt. **Defended the 21th of August of 2020.**

d) Master Thesis' Promotor:

Average score in Master Theses supervised in the last 6 years' period (2018-2024): 9 over 10; 14 out of 19 Master Theses supervised (74%) scoring 9 or higher

Estudio de predictores cognitivos y regulatorios de cambios en sintomatología emocional tras el alta clínica. [Study of cognitive and regulatory predictors of changes in emotional symptomatology after clinical discharge]. (Andrea Gomez Rabasco, Complutense University of Madrid; 2023-2024). Score: 10/10.

Adversidad en la infancia y trastorno límite de la personalidad: Una revisión sistemática sobre el rol mediador y moderador del apego. [Adversity in childhood and borderline personality disorder: A systematic review of the mediating and moderating role of attachment]. (Mariana Mark, Complutense University of Madrid; 2023-2024). Score: 10/10.

Eficacia de intervenciones psicológicas breves en pacientes en situación de final de vida: Una revisión sistemática. [Efficacy of brief psychological interventions in patients at the end of

- life: A systematic review*]. (Clara Reguilon del Monte, Complutense University of Madrid; 2023-2024). Score: 9,5/10.
- Efectividad de una terapia grupal de regulación emocional en la reducción de síntomas ansiosos, evitación experiencial y dificultades de regulación emocional: un estudio empírico.*[*Effectiveness of an emotional regulation group therapy in reducing anxious symptoms, experiential avoidance and emotional regulation difficulties: An empirical study*]. (Paula Calvo Bieger, Complutense University of Madrid; 2023-2024). Score: 9,5/10.
- Niveles de fatiga por compasión y trauma secundario en psicólogos y factores asociados a su ocurrencia: Una revisión sistemática.*[*Compassion fatigue and secondary traumatic stress levels in psychologists and factors associated to their occurrence: A systematic review.*]. (Julia Gallardo Armendáriz, Complutense University of Madrid; 2022-2023). Score: 8/10.
- Papel de las funciones ejecutivas en la promoción de la resiliencia: Una revisión sistemática.*[*The role of the executive functions in the promotion of resilience: A systematic review*]. (María Rodríguez Morales, Complutense University of Madrid; 2022-2023). Score: 9/10.
- El papel predictor de las estrategias de regulación emocional en la conducta suicida en adolescentes: Una revisión sistemática.*[*Predictive role of emotion regulation strategies in suicidal behavior in adolescents: A systematic review*]. (Claudia Zorita Juristo, Complutense University of Madrid; 2022-2023). Score: 8/10.
- La relación entre el sesgo de interpretación y el uso de estrategias de regulación emocional. Una revisión sistemática.* [The relationship between interpretation bias and the use of emotion regulation strategies. A systematic review]. (Alvaro Morales Aser, Complutense University of Madrid; 2021-2022). Score: 9.5/10.
- Consumo de GHB/GBL y sintomatología ansioso-depresiva. Una revisión sistemática* [GHB/GBL consumption and anxious-depressive symptomatology. A systematic review]. (Manuel Valderrábano López, Complutense University of Madrid; 2021-2022). Score: 8.3/10.
- Discrepancias del self y psicopatología. Análisis del papel de los procesos metacognitivos y los estilos de pensamiento repetitivo* [Self-discrepancies and psychopathology. Analysis of the role of metacognitive processes and repetitive thinking styles]. (Daniel Garvi De Castro, Complutense University of Madrid; 2020-2021). Score: 9.5/10.
- Evaluación empírica y ampliación del modelo de la Función Ejecutiva Auto-Reguladora de Wells: la aportación de los sesgos cognitivos, la reinterpretación y la supresión como mecanismos intervinientes en la sintomatología depresiva* [Testing and extending the Wells' Self-Regulatory Executive Model: the contribution of cognitive biases, reappraisal and suppression as mediators in depressive symptomatology] (Celia Domingo Gil, Complutense University of Madrid; 2020-2021). Score: 10/10.
- Modificación de sesgos cognitivos en ansiedad social mediante un procedimiento de "Online Contingent Attention Training" (OCAT). Estudio de caso único.* [Cognitive bias modification in social anxiety through Online Contingent Attention Training (OCAT. A single case study] (Andrea Rodríguez Collado, Complutense University of Madrid; 2020-2021). Score: 10/10.

Mecanismos implicados en la depresión perinatal y vinculación materno-fetal: papel específico de la rumiación [Mechanisms involved in perinatal depression and maternal-fetal bonding: the specific role of rumination] (María Vega Sanz, Complutense University of Madrid; 2020-2021). Score: 9/10.

Pensamiento negativo repetitivo como factor de vulnerabilidad a la depresión y la ansiedad en adolescentes: análisis de factores generales y de género [Repetitive negative thinking as a vulnerability factor to depression and anxiety in adolescents: an analysis of general effects and gender differences] (Fabiola Espinosa García, Complutense University of Madrid; 2019-2020). Score: 9.5/10.

Propuesta de un programa de promoción de resiliencia para la prevención de duelo patológico en padres afectados por muerte perinatal [Proposal of a resilience promotion program for the prevention of complicated grief in parents affected by a perinatal death] (María Romero León, Complutense University of Madrid; 2019-2020). Score: 7.5/10.

Apoyo social y resiliencia: un estudio sobre su relación e influencia en sintomatología depresiva y ansiosa en jóvenes adultos [Social support and resilience: a study of their relations and influence in depressive and anxious symptoms in Young adults] (Patricia Mecha, Complutense University of Madrid; 2019-2020). Score: 9/10.

Procesos psicofisiológicos de regulación del estrés en relación a la sintomatología depresiva [Psychophysiological processes of stress regulation in relation to depressive symptoms] (Teresa Rodríguez Del Rey, Complutense University of Madrid; 2019-2020). Score: 9.5/10.

Síndrome de estrés en cuidadores de pacientes con trastornos psiquiátricos graves [Stress burnout in psychiatric patients' caregivers] (Ana Bacarizo Aparicio, Complutense University of Madrid; 2018-2019). Score: 8/10.

Factores implicados en la resiliencia ante estrés derivado del desempleo [Factors implicated in stress resilience during unemployment] (María Pilar Felices Mangué, Complutense University of Madrid; 2018-2020). Score: 7.5/10.

Estrategias de Afrontamiento en VIH: Efectividad de las diferentes estrategias de afrontamiento ante el estigma sufrido por personas que viven con el VIH [Coping Strategies for HIV: Differential effectivity of coping strategies for persons living with HIV] (Alicia Perona, Complutense University of Madrid; 2017-2018). [co-supervised for its defense, due to sick leave of the initial supervisor].

Victimización secundaria en víctimas de violencia de género durante el proceso judicial [Secondary Victimization in battered women by Courts] (Susana de la Fuente Martínez, Complutense University of Madrid; 2017-2018). [co-supervised for its defense, due to sick leave of the initial supervisor].

The Cognition of Depression: Attentional Control, Cognitive Biases and Emotion Regulation. (Andreas Dirix, Ghent University; 2015-2017).

Het Optimaliseren van de Aandachts controle als een Nieuwe Therapeutische Interventie voor Depressie: Effecten op Aandacht, Interpretatie en Emotieregulatie [Optimizing of Attentional Control as a New Therapeutic Intervention for Depression: Effects on Attention, Emotion Regulation and Interpretation]. (Megg Jorissen, Ghent University; 2015-2017).

Aandachts- en Interpretatietraining bij Depressie nader beschouwd: een Nieuwe Vorm van Cognitieve Therapie? [Directed attention and interpretation training for depression: a new form of cognitive therapy?]. (Naomi De Borger, Ghent University; 2014-2016).

Cognitieve Training van Aandacht en Interpretatie aan de hand van Gepersonaliseerde Feedback op Overt Aandacht [Cognitive Training of Attention and Interpretation on the basis of Personalized Feedback Overt Attention]. (Jeoren Barbé, Ghent University; 2013-2015).

e) Jury Member of Evaluation Tribunals for Doctoral Theses' Defenses:

Examining the Metacognitive Model of Rumination and Depression: A Multi-method Approach. (Julia Beatriz Cano, University of Malaga, Spain; 4th July, 2024).

El papel de los sesgos cognitivos y el afecto positivo en la ansiedad social [Role of cognitive biases and positive affect in social anxiety]. (Jessica Navarro, University of Valencia, Spain; 6th May, 2024).

Investigating the Role of Risk and Maintaining Factors in Eating Disorders. (Louise Puttevils, Ghent University, Belgium; 24th August, 2023).

Attention Bias Modification Therapy for Social Anxiety Disorder: Clinical Efficacy and Neuro-cognitive Mechanisms. (Gal Arad, Tel Aviv University, Israel; 18th January, 2023, remote).

Physical activity, muscular strenght, and depression symptoms among adults: A cross-sectional and prospective population-based study. (Adilson Marques, University of Huelva, Spain; 4th March, 2021, remote).

An investigation into the contribution of executive function to anxiety perseveration vulnerability. (Georgina Wright Mann, University of Western Australia, Australia; 17th May, 2020, remote).

Personality factors and emotional information processing in older adults. (Priska Steenhaut, Free University of Brussels, Belgium; 2nd July 2018, Brussels).

Resilience in people living with HIV: Assessments, predictors and related variables. (Helena Garrido, Autonomous University of Madrid, Spain; 28th April 2017, Madrid).

f) Member of Guidance Committees of PhD Projects:

Risk and resilience factors for affective disorders: Information processing flexibility and emotion regulation. (Sarah Struyf, Ghent University, Belgium; 2021-2024).

Cognitive training of affective information processing in depressive symptoms. (Kim Rens, Ghent University, Belgium; 2020-2022).

Network organisation of psychopathological processes and its relation with prefrontal activity. (Yorgo Hoebeke, UC Louvain - Louvain La Neuve, Belgium; 2018-2021).

On counterfactual thoughts, regret and rumination: the investigation of a ground breaking theoretical framework in a laboratory and a naturalistic context. (Jens Allaert, Ghent University, Belgium: 2018-2021).

Training attentional flexibility for emotional information to increase resilience in depressed patients: A neurocognitive approach. (Malvika Godara, Ghent University: 2017-2020)

Cognitive, emotional, and motivational processes in relation to depressive symptoms. (Ivan Grahek, Ghent University, Belgium: 2016-2019).

The integration of gamification techniques into attention training for anxiety and depression. (Elien Peters, Ghent University, Belgium: 2015-2018).

f) Educational Innovation Projects:

“SaludableMente”: Un programa dirigido a promover el bienestar del alumnado [A program to promote psychological wellbeing in University students] (PI: Covadonga Chaves; Complutense University of Madrid: 2022-2023). Member of the team.

Innovación docente aplicada en CC. de la Salud (Terapia Ocupacional y Psicología Sanitaria) fundamentada en la detección de estrategias de aprendizaje del alumnado. [Educational innovation applied to Health Sciences – Occupational Therapy and Psychology – based on the detection of students’ learning strategies] (PI: Juan Manuel Castellote Olivito; Complutense University of Madrid: 2018-2019). Member of the team.

11. Reviewer and Editor

Reviewer of educational programs for the National Agency for Quality Assessment and Accreditation of Professorship of Spain (ANECA):

2020: Title “Máster Universitario en Investigación en Psicología, por la Universidad Internacional de La Rioja” (University Master on Psychological Research, International University of La Rioja).

Reviewer of research projects for National and International Funding Research Agencies:

2024: Reviewer for MRC IAA, King’s College London, United Kingdom

2023: Member of the Commission of the national program of funding for Scientific Projects “Generación de Conocimiento” of the Spanish Ministry of Science and Innovation (Miembro de la Comisión de evaluación de los Programas Nacionales de financiación de Proyecto de Investigación del programa “Generación de Conocimiento” del Ministerio de Ciencia e Innovación, Gobierno de España), Spain.

2023: PhD project Fonds de la Recherche Scientifique – FNRS, Belgium.

2022: Israel Science Foundation (ISF), Israel.

2022: National Science Center (NCN panel HS6), Poland.

2021: Member of the Commission of the national program of Post-doctoral fellowships (Juan de la Cierva, Ramon y Cajal) of the Spanish Ministry of Science and Innovation (Miembro de la Comisión de evaluación de los Programas Nacionales de contratos post-doctorales Juan de la Cierva y Ramón y Cajal del Ministerio de Ciencia e Innovación, Gobierno de España), Spain.

2020-: Member of the Network of External Evaluators for the Spanish Ministry of Science and Innovation (Miembro de la red de evaluadores del Ministerio de Ciencia e Innovación, Gobierno de España), Spain.

2020: Netherlands National Research Foundation (NOW), The Netherlands.

2020: Funding research program of the University of Comillas, Spain.

2020: Israel Science Foundation (ISF), Israel.

2019: United States – Israel Binational Science Foundations (BSF), United States of America and Israel.

2019: Czech Republic Science Foundation (“Grantová agentura České republiky – GACR”), Czech Republic.

Reviewer of scientific articles for International Journals (number of reviews: 71): Emotion (12); Behaviour Research and Therapy (6); Cognitive Therapy and Research (6); Frontiers in Psychology (10); Anxiety, Stress and Coping (4); Psychiatry Research (3); Clinical Psychological Science (2); Journal of Affective Disorders (2); Cognition and Emotion (2); International Journal of Psychophysiology (2); Spanish Journal of Psychology (2); Neuroimage (1); Journal of Personality and Social Psychology: Attitudes and Social Cognition (1); Journal of Anxiety Disorders(1); International Journal of Clinical and Health Psychology (1); Mindfulness (1); Journal of Psychiatric Research(1); BMC Psychiatry (1); PLoS ONE (1); Journal of Behavior Therapy and Experimental Psychiatry (1); International Journal of Stress Management (1); Laterality: Asymetries of Body, Brain and Cognition (1); Motivation and Emotion (1); Social Psychiatry and Psychiatric Epidemiology (1); Swiss Journal of Psychology (1); Visual Cognition (1), Aging, Neuropsychology and Cognition (1), Journal of Experimental Psychopathology (1), Psychologica Belgica (1); Profesional de la Información (1); Revista Iberomaericana de Evaluacion y Diagnostico (1).

Reviews verified in Publons: 41

Editor Duties:

Review Editor: Frontiers in Psychology, section Psychopathology (since 2017).

Associate Editor: The Spanish Journal of Psychology (since 2024), previously Consulting Editor from 2021 to 2024.

Review Editor: Frontiers in Human Neuroscience, section Cognitive Neuroscience (since 2022).

12. Scholarship support

4-year Senior Researcher Grant from the Program for the Attraction of Scientific Talent from the Community of Madrid, Modality I (Senior Experienced Researchers). (2018-2022).

3-year Post-doctoral Fellowship Renewal from the Research Foundation Flanders (FWO). (2017-2020)

Travel Grant for International Research Stay at Complutense University of Madrid from the Research Foundation Flanders (FWO). (2018)

Travel Grant for International Research Stay at Yale University from the Research Foundation Flanders (FWO). (2017)

Travel Grants (5) for organization of symposiums / participation at international conferences from the Research Foundation Flanders (FWO). (2015-2017)

3-year Post-doctoral Fellowship from the Research Foundation Flanders (FWO). (2014-2017)

Post-doctoral Grant from Special Research Fund Ghent University (GOA-BOF) (2013-2014)

Travel Grants (2) for International Research Stays at University of Miami from the Spanish Ministry of science and innovation (09/2010-12/2010, 09/2009-12/2009)

4-year Pre-Doctoral Research Fellowship from the Spanish Ministry of Science and Innovation. (2006-2011)

1-year Research Assistant Fellowship at the Department of Clinical Psychology, Complutense University of Madrid, from the Spanish Ministry of Education. (2005-2006)

Undergraduate Scholarships for BA studies from the Spanish Ministry of Education. (2000-2006)

13. National and international conferences and invited talks

Scientific Committees for Conferences and Professional Associations

Since 2022 – Permanent member of the Board Committee for the election of the annual STAR Award of the Association of Stress, Trauma, Anxiety and Resilience

2022- Member of the Scientific Committee of the 5th Spanish Congress of Positive Psychology, Bilbao (Spain), May 2022

Organization/Chair of Symposiums

Sanchez-Lopez, A. (2023). Organization (chair) Symposium (with Prof. Ivan Blanco): *Advances on experimental and ecological assessments of emotion regulation: Novel findings on its functioning, implicated mechanisms and their intervention*. APS's International Convention of Psychological Science (ICPS), Brussels (Belgium).

Sanchez-Lopez, A. (2022). Organization (chair) Symposium (with Prof. Ivan Blanco): *Cogniciones positivas, regulación emocional y psicopatología: una mirada desde la psicología experimental* [Positive cognitions, emotion regulation and psychopathology: a look

- from an experimental psychoplogy perspective]. 5th Biannual Congress of the Spanish Association of Positive Psychology (SEPP), Bilbao (Spain).
- Sanchez-Lopez, A.** (2020). Organization (chair) Symposium (with Dr. Malvika Godara): *Novel Process-Based Approaches to Improve Resilience: Innovations in Cognitive Bias Intervention*. 32nd Annual Convention of the Association for Psychological Science (APS), Chicago (United States). (Conference cancelled).
- Sanchez-Lopez, A.** (2019). Chair for the Open-Paper Symposium: *Emotion regulation and psychopathology*. 9th World Congress of Behavioural and Cognitive Therapies, Berlin (Germany).
- Sanchez-Lopez, A.** (2019). Organization (chair) Symposium: *Attention dysregulation as a central mechanism of anxiety and depression: An integrative view of novel approaches to modify attention biases and how to maximize its clinical transfer*. International Convention of Psychological Science (ICPS), Paris (France).
- Sanchez-Lopez, A.** (2018). Organization (chair) Symposium: *Neuromodulation of the prefrontal brain area: Scientific findings and critical reflections*. 2018 Meeting of the Belgian Association of Psychological Sciences (BAPS), Ghent (Belgium).
- Sanchez-Lopez, A.** (2017). Organization (chair) Symposium: *Novel developments on neurocognitive interventions: Gaze-contingent training techniques to target attention biases in psychological disorders*. 51th Convention of the Association for Behavioral and Cognitive Therapies (ABCT), San Diego (United States).
- Sanchez-Lopez, A.** (2017). Organization (chair) Symposium: *Novel developments in research on attentional processes and emotion regulation difficulties: Identifying target processes for interventions in depression*. Anxiety and Depression of America (ADAA) Conference, San Francisco (United States).
- Sanchez-Lopez, A.** (2016). Organization (chair) Symposium (with Dr. Jonas Everaert): *An Integrated Understanding Of Vulnerability To Anxiety and Depression: Novel Developments in Research On Distorted Cognitive Processes And Emotion Regulation Difficulties*. 8th World Congress of Behavioural and Cognitive Therapies (WCBCT), Melbourne (Australia).

Invited Talks at Expert Meetings

- Sanchez-Lopez, A.** (2023, December). *Evaluación de Procesos de Funcionamiento Emocional en el día a día mediante el uso de las Nuevas Tecnologías* [Evaluation of processes of emotional functioning in daily life through the use of new technologies]. Invited Talk at the International Seminar of Divulcation on Science of New Technologies in Mental Health “Tecnologías Aplicadas a la Salud Mental”, organized by Talca University, Talca (Chile).
- Sanchez-Lopez, A.** (2023, November). *Mecanismos cognitivo-afectivos de regulación emocional y resiliencia al estrés: Evidencias desde el laboratorio hasta su funcionamiento ecológico en la vida diaria* [Cognitive-affective mechanisms of emotion regulation and stress resilience: Evidence from the lab to ecological functioning in daily life]. Invited talk at the International Talk Series “Coloquios en Psicología”, organized by Talca University, Talca (Chile).
- Sanchez-Lopez, A.** (2023, July). *New cognitive-affective trainings to promote adaptive emotion regulation and stress resilience*. Invited Keynote at the 44th Stress Trauma Anxiety & Resilience Society STAR International Conference, Faro (Portugal).

- Sanchez-Lopez, A.** (2022, June). *Más allá de los síntomas: uso de técnicas de evaluación ecológica momentánea (EMA) para el estudio de las dinámicas afectivas y los mecanismos implicados* [Beyond symptoms: use of ecological momentary assessments (EMA) to study affective dynamics and implicated mechanisms]. Invited Talk of the 1st Sessions of Research in Psychology, organized by International University of La Rioja (UNIR), Madrid (Spain), Remote.
- Sanchez-Lopez, A.** (2021, July). *Understanding and intervening cognitive-affective processes of stress regulation: from the lab to real-life functioning*. Invited Keynote 2021 as Early Career Award Recipient, as Closure of the 42nd Stress Trauma Anxiety & Resilience Society STAR International Conference, Haifa (Israel), Remote.
- Sanchez-Lopez, A.** (2021, April). *Relations among cognitive processes and emotion regulation: New evidence from the use of new technologies*. Invited Opening talk of the Conference on Emotion Regulation, organized by University of Talca, Talca (Chile), Remote.
- Sanchez-Lopez, A.** (2020, December). *What's in a day? Momentary interplays among stress appraisals, cognitive processes and emotion regulation use in daily life*. Invited talk at the UCLouvain's Laboratory for Experimental Psychopathology, UC Louvain, Louvain La Neuve (Belgium), Remote.
- Sanchez-Lopez, A.** (2019, September). *Understanding and intervening cognitive-affective dynamics. Momentary stress-cognitive bias interplays in daily life and new online applications to target them*. Invited talk at Expert Meeting on “Innovative interventions in depression combining cognitive interventions and non-invasive brain stimulation”, Ghent (Belgium).
- Sanchez-Lopez, A.** (2019, May). *New developments in research on attentional processes and emotion regulation difficulties: Identifying target processes for future interventions*. Invited talk at Tel Aviv University, Tel Aviv (Israel).
- Sanchez-Lopez, A.** (2018, November). *Eye-gaze contingent attention training: New computer and online tools to intervene on attentional mechanisms of emotion regulation*. Invited talk at the 3rd Meeting of the Association for Cognitive Bias Modification (ACBM), University of Amsterdam, Amsterdam (The Netherlands).
- Sanchez-Lopez, A.** (2018, June). *Eye-gaze contingent attention training: A new tool to intervene on attentional mechanisms of emotion regulation*. Invited talk at the UCLouvain's Laboratory for Experimental Psychopathology, UC Louvain, Louvain La Neuve (Belgium).
- Sanchez, A.** (2017, March). *Innovative attention training to achieve stable remission in depression*. Invited talk at the Experts' Special Interest Meeting on “Cognitive biases”, Monasterium PoortAckere, Ghent (Belgium).
- Sanchez, A., Everaert, J., & Koster, E. H. W.** (2016, October). *Attention training through gaze-contingent feedback: A new tool of cognitive training aimed to achieve stable remission in depression*. Invited presentation at the ABCT Preconference, Institute INS02: Neuroscience-Informed Behavioral Interventions: From Cognitive Behavioral Therapy to Cognitive Training, New York (United States).
- Sanchez, A., Everaert, J., & Koster, E. H. W.** (2016, March). *Attention training through gaze-contingent feedback: Evidence of a causal link between attentional mechanisms, reappraisal processes and negative emotions' repair*. Invited presentation at the Neuroscience and Psychotherapy Meeting from the European College of Neuropsychopharmacology (ECNP), Nice (France).

- Vanderhasselt, M. A., **Sanchez, A.**, Baeken, C., & De Raedt, R. (2016, March). *The effects of anodal tDCS over of the right prefrontal cortex on cognitive control for emotional material: the importance of trait rumination*. Invited presentation at the Neuroscience and Psychotherapy Meeting from the European College of Neuropsychopharmacology (ECNP), Nice (France).
- Sanchez, A.**, & De Raedt, R. (2014, September). *Attention Processing of Positive Feedback as a Mechanism of Stress Regulation: Preliminary Results on the Moderating Role of Depression*. Invited talk at the Experts' Meeting "Affect and cognition: From fundamental research to the clinical field", Het Pand, Ghent (Belgium).
- Sanchez, A.** (2012, November). *Sesgo Atencional y Modulación Afectiva: Implicaciones para el Estudio del Delirio*. [Attentional bias and affective modulation: Implications for the study of delusion]. Invited talk at the 2nd Meeting in Neuroscientific Aspects of Mental Disorders, Doce de Octubre Hospital, Psychiatry Section, Madrid (Spain).

Peer-reviewed Communications in Symposiums and Presentations of Scientific Posters at National/International Conferences

- Blanco, I., Moya, A., & **Sanchez-Lopez, A.** (November, 2023). *The Role of Positive Interpretations and Positive Rumination on Predicting Well-being: A Longitudinal Study*. Symposium Communication at the Association for Behavioral and Cognitive Therapies (ABCT) 57th Annual Convention, Seattle (United States of America).
- Grocott, B., Battaglini, A., Jopling, E., Tracy, A., Rnic, K., **Sanchez-Lopez, A.**, & LeMoult, J. (November, 2023). *Looking on the Bright Side: Daily Emotions Link Positive Interpretation Bias with Resilience for Depression in Early Adolescence*. Symposium Communication at the Association for Behavioral and Cognitive Therapies (ABCT) 57th Annual Convention, Seattle (United States of America).
- Sanchez-Lopez, A.**, Boemo, T., Martin-Garcia, O., Pacheco-Romero, A.M., & Blanco, I. (November, 2023). *A Study on the Ecological Interplay Among Positive Interpretations and Positive Affect and Its Regulation During Daily Life Functioning*. Symposium Communication at the Association for Behavioral and Cognitive Therapies (ABCT) 57th Annual Convention, Seattle (United States of America).
- Sanchez-Lopez, A.**, Blanco, I., Martin-Garcia, O., Koster, E., & De Raedt, R. (October, 2023). *Can We Intervene Cognitive Biases During Daily Life Functioning? Effects Of An Online Contingent Attention Training To Modify Emotion Regulation*. Symposium Communication at the Emotions Conference 2023, Tilburg (The Netherlands).
- Vrijen, J., Zhang, Z., **Sanchez-Lopez, A.**, Koster, E., & Becker, E.S. (October, 2023). *Can Memory Bias Be Modified Through Attention And Interpretation Bias Training? A Proof-Of-Concept Study*. Symposium Communication at the Emotions Conference 2023, Tilburg (The Netherlands).
- Allaert, J., Erdogan, M., **Sanchez-Lopez, A.**, Baeken, C., De Raedt, R., & Vanderhasselt, M.A. (October, 2023). *Prefrontal tDCS Attenuates Self-Referential Attentional Deployment: A Mechanism Underlying Adaptive Emotional Reactivity To Social-Evaluative Threat*. Symposium Communication at the Emotions Conference 2023, Tilburg (The Netherlands).

- Boemo, T., Martin-Garcia, O., Pacheco-Romero, A.M., Blanco, I., Lafit, G., Myin-Germeys, I., & **Sanchez-Lopez, A.** (October, 2023). *Not Just Emotion Regulation, But Cognition. An Experience Sampling Study Testing Ecological Interpretation Biases And Emotion Regulation.* Communication at the Emotions Conference 2023, Tilburg (The Netherlands).
- Pacheco-Romero, A.M., Martin-Garcia, O., Rey-Sáez, R., Boemo, T., Blanco, I., Vazquez, C., & **Sanchez-Lopez, A.** (October, 2023). *Daily Positive And Negative Affect Reactivity Patterns Predict Changes In Affective Psychopathology.* Communication at the Emotions Conference 2023, Tilburg (The Netherlands).
- Blanco, I., Huget, A., & **Sanchez-Lopez, A.** (October, 2023). *Insights On Hopelessness And Meaninglessness: A Longitudinal Study On The Role Of Interpretation Biases And Emotion Regulation.* Communication at the Emotions Conference 2023, Tilburg (The Netherlands).
- Martin-Garcia, O., Rey-Saez, R., Boemo, T., Pacheco-Romero, A.M., Blanco, I., & **Sanchez-Lopez, A.** (October, 2023). *Modulatory Role Of Motivational Self-Focuses On The Relation Between Perceived Stress And Momentary Affect: An Esm Study.* Communication at the Emotions Conference 2023, Tilburg (The Netherlands).
- Mecha, P., Rodriguez, M. & **Sanchez-Lopez, A.** (July, 2023). *Executive and resilient?: A systematic review of studies testing the relation between components of executive functions and different forms of resilience.* Free Communication at the 44th Stress and Anxiety Research Society STAR International Conference, Faro (Portugal).
- Blanco, I., Moya, A., & **Sanchez-Lopez, A.** (July, 2023). *The role of positive interpretations and positive rumination on predicting resilience: a longitudinal study.* Free Communication at the 44th Stress and Anxiety Research Society STAR International Conference, Faro (Portugal).
- Martin-Garcia, O., & **Sanchez-Lopez, A.** (March, 2023). *Attention Flexibility Training in contextual-goal approach enhance stress resilience through HRV flexibility.* Symposium Communication at the International Convention of Psychological Science (ICPS), Brussels (Belgium).
- Martin-Garcia, O., Boemo, T., Pacheco-Romero, A., Blanco, I. & **Sanchez-Lopez, A.** (March, 2023). *Is Flexibility Always Optimal? the Value of Cognitive Flexibility in Predicting Different Forms of Daily Life Emotional Functioning.* Symposium Communication at the International Convention of Psychological Science (ICPS), Brussels (Belgium).
- Pacheco-Romero, A., Martin-Garcia, O., Rey-Saez, R., Boemo, T., Blanco, I. & **Sanchez-Lopez, A.** (March, 2023). *Affective Reactivity to daily events predicts changes in future psychopathology and is modulated by the use of different forms of Rumination.* Symposium Communication at the International Convention of Psychological Science (ICPS), Brussels (Belgium).
- Sanchez-Lopez, A.**, Koster, E., De Raedt, R., Martin-Garcia, O. & Blanco, I. (November, 2022). *Enhancing Psychological Adjustment to COVID-19 Major Stress Through a Novel Smartphone-based App Promoting Resilient Processing: The Online Contingent Attention-interpretation Training (OCAT).* Communication at the 56th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), New York City (United States).
- Blanco, I., Boemo, T., & **Sanchez-Lopez, A.** (November, 2022). *The Role of Cognitive Biases and Emotion Regulation on Psychological Adjustment During Major Stress: An Ecological Study During the COVID-19 Lockdown.* Communication at the 56th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), New York City (United States).

- Espinosa, F., Martin-Romero, N., & **Sanchez-Lopez, A.** (November, 2022). *Mecanismos cognitivo-afectivos implicados en el desarrollo de conductas específicas de ciberacoso* [Cognitive-affective mechanisms implicated in the development of specific behaviors of cyberbullying]. Communication at the III Jornadas La voz de los jóvenes ante el ciberacoso, Madrid (Spain).
- Martin-Romero, N., & **Sanchez-Lopez, A.** (October, 2022). *Estilo atribucional y rendimiento escolar en educación secundaria obligatoria: el papel mediador del autoconcepto académico* [Attributional style and school performance in High School students: the mediating role of academic self-concept]. Communication at the 10th International Congress of Educational Sciences and Development (ICESD). Online.
- Groncott, B., Jopling, E., Tracy, A., Battaglini, A., Rnic, K., **Sanchez-Lopez, A.**, & LeMoult, J. (September, 2022). *Do affect dynamics mediate prospective associations between interpretation bias and depressive symptoms in early adolescence?*. Poster at the 35th Annual Meeting of the Society for Research in Psychopathology (SRP), Philadelphia (United States).
- Sanchez-Lopez, A.**, Boemo, T., Martin-Garcia, O., Pacheco-Romero, A.M., & Blanco, I. (September, 2022). *Moment-to-moment interplays between negative cognitive biases and affective states during daily life functioning: A novel experience sampling approach*. Communication at the 52nd European Association for Behavioural and Cognitive Therapies 2022 Congress, Barcelona (Spain).
- Martin-Romero, A., & **Sanchez-Lopez, A.** (September, 2022). *Interpretation bias as a clinical vulnerability marker for depression: new insights from large-scale validation of the scrambled sentence task*. Communication at the 52nd European Association for Behavioural and Cognitive Therapies 2022 Congress, Barcelona (Spain).
- Boemo, T., Blanco, I., Hervas, G., & **Sanchez-Lopez, A.** (September, 2022). *Risk and protective factors of relapse in remitted patients. Ecological dynamics of emotion regulation use predict long-term symptoms in a one year follow up after discharge*. Communication at the 52nd European Association for Behavioural and Cognitive Therapies 2022 Congress, Barcelona (Spain).
- Pacheco-Romero, A.M., Martin-Garcia, O., Rey-Saez, R., Boemo, T., Vazquez, C. & **Sanchez-Lopez, A.** (September, 2022). *Intra-individual mechanisms of positive affect regulation deficits in depression: an experience sampling study*. Communication at the 52nd European Association for Behavioural and Cognitive Therapies 2022 Congress, Barcelona (Spain).
- Sirbu, V., Blanco, I., **Sanchez-Lopez, A.**, & David, O. (September, 2022). *Effectiveness and mechanisms of change of two mobile psychological interventions in reducing depressive, anxiety and stress symptoms: PsyPills and online-Contingent attention training (OCAT)*. Communication at the 52nd European Association for Behavioural and Cognitive Therapies 2022 Congress, Barcelona (Spain).
- Mecha, P., Martin-Romero, N., & **Sanchez-Lopez, A.** (September, 2022). *Mental health in emerging adults: An analysis of the interplay among protective resilience and social support factors on the risk for depression and anxiety*. Poster at the 52nd European Association for Behavioural and Cognitive Therapies 2022 Congress, Barcelona (Spain).
- Espinosa, F., Martin-Romero, N., & **Sanchez-Lopez, A.** (September, 2022). *The role of repetitive negative thinking in accounting for gender differences in depression and anxiety levels during*

adolescence. Poster at the 52nd European Association for Behavioural and Cognitive Therapies 2022 Congress, Barcelona (Spain).

Sanchez-Lopez, A. (July, 2022). *Combined Effects of tDCS Over the Left DLPFC and Gaze-Based Contingent Attention Training in Emotion Regulation*. Communication at the 17th European Congress of Psychology, Ljubjana (Slovenia).

Sanchez-Lopez, A., Blanco, I., & Boemo, T. (May, 2022). *Papel de los sesgos de atención e interpretación positivos en la regulación emocional y la resiliencia en respuesta al estrés: Un estudio online durante el confinamiento por COVID-19* [Role of positive attention and interpretation biases in emotion regulation and stress resilience: On online study during the COVID-19 lockdown]. Communication at the 5th National Congress of Positive Psychology, Bilbao (Spain).

Blanco, I., Martin-Garcia, O., Boemo, T., Koster, E., De Raedt, R., & **Sanchez-Lopez, A.** (May, 2022). *Eficacia de un novedoso entrenamiento de atención contingente online (OCAT) para mejorar la regulación de las emociones y amortiguar los efectos del estrés: Dos estudios de prueba de concepto* [Efficacy of a novel online contingent attention training (OCAT) to improve emotion regulation and buffer stress effects: Two proof-of-concept studies]. Communication at the 5th National Congress of Positive Psychology, Bilbao (Spain).

Pacheco-Romero, A., & **Sanchez-Lopez, A.** (May, 2022). *Relaciones temporales e intra-individuales implicadas en la variabilidad del afecto positivo en la depresión* [Temporal and intra-individual relations implicated in positive affect variability in depression]. Communication at the 5th National Congress of Positive Psychology, Bilbao (Spain).

Martin-Garcia, O., Pacheco-Romero, A., Boemo, T., & **Sanchez-Lopez, A.** (May, 2022). *Efectos de la percepción del estrés y la autoeficacia en el uso flexible de autoenfoces motivacionales: más allá de los síntomas* [Effects of stress appraisals and self-efficacy in the flexible use of motivational self-focuses: beyond symptoms]. Communication at the 5th National Congress of Positive Psychology, Bilbao (Spain).

Boemo, T., Martin-Garcia, O., Pacheco-Romero, A., Blanco, I., & **Sanchez-Lopez, A.** (May, 2022). *Emociones positivas y negativas en relación con el sesgo de interpretación en el día a día* [Positive and negative emotions in relation to interpretation bias in daily life functioning]. Communication at the 5th National Congress of Positive Psychology, Bilbao (Spain).

Sanchez-Lopez, A., Martin-Garcia, O., De Raedt, R., Ottaviani, C., & Poyato, N. (February, 2022). *Individual differences in eye tracking-based attention flexibility and stress reactivity and recovery, as a function of motivational self-focus*. Communication at the Innaugural Conference for the Association of Cognitive Bias Modification (ACBM), Tel Aviv (Israel). Online.

Martin-Garcia, O., De Raedt, R., Ottaviani, C., Godara, M., & **Sanchez-Lopez, A.** (February, 2022). *Effects of Motivational Self-focus in Context-based Attention Flexibility toward Goal-relevant Information: an Eye-tracking Study*. Communication at the Innaugural Conference for the Association of Cognitive Bias Modification (ACBM), Tel Aviv (Israel). Online.

Blanco, I., Martin-Garcia, O., Boemo, T., Koster, E., De Raedt, R. & **Sanchez-Lopez, A.** (February, 2022). *Efficacy of a novel online contingent attention training (OCAT) to improve*

- emotion regulation and buffer the effects of major stressors: two proof-of-concept studies.* Communication at the Innaugural Conference for the Association of Cognitive Bias Modification (ACBM), Tel Aviv (Israel). Online.
- Domingo-Gil, C., **Sanchez-Lopez, A.**, Salguero, J. M., & Ramos-Cejudo, J. (December, 2021). *¿Cómo se relacionan la rumiación y la depresión? El papel de las creencias metacognitivas, el sesgo interpretativo y la supresión* [How are rumination and depression related? The role of metacognitive beliefs, interpretation bias and suppression]. Poster at the X Jornadas de la Asociación Iberoamericana para la Investigación de las Diferencias Individuales (AIIDI), Madrid (Spain).
- Domingo-Gil, C., **Sanchez-Lopez, A.**, Salguero, J. M., & Ramos-Cejudo, J. (November, 2021). *Metacognitive beliefs, cognitive biases and reappraisal as mediators between rumination and depression.* Poster at the 11th Conference of the International Society for Affective Disorders. Online.
- Martin-Romero, N., & **Sanchez-Lopez, A.** (November, 2021). *Autoestima implícita actual e ideal discrepante y su relación con componentes rumiativos en depresión subclínica* [Discrepant implicit actual and ideal self-esteem and its relationship with ruminative components of subclinical depression]. Communication at the 14th International Congress of Clinical Psychology. Online.
- Rodriguez-Collado, A., & **Sanchez-Lopez, A.** (November, 2021). *Eficacia de un entrenamiento atencional online para trastorno de fobia social con ataques de pánico* [Efficacy of an online contingent attention training for problems of social phobia and panck attacks]. Communication at the 14th International Congress of Clinical Psychology. Online.
- Espinosa, F., Martin-Romero, N., & **Sanchez-Lopez, A.** (November, 2021). *Contribución de la rumiación y preocupación a la aparición de depresión y ansiedad en adolescentes* [Contribution of rumination and worry to the onset of depression and anxiety in adolescents]. Communication at the 14th International Congress of Clinical Psychology. Online.
- Sanchez-Lopez** (September, 2021). *Effects of a novel online contingent attention training (OCAT) in interpretation bias, rumination and anxiety in the face of naturalistic stress.* Communication at the 51st European Association for Behavioural and Cognitive Therapies 2021 Congress, Belfast (Northern Ireland).
- Vega-Sanz, M. & **Sanchez-Lopez** (September, 2021). *Mecanismos implicados en la depresión perinatal y la vinculación materno-fetal: papel específico de la rumiación* [Mechanisms implicated in perinatal depression and maternal-fetal bonding: specific role of rumination]. Communication at the Annual Congress of the Asociación Española de Psicología Perinatal. Online.
- Domingo-Gil, C., **Sanchez-Lopez, A.**, Ramos-Cejudo, J., & Martin-Salguero, M. (September, 2021). *Evaluación empírica y ampliación del modelo de la Función Ejecutiva Auto-Reguladora de Wells: la aportación de los sesgos cognitivos, la reinterpretación y la supresión como mecanismos intervinientes en la sintomatología depresiva.* Communication at the XI Symposium of the Asociación de Motivación y Emoción (AME). Online.
- Sanchez-Lopez, A.**, De Raedt, R., van Put, J., & Koster, E. (2021, July). *Effects of computerized mouse-based gaze-contingent attention training (MCAT) on reappraisal and rumination.*

- Communication at the 41st Stress and Anxiety Research Society STAR International Conference, Haifa (Israel). Online.
- Martin-Romero & **Sanchez-Lopez** (July, 2021). *Factores motivacionales y de autoconcepto implicados en la predicción del rendimiento académico en alumnos de Educación Secundaria* [Motivational and self-concept factors implicated in school performance in High School students]. Communication at the 5th National Congress of Psychology and International Symposium on Public Health Psychology. Online.
- Rodriguez-Collado, A., **Sanchez-Lopez, A.**, & Blanco, I. (2021, July). *Modificación de sesgos cognitivos implicados en la ansiedad social mediante un procedimiento de “Online Contingent Attention Training” (OCAT). Estudio clínico de un caso* [Modification of cognitive biases implicated in social anxiety through a procedure of “Online contingent attention training” (OCAT): A clinical single case study]. Communication at the 5th National Congress of Psychology and International Symposium on Public Health Psychology. Online.
- Vega-Sanz, M., Blanco, I., & **Sanchez-Lopez, A.** (2021, July). *Mecanismos implicados en la depresión perinatal y vinculación materno-fetal: papel específico de la rumiación* [Mechanisms implicated in perinatal depression and maternal-fetal bonding: the specific role of rumination]. Communication at the 5th National Congress of Psychology and International Symposium on Public Health Psychology. Online.
- Espinosa, F., Martin-Romero, N., & **Sanchez-Lopez, A.** (2021, July). *Rumiación y preocupación como factores de vulnerabilidad a la depresión y ansiedad en adolescentes: Análisis de procesos generales y específicos y de diferencias de género* [Rumination and worry as vulnerability factors for depression and anxiety in adolescents: Analysis of general and specific processes and gender differences]. Communication at the 5th National Congress of Psychology and International Symposium on Public Health Psychology. Online.
- Sanchez-Lopez, A.**, Everaert, J., Socastro, A., Blanco, I., & Boemo, T. (2021, July). *Interacciones entre estrés percibido y sesgos de interpretación durante el funcionamiento diario: Un nuevo método de muestreo experiencial online para establecer el papel de procesos cognitivos en la regulación del estrés* [Interplay among perceived stress and interpretation biases during daily functioning: A new online ESM method to study the role of cognitive processes in stress regulation]. Communication at the 5th National Congress of Psychology and International Symposium on Public Health Psychology. Online.
- Blanco, I., Koster, E., De Raedt, R., Martin, O., & **Sanchez-Lopez, A.** (2021, July). Online Contingent Attention-Interpretation Training through a novel smart-phone app (OCAT): from the laboratory to the real world. Communication at the CBM midsummer meeting of the Association for Cognitive Bias Modification (ACBM). Online.
- Sanchez-Lopez, A.**, Everaert, J., Socastro, A., Blanco, I., & Boemo, T. (2021, May). *Moment-to-moment Interplay Between Daily-life Momentary Stress Appraisals and Interpretation Bias Manifestations: A New Framework to Understand Stress Regulation Mechanisms*. Communication (Flash Talk) at the 2021 Virtual Convention of the Association of Psychological Science (APS). Online.
- Martin, O., De Raedt, R., Ottaviani, C., Godara, M., & **Sanchez-Lopez, A.** (2021, May). *Effects of Motivational Self-focus in Context-based Attention Flexibility toward Goal-relevant*

- Information: an Eye-tracking Study*. Communication (Flash Talk) at the 2021 Virtual Convention of the Association of Psychological Science (APS). Online.
- Pacheco-Romero, A.M., & **Sanchez-Lopez, A.** (2021, May). *The Temporal Relationship between Positive Emotion Reactivity and Positive Emotion Regulation Strategies in Daily Life in Depression: an Experience Sampling Study*. Poster at the 2021 Virtual Convention of the Association of Psychological Science (APS). Online.
- Vega, M., & **Sanchez-Lopez, A.** (2021, May). *Mecanismos implicados en la depresión perinatal y la vinculación materno-fetal: papel específico de la rumiación [Mechanisms implicated in perinatal depression and attachment: the specific role of rumination]*. Communication at the IX Jornada de Salud Mental Perinatal de la Sociedad Marcé Española (MARES). Online.
- Jacoby, R. J., **Sanchez-Lopez, A.**, Szkutak, A., Shin, J., & Wilhelm, S. (2021, March). *The role of cognitive/attentional control in the transdiagnostic conceptualization of repetitive negative thinking*. Communication at the 40th Annual Anxiety and Depression Association of America Convention. Online.
- Martin, O., De Raedt, R., Ottaviani, C., Poyato, N., & **Sanchez-Lopez, A.** (September, 2020). *Interplays among Motivational Systems and Attentional Flexibility on Resilience Processes in Response to Social Stress: An eye-tracking study*. Poster presentation at 6th International Symposium on Resilience Research, Mainz (Germany). Online.
- Socastro, A., Boemo, T., Blanco, I., Everaert, J., Rodriguez-Carvajal, R., & **Sanchez-Lopez, A.** (September, 2020). *Moment-to-moment interplays among stress appraisals and emotion regulation use: The role of perceived control on emotion regulation flexibility in daily life*. Communication at the 50th Congress of the European Association of Behavior and Cognitive Therapies (EABCT), Athens (Greece). Online.
- Boemo, T., Nieto, I. Vazquez, C., & **Sanchez-Lopez, A.** (September, 2020). *The Role of Momentary Use of Emotion Regulation Strategies on Affect: A Systematic Review and Meta-Analysis of Studies Using Daily Diary and Experience Sampling Methods (ESM)*. Poster presented at the 50th Congress of the European Association of Behavior and Cognitive Therapies (EABCT), Athens (Greece). Online.
- Sanchez-Lopez, A.** (July, 2020). *Psychological resilience during the COVID-19 lockdown*. Communication at the Annual Meeting of the Stress and Anxiety Research Society STAR, International Conference. Online.
- Martin, O., De Raedt, R., Ottaviani, C., Poyato, N., & **Sanchez-Lopez, A.** (June, 2020). *Modulatory effects of motivational self-focus in attention inflexibility and psychophysiological stress responses to social feedback: An eye-tracking study*. Communication at the Reading Emotions Symposium “Emotional and Cognitive Flexibility”, Reading (United Kingdom). Online.
- Sanchez-Lopez, A.**, Socastro, A., Blanco, I., Boemo, T., & Everaert, J. (May, 2020). *Moment-to-moment interplays between real-life stress appraisals and cognitive bias manifestations: A new framework to understand emotion regulation mechanisms*. Communication at the 32nd Annual Convention of the Association for Psychological Science (APS), Chicago (United States). (Conference cancelled).
- Sanchez-Lopez, A.**, De Raedt, R., Koster, E., Baeken, C., & Vanderhasselt, M.A. (May, 2020). *Testing the Combined Effects of Neuromodulation of the Dorsolateral Prefrontal Cortex and Gaze-Based Contingent Attention Training to treat Emotion Regulation*. Communication at

- the 32nd Annual Convention of the Association for Psychological Science (APS), Chicago (United States). (Conference cancelled)
- Pulopulos, M., Allaert, J., Vanderhasselt, M. A., **Sanchez-Lopez, A.**, De Witte, S., Baeken, C., & De Raedt, R. (March, 2020). *The role of the left and right DLPFC in proactive and reactive cognitive control: A HF-rTMS study*. Poster presented at the 7th International Conference on Non-Invasive Brain Stimulation (NIBS), Baden-Baden (Germany).
- Allaert, J., De Raedt, R., **Sanchez-Lopez, A.**, Baeken, C., & Vanderhasselt, M. A. (March, 2020). *Mind the social feedback: Effects of tDCS applied to the left DLPFC on psychophysiological responses during the anticipation and reception of social evaluations*. Poster presented at the 7th International Conference on Non-Invasive Brain Stimulation (NIBS), Baden-Baden (Germany).
- Boemo, T., Nieto, I., Vazquez, C., & **Sanchez-Lopez, A.** (November, 2019). *Dinámicas en el funcionamiento real del uso de estrategias de regulación emocional: Una revisión sistemática y meta-análisis de estudios de diaria y muestreo experiencial [Real-life dynamics in emotion regulation strategies: A systematic review and meta-analysis of studies using daily diary and experience sampling methods (ESM)]*. Communication at the XII International Congress and XVII National Congress of Clinical Psychology, Santander (Spain).
- Socastro, A., Everaert, J., Blanco, I., Boemo, T., Rodriguez-Carvajal, R., & **Sanchez-Lopez, A.** (November, 2019). *Papel del estrés momentáneo en la modulación dinámica de los sesgos de interpretación durante el funcionamiento diario: Un nuevo método de muestreo experiencial [Role of momentary stress appraisals in the dynamic modulation of interpretation biases during daily life: A new ESM approach]*. Communication at the XII International Congress and XVII National Congress of Clinical Psychology, Santander (Spain).
- Socastro, A., Blanco, I., Boemo, T., Rodriguez-Carvajal, R., Everaert, J., & **Sanchez-Lopez, A.** (October, 2019). *Role of momentary stress appraisals in the dynamic modulation of interpretation biases during daily life: A new ESM approach*. Communication at the 7th International Conference on Emotions, Wellbeing and Health, Tilburg (The Netherlands).
- Boemo, T., Socastro, A., Blanco, I., & **Sanchez-Lopez, A.** (October, 2019). *Usability, satisfaction and compliance with the use of a new ESM application to measure cognitive, affective and regulatory interplays during daily life functioning*. Communication at the 7th International Conference on Emotions, Wellbeing and Health, Tilburg (The Netherlands).
- Nieto, I., Boemo, T., Vazquez, C., & **Sanchez-Lopez, A.** (October, 2019). *Momentary use of emotional regulation strategies in healthy and disordered affective dynamics: A systematic review and meta-analysis of studies using daily diary and experience sampling methods (ESM)*. Communication at the 7th International Conference on Emotions, Wellbeing and Health, Tilburg (The Netherlands).
- Godara, M., **Sanchez-Lopez, A.**, Liefoghe, B., & De Raedt, R. (September, 2019). *Differential impact of contextual changes on affective flexibility*. Poster presentation at 5th International Symposium on Resilience Research, Mainz (Germany).
- Godara, M., **Sanchez-Lopez, A.**, & De Raedt, R. (September, 2019). *Competing for attention: Reward and punishment cues modulate gaze disengagement from negative stimuli in dysphoria*. Poster presentation at Rovereto Attention Workshop 2019, Rovereto (Italy).

Romero Martín, N., **Sanchez-Lopez, A.**, & De Raedt, R. (September, 2019). *Discrepancias entre autoestima implícita actual e ideal y su asociación con estilos rumiativos en individuos disfóricos [Discrepancies between actual and ideal self-esteem and their associations with ruminative styles in dysphoric individuals]*. Poster presented at the XXVI Reunión Anual de la Sociedad Española para el Estudio de la Ansiedad y el Estrés – SEAS. Madrid (Spain).

Sanchez-Lopez, A. (July, 2019). *Entrenamiento de atención contingente a la mirada (EACM): Una nueva herramienta de intervención en mecanismos cognitivos de regulación emocional [Eye-gaze contingent attention training: A new intervention tool to train cognitive mechanisms of emotion regulation]*. Communication at the IV National Congress of Psychology and International Symposium on Psychological Prevention, Vitoria (Spain).

Blanco, I., Martin. O., Boemo, T., Socastro, A., Koster, E., De Raedt, R., & **Sanchez-Lopez, A.** (July, 2019). *Entrenamiento de sesgos atencionales a través de aplicaciones móviles: del laboratorio al mundo real [Online attention bias training through mobile applications: from the lab to real life]*. Communication at the IV National Congress of Psychology and International Symposium on Psychological Prevention, Vitoria (Spain).

Sanchez-Lopez, A. (July, 2019). *Reevaluando la reevaluación: Estudio de marcadores objetivos de la capacidad de reevaluación cognitiva y su papel como estrategia de regulación emocional [Reappraising reappraisal: Study of objective markers of cognitive reappraisal capacities and its role as an emotion regulation strategy]*. Communication at the IV National Congress of Psychology and International Symposium on Psychological Prevention, Vitoria (Spain).

Sanchez-Lopez, A., Blanco, I., De Raedt, R., & Vanderhasselt, M.A. (July, 2019). *Cognitive pathways to depression: A network approach to determine unique associations of attentional disengagement impairments with factors of vulnerability to depression*. Poster presented at the 9th World Congress of Behavioural and Cognitive Therapies, Berlin (Germany).

Boemo, T., Nieto, I., Vazquez, C., & **Sanchez-Lopez, A.** (July, 2019). *Healthy and disordered dynamics in emotion regulation strategies: A systematic review and meta-analysis of studies using daily diary and experience sampling methods (ESM)*. Communication at the 9th World Congress of Behavioural and Cognitive Therapies, Berlin (Germany).

Blanco, I., Martin, O., Koster, E., De Raedt, R. & **Sanchez-Lopez, A.** (July, 2019). *Online-Contingent Attention Training (OCAT): A novel Smartphone App to modify attention and interpretation biases*. Poster at the 4th Meeting of the Association for Cognitive Bias Modification (ACBM), Berlin (Germany).

Sanchez-Lopez, A., van Put, J., & Koster, E. (March, 2019). *Novel steps for the optimization of eye-gaze contingent attention training: effects in attention bias and emotion regulation processes*. Communication at the International Convention of Psychological Science, Paris (France).

Sanchez-Lopez, A., Koster, E., & De Raedt, R. (March, 2019). *Attentional disengagement from emotional faces predicts changes in depressive symptoms via ruminative brooding during stress: a five-month longitudinal study*. Communication at the International Convention of Psychological Science, Paris (France).

- Socastro, A., Blanco, I., Boemo, T., Everaert, J., Rodriguez-Carvajal, R., & **Sanchez-Lopez, A.** (March, 2019). *Monitoring interpretation bias and emotion regulation dynamics during daily life functioning: a novel experience sampling approach*. Poster presented at the International Convention of Psychological Science, Paris (France).
- Godara, M., **Sanchez-Lopez, A.**, Liefvooghe, B., & De Raedt, R. (November, 2018). *Contextual Changes Influences Attention (In)Flexibility in Dysphoria*. Communication at the 52th Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Washington DC (United States).
- Blanco, I., **Sanchez-Lopez, A.**, MacNally, R., & Vazquez, C. (October, 2018). *¿Mejora la depresión entrenar a mirar a lo positivo? Uso de movimientos oculares para probar el concepto. [Does looking toward positive lead to improvements in depression? Use of eye-tracking training as a proof-of-concept]*. Communication at the IV Congress of the Spanish Society of Positive Psychology (SEPP), Madrid (Spain).
- Sanchez-Lopez, A.**, Blanco, I., Boemo, T., Vazquez, C., Everaert, J., & Koster, E. (September, 2018). *Evaluación y entrenamiento de mecanismos atencionales de regulación emocional: Nuevos avances en la implementación de herramientas online de intervención cognitiva personalizada [Evaluation and training of attentional mechanisms of emotion regulation: New advances in the implementation of online tools for a personalized cognitive intervention]*. Communication at the XII International Congress of the Spanish Society for the Study of Anxiety and Stress (SEAS), Valencia (Spain).
- Sanchez, A.**, Koster, E. H. W., & De Raedt, R. (2018, September). *Eye-gaze disengagement from emotional faces predicts depressive symptoms via ruminative brooding: A five-month longitudinal study with two eye-tracking assessments*. Communication at the 19th World Congress of Psychophysiology, Lucca (Italy).
- Sanchez, A.**, Vanderhasselt, M.A., Allaert, J., Baeken, C., & De Raedt, R. (2018, May). *Neurocognitive mechanisms behind emotional attention: Inverse effects of tDCS over the left and right DLPC on gaze disengagement from emotional faces*. Communication at the 2018 Meeting of the Belgian Association of Psychological Sciences (BAPS), Ghent (Belgium).
- Allaert, J., **Sanchez, A.**, De Raedt, R., & Vanderhasselt, M.A. (2018, May). *Inverse effects of tDCS over the left and right DLPC on voluntary effortful emotional processing: a pupillometry study*. Communication at the 2018 Meeting of the Belgian Association of Psychological Sciences (BAPS), Ghent (Belgium).
- Godara, M., **Sanchez-Lopez, A.**, Liefvooghe, B., & De Raedt, R. (2018, May). *Stuck on you: Contextual changes influence attention flexibility towards new goals in dysphoria*. Poster presentation at the 2018 Meeting of the Belgian Association of Psychological Sciences (BAPS), Ghent (Belgium).
- Pieters, E., **Sanchez-Lopez, A.**, De Raedt, R., & Koster, E. H. W. (2018, May). *Innovative attention training to achieve stable remission in depression: A randomized controlled trial study*. Poster presentation at the 2018 Meeting of the Belgian Association of Psychological Sciences (BAPS), Ghent (Belgium).
- Sanchez, A.**, Van Put, J., & Koster, E. H. W. (2018, April). *Novel steps for the optimization of eye-gaze contingent attention training: Effects in attention bias and emotion regulation processes*. Communication at the Anxiety and Depression Association of America (ADAA) Conference, Washington D. C. (United States).

- Sanchez, A.,** Koster, E. H. W., Van Put, J., & De Raedt, R. (2018, April). *Eye-gaze disengagement from emotional information prospectively predicts depressive symptoms via changes in ruminative brooding: A five-month longitudinal design*. Communication at the Anxiety and Depression Association of America (ADAA) Conference, Washington D. C. (United States).
- Sanchez, A.,** Everaert, J., Van Put, J., De Raedt, R., & Koster, E. H. W. (2017, November). *Eye-gaze contingent attention training (ECAT): Examining the causal role of attentional mechanisms in emotion regulation processes*. Communication at the 51th Convention of the Association for Behavioral and Cognitive Therapies (ABCT), San Diego (United States).
- De Raedt, R., **Sanchez, A.,** Vanderhasselt, M., & Baeken, C. (2017, November). *Neurocognitive mechanisms behind emotional attention: Inverse effects of tDCS over the right and left DLPC on gaze disengagement from emotional faces*. Communication at the 51th Convention of the Association for Behavioral and Cognitive Therapies (ABCT), San Diego (United States).
- Sanchez, A.,** Van Put, J., & Koster, E. H. W. (2017, August). *Novel steps for online eye-gaze contingent attention training: A mouse-based moving window approach*. Poster at the 20th European Conference on Eye Movements, Wuppertal (Germany).
- Sanchez, A.,** & De Raedt, R. (2017, June). *Hear rate variability as an autonomic marker of emotion regulation capacity: Associations with eye-tracking indices of visual-spatial emotional processing*. Communication at the 9th International Congress of Cognitive Psychotherapy (ICCP), Cluj-Napoca, Transylvania (Romania).
- Sanchez, A.,** Everaert, J., Van Put, J., De Raedt, R., & Koster, E. H. W. (2017, May). *Eye-gaze contingent attention training (ECAT): Examining the causal role of attentional mechanisms in emotion regulation processes*. Communication at the 3rd Workshop on Experimental Psychopathology, Rome (Italy).
- Sanchez, A.,** Romero, N., & De Raedt, R. (2017, April). *Attention allocation to social feedback during a speech predicts subsequent stress recovery in depression*. Communication at the Anxiety and Depression Association of America (ADAA) Conference, San Francisco (United States).
- Sanchez, A.,** Vanderhasselt, M., Baeken, C. & De Raedt, R. (2017, April). *Effects of tDCS over the right DLPC on attentional disengagement from positive and negative faces: An eye-tracking study*. Communication at the Anxiety and Depression Association of America (ADAA) Conference, San Francisco (United States).
- Fang, L., Koster, E., & **Sanchez, A.** (2017, March). *The relation between attentional scope and rumination: an eye-tracking study*. Poster at the International Convention of Psychological Science (ICPS), Vienna (Austria).
- Sanchez, A.,** Everaert, J., & Koster, E. H. W. (2016, October). *Attention training through gaze-contingent feedback: Effects in attentional mechanisms and transfer to reappraisal processes of negative emotions' repair*. Communication at the Symposium "Rethinking dysregulation in affective disorders". 50th Convention of Association for Behavioral and Cognitive Therapies (ABCT), New York (United States).
- Fang, L., **Sanchez, A.,** & Koster, E. H. W. (2016, September). *Relation between attentional scope and trait rumination: an eye-tracking study*. Communication at the 46th European Association for Behavioral and Cognitive Therapies (EABCT), Stockholm (Sweden).

- Fang, L., **Sanchez, A.**, & Koster, E. H. W. (2016, July). *Testing the attentional scope model of rumination: A test using multiple methods*. Communication at the Consortium of European Research on Emotion (CERE), Leiden (The Netherlands).
- Sanchez, A.**, Everaert, J., & Koster, E. H. W. (2016, June). *Attention training through gaze-contingent feedback: Evidence of a causal link between attentional mechanisms, reappraisal processes and negative emotions' repair*. Communication at the Symposium "For a Better View: Biased Attentional Processing in Depression". 8th World Congress of Behavioural and Cognitive Therapies (WCBCT), Melbourne (Australia).
- Demeyer, I., **Sanchez, A.**, & De Raedt, R. (2016, June). *Emotion regulation through attentional processing in older adults: Differential Gaze Patterns for Different Negative Mood States*. Communication at the 8th World Congress of Behavioural and Cognitive Therapies (WCBCT), Melbourne (Australia).
- Sanchez, A.**, Romero, N., & De Raedt, R. (2016, June). *Attention allocation to social feedback during a speech predicts subsequent physiological and self-reported stress recovery in depression*. Communication at the symposium "An Integrated Understanding of Vulnerability to Anxiety and Depression: Novel Developments in Research on Distorted Cognitive Processes and Emotion Regulation Difficulties". 8th World Congress of Behavioural and Cognitive Therapies (WCBCT), Melbourne (Australia).
- Sanchez, A.**, Vanderhasselt, M. A., Baeken, C., & De Raedt, R. (2015, December). *tDCS over right dorsolateral prefrontal cortex and impaired attentional inhibition of emotional information*. Poster at the First European Meeting for Non Invasive Brain stimulation techniques (NIBS) for psychiatric disorders, Ghent (Belgium).
- Vanderhasselt, M. A., **Sanchez, A.**, Brunoni, A. R., Campanha, C., Baeken, C., Remue, J., Boggio, P. S., & De Raedt, R. (2015, December). *tDCS over the left and right prefrontal cortex: effects on cognitive control for emotional material*. Poster at the First European Meeting for Non Invasive Brain stimulation techniques (NIBS) for psychiatric disorders, Ghent (Belgium).
- Gomez, D., Mendoza, R., Paíno, S., **Sanchez, A.**, & Romero, N. (2015, november). *Estudio longitudinal sobre el efecto de los estilos de respuesta en los síntomas depresivos en una muestra de adolescentes españoles. [Longitudinal study about the effects of the response styles in the development of symptoms of depression in a sample of spanish adolescents]*. Poster presented at the 1st International Congress of Clinical and Health Psychology on Children and Adolescents, Madrid (Spain).
- Sanchez, A.**, Everaert, J., De Putter, L. M., & Koster, E. H. W. (2015, November). *Emotional attention during instructed and unistructed ambiguity resolution: Depression-linked biases reflect schema-driven and attentional control influences*. Communication at the Symposium "Biases on emotional attention: Emerging perspectives and their translational implications for intervention development". 49th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago (United States).
- Sanchez, A.**, Vanderhasselt, M. A., Baeken, C., & De Raedt, R. (2015, October). *tDCS over right dorsolateral prefrontal cortex effects in the modulation of attention to positive and negative emotions in healthy individuals: an eyetracking study*. Communication at the Emotions 2015:

- the 6th international conference on emotions, well-being and health, Tilburg (The Netherlands).
- Demeyer, I., **Sanchez, A.**, & De Raedt, R. (2015, October). *Emotion regulation in older adults: the positivity effect in attentional processing*. Communication at the Emotions 2015: the 6th international conference on emotions, well-being and health, Tilburg (The Netherlands).
- Demeyer, I., **Sanchez, A.**, & De Raedt, R. (2015, May). *Is the positive effect in attention of older adults most apparent when emotion regulation is needed?* Communication at the Belgian Association for Psychological Sciences (BAPS), Brussels (Belgium).
- Sanchez, A.**, Everaert, J., De Putter, L., & Koster, E. (2014, September). *Relationships between attention and interpretation processes: New advances for the detection and modification of cognitive biases involved in depression*. Communication at the 44th Congress of the European Association for Behavioral and Cognitive Therapies (EABCT), The Hage (Netherlands).
- Vazquez, C., Romero, N., **Sanchez, A.**, & Valiente, C. (2014, March). *Explicit self-esteem mediates the relationship between implicit self-esteem and memory biases in major depression*. Poster presented at the Rome Workshop on Experimental Psychopathology, Rome (Italy).
- Vazquez, C., & **Sanchez, A.** (2013, June). *Gaze and mood: Is happiness related to eye-movement patterns?* Communication at 3rd World Congress on Positive Psychology of the International Positive Psychology Association (IPPA), Los Angeles (United States of America).
- Sanchez, A.**, Romero, N., Vazquez, C., & Valiente, C. (2012, April). *Attentional biases to sad faces predict subsequent depressive symptoms: A one-year longitudinal investigation using eye-tracking technology*. Poster presented at International Society of Affective Disorders (ISAD) 6th Biennial Conference, London (United Kingdom).
- Romero, N., **Sanchez, A.**, Valiente, C., & Vazquez, C. (2012, April). *Memory biases for negative information during and beyond depression: The role of negative self-schemas*. Poster presented at International Society of Affective Disorders (ISAD) 6th Biennial Conference, London (United Kingdom).
- Duque, A., **Sanchez, A.**, & Vazquez, C. (2012, March). *Pupil size to negative facial expressions and psychological vulnerability to depression*. Poster presented at the International Society of Affective Disorders (ISAD) 6th Biennial Conference, London (United Kingdom).
- Hervas, G., & **Sanchez, A.** (2012, March). *¿Pueden ser útiles las intervenciones positivas en trastornos de ansiedad? Evidencia del efecto de una inducción anímica positiva sobre la sensibilidad al castigo*. [Can positive interventions be useful for anxiety diseases? Evidence of a positive mood induction effect in sensitivity to punishment] Symposium at the I National Congress of Positive Psychology, San Lorenzo del Escorial (Madrid).
- Duque, A., **Sanchez, A.**, & Vázquez, C. (2012, March). *Tamaño pupilar ante expresiones emocionales de alegría y vulnerabilidad psicológica*. [Pupil size to emotional expressions of happiness and cognitive vulnerability] Communication at the I National Congress of Positive Psychology, San Lorenzo del Escorial (Madrid).
- Sanchez, A.**, Marker, C., Joormann, J., & LeMoult, J. (2010, November). *Attentional Biases to Angry Faces in Social Anxiety Disorder: Differentiating Engagement and Disengagement Components using Eye-Tracking Methodology*. Poster presented at 44th convention of Association for Behavioral and Cognitive Therapies (ABCT), San Francisco (United States).

- Romero, N., Vázquez, C., & **Sanchez, A.** (2010, November). *Can subliminal priming activate mood-congruent processing in depression? Evidence from an implicit memory task*. Poster presented at the 44th convention of Association for Behavioral and Cognitive Therapies (ABCT), San Francisco (United States).
- Sanchez, A.**, Vázquez, C., & Romero, N. (2010, November). *Cognitive Mechanisms of Mood Regulation: Attentional Biases to Positive Faces Predict Mood Repair after a Negative Mood Induction*. Poster presented at the 44th convention of Association for Behavioral and Cognitive Therapies (ABCT), San Francisco (United States).
- Sanchez, A.**, Joormann, J., Marker, C., & LeMoult, J. (2010, November). *Selective Attention to Sad Faces in Currently and Formerly Depressed People: An Eye-Tracking Study*. Poster presented at 44th convention of Association for Behavioral and Cognitive Therapies (ABCT), San Francisco (United States).
- Sanchez, A.**, Vazquez, C., Romero, N., & Hervás, G. (2010, April). *Do We Pay Attention to the Positive Because We Are Happy, or Is It the Other Way Around? Attentional Biases and Mood Regulation: An Eye-Tracking Study*. Symposium at the 8th SEPEX Conference, Granada (Spain).
- Romero, N., Vazquez, C., & **Sanchez, A.** (2010, April). *Is There a Mood Congruent Effect in Cognitive Processing Beyond Awareness Empirical Evidence for Implicit Memory Biases in Depression Using a Lexical Decision Task*. Symposium at the 8th SEPEX Conference, Granada (Spain).
- Sanchez, A.**, Vazquez, C., Hervas, G., & Romero, N. (2009, September). *Attentional Biases to Emotional Faces in Formerly vs. Never Depressed Participants: A Visual Scan Study*. Poster presented at the 43rd convention of Association for Behavioural and Cognitive Therapies (ABCT), New York (United States).
- Vazquez, C., **Sánchez, A.**, & Romero, N. (2009, November). *Diagnosis Threshold of Depression: Epistemology, Science and Profession*. Communication at the VII History and Philosophy of Psychiatry Society Conference, Bilbao (Spain).
- Sanchez, A.**, Vazquez, C., Hervas, G., & Romero, N. (2009, June). *Happiness Loves Company?: The Relation between Current Mood and Attentional Biases for Emotional Faces*. Poster presented at the I World Congress on Positive Psychology, Philadelphia (United States).
- Valiente, C., Cantero, M.D., Espinosa, R., Ortiz, A., Vazquez, C., Villavicencio, P., Hervas, G., Fuentenebro, F., & **Sanchez, A.** (2008, September). *Implicit Cognitive Processes of Psychotic First Episodes*. Communication at the 38th European Association for Behavioral and Cognitive Therapies (EABCT), Helsinki, (Finland).
- Moreno, E., Provencio, M., **Sanchez, A.**, & Vazquez, C. (2008, July). *What Do You Expect when You are Depressed: An Analysis of the Effects of Mood on Sentence Completion*. Poster presented at the XXIX International Congress of Psychology, Berlin (Germany).

14. Dissemination activities, articles and interviews social media

Participation in books of scientific dissemination

Collaboration in chapter of the book of scientific dissemination: *Override: My Quest to Go Beyond Brain Training and Take Control of My Mind*, by journalist Caroline Williams, 2017

Reports and interviews in social media (written press, radio and TV):

- Schamper (Dutch): <http://steentijd.schamper.be/560/experiment-kaderstuk-angst-en-depressie>;
<http://steentijd.schamper.be/560/technologie-is-altijd-een-soort-van-tool>
- Onda Madrid Radio (Spanish): <http://www.telemadrid.es/programas/madrid-trabaja/Investigadores-Complutense-analizaran-impacto-psicologico-9-2185671436--20191213045232.html>
- La Vanguardia (Spanish): <https://www.lavanguardia.com/vida/20200224/473748831449/la-complutense-detecta-sintomas-de-ansiedad-en-un-54-de-los-desempleados.html>
- Cuidate Plus Marca: <https://cuidateplus.marca.com/salud-laboral/2020/04/10/consejos-controlar-ansiedad-estas-paro-172848.html>
- Tribuna Complutense (Spanish): <https://tribuna.ucm.es/43/art4073.php#.XoyqfpMzaM8>
- La Vanguardia (Spanish): <https://www.lavanguardia.com/vida/20200409/48397635857/complutense-lanza-una-app-para-estudiar-impacto-psicologico-del-aislamiento.html>
- ABC (Spanish): https://www.abc.es/espana/madrid/abci-investigadores-complutense-estudian-impacto-psicologico-confinamiento-coronavirus-202004140044_noticia.html?ref=https%3A%2F%2Fwww.google.com%2F
- Cadena Ser Radio (min 32:46) (Spanish): https://play.cadenaser.com/audio/ser_madrid_hoyporhoymadrid_20200506_122000_140000/#
- Aragón Radio (Spanish): <http://www.aragonradio.es/radio?reproducir=204635>
- TeleMadrid Noticias TV (min 24) (Spanish): <http://www.telemadrid.es/programas/telenoticias-fin-de-semana/Telenoticias-Fin-Semana-2-2223997603--20200419103620.html>
- Antena 3 Noticias TV (Spanish): https://www.antena3.com/noticias/sociedad/las-bicicletas_202004195e9c84a5e4f6910001f83f0e.html
- Cuidate Plus Marca (Spanish): <https://cuidateplus.marca.com/salud-laboral/2020/05/11/paro-como-prevenir-estres-173378.html>
- EuropaPress (Spanish): <https://www.europapress.es/madrid/noticia-ucm-desarrolla-app-entrenamiento-cognitivo-gratuita-reducir-impacto-psicologico-covid-19-20200522115853.html>
- La Vanguardia (Spanish): <https://www.lavanguardia.com/vida/20200522/481320469030/la-complutense-crea-aplicacion-para-reducir-impacto-psicologico-por-covid.html>
- El Imparcial (Spanish): <https://www.elimparcial.es/noticia/213321/sociedad/una-app-de-entrenamiento-psicologico-para-reducir-el-impacto-de-la-cuarentena.html>
- Diario Siglo XXI (Spanish): <http://www.diariosigloxxi.com/texto-s/mostrar/365979/psicologos-ucm-lanzan-app-entrenamiento-cognitivo-reducir-impacto-psicologico-covid-19>
- Nius (diario digital de Mediaset) (Spanish): https://www.niusdiario.es/sociedad/app-espanola-reduce-impacto-psicologico-covid19-gente-miedo-salir-calle-coronavirus_18_2952870077.html
- Infosalus (Europa Press) (Spanish): <https://www.infosalus.com/salud-investigacion/noticia-riesgo-psicologico-corren-personas-estan-desempleo-20200914082932.html>
- Cuidate Plus Marca (Spanish): <https://cuidateplus.marca.com/familia/adolescencia/2020/12/13/ansiedad-adolescentes-causas-tratamiento-175994.html>
- ABC (Spanish): https://www.abc.es/espana/madrid/abci-madrid-aferra-libros-para-luchar-contradesgaste-emocional-covid-19-202102170101_noticia.html
- Podcast for divulgation on psychology, Take It Simple (Spanish):
Spotify: <https://open.spotify.com/episode/6Z2SEya0u7B06teP0cRb24?si=vlxTF0XTp-cOVCJhNJOBA>
Youtube: <https://youtu.be/mxGWqey3tjQ>

15. Professional Development

Clinical Training

Clinical experience in psychological evaluation of depressed and psychotic patients (2010-2012).

Psychiatry Unit, Doce de Octubre Hospital, Madrid.

Clinical experience in psychological evaluation of depressed and social anxiety patients (2008-

2012). University Clinic of Psychology, Madrid.

Clinical experience in psychological evaluation of depressed and psychotic patients (2007-2008).

Psychiatry Unit, San Carlos University Hospital, Madrid.

Training in the use of Clinical Structured Interview SCID (Structured Clinical Interview for DSM Disorders), cognitive evaluation and cognitive therapy interventions (2007). Complutense University of Madrid.

Clinical experience in child evaluation and treatment (2006-2007). Mental Health Center of Carabanchel District, Madrid.

Attendance to formative courses, seminars and meetings

Formative course: Redes sociales y otros social media para PDI (iniciación) [Social networks and other social media for purposes of research and education] (03/2023).

Formative course: Curso de introducción a la Protección de Datos de Carácter Personal [Introduction to Personal Data Protection] (10/2022).

Formative webinar: Introduction to Systematic Review and Meta-Analysis, imparted by Johns Hopkins University and offered through Coursera (06/2021).

Formative webinar: Microsoft Teams para la Docencia [Microsoft Teams for Teaching]. Madrid, Spain, Online (04/2021)

Formative webinar: Competencias básicas para la educación online [Basic competences for online education]. Madrid, Spain, Online (07/2020)

Formative webinar: Consecuencias e intervenciones psicológicas durante la pandemia de la COVID19 [Consequences and psychological interventions during the COVID19 pandemic]. Madrid, Spain, Online (06/2020)

1st International Seminar of Psychology, CUP-UCM “New Approaches and Challenges in Clinical Psychology”. Madrid, Spain (06/2019)

ESM/EMA Expimetrics Webinar – Course on experience sampling methods for psychological researcher using Expimetrics software. Online (05/2018)

Combining Eye-Tracking and EEG: An Introduction - Workshop. Wuppertal, Germany (08/2017)

Network analysis for Psychological Research – Specialist Course. Ghent, Belgium (01/2017)

Claves neurocientíficas en psicosis [neuroscientific aspects in psychosis]. Doce de Octubre Hospital. Madrid, Spain (11/2012)

III Jornadas Emociones y Bienestar de la SEAS, Sociedad Española para el Estudio de la Ansiedad y el Estrés [III Annual Meeting of Emotions and Well-being, Spanish Society for the Study of Anxiety and Stress] Madrid, Spain (10/2011)

I Jornada de Inteligencia emocional en el ámbito de la salud. [I Meeting of emotional intelligence and health]. Fundación Mutua Madrileña. Madrid, Spain (04/2009)

Sobre las emociones. Ciclo de conferencias. [About Emotions, a 8-lecture series]. CaixaForum Madrid. Madrid, Spain. (10/2009)

Jornadas anuales de la Asociación de Terapia Cognitivo Conductual Social (ASETECCS) [Annual Meeting of the Social Cognitive Behavioural Therapy Association] Madrid, Spain (03/2008). In these sessions I participated in a practical seminar about Cognitive-Behavioural Treatment for Post-traumatic Stress Disorder directed by Dr. Edna Foa (Pennsylvania University).

XIV Reunión Annual de la Sociedad Española para el Estudio de la Ansiedad y el Estrés (SEAS) [Annual Meeting of the Spanish Society for the Study of Anxiety and Stress] Madrid, Spain (09/2007)

La Mente como Fábrica de Ilusiones [Mind as a Factory of Illusions, a 10-lecture series] Madrid, Spain (10/2007). In these Sessions I attended several lectures addressed by Dr. Michael Gazzaniga (University of California), Dr. Elizabeth Loftus (University of California), and Dr. Richard Bentall (University of Liverpool).

Curso “El Estudio Científico de la Felicidad y las Fortalezas Humanas” [Course “Scientific Study of Happiness and Humans Strengths”]. San Lorenzo del Escorial, Spain (07/2007). In this Course I participated in different seminars about Positive Psychology and Post-Traumatic Growth directed by Dr. Christopher Peterson (University of Michigan) and Dr. George Bonanno (Columbia University).

Workshop “Beyond Cognitive Therapy: New Strategies for Anxiety Disorders” at the V World Congress of Behaviour and Cognitive Therapies. Barcelona, Spain (07/2007). In this workshop I participated in a practical seminar directed by Dr. David Clark, King’s college, London and Steven Taylor.

Workshop “Bringing Interpersonal Process into Mainstream Cognitive Behavioral Therapy”. at the V World Congress of Behavioral & Cognitive Therapies. Barcelona, Spain (07/2007). In this Workshop I participated in a practical seminar directed by Drs. Vivien Twaddle & Peter Armstrong.

Seminario sobre Factores Cognitivos en la Depresión [Seminar of Cognitive Factors in Depression] Madrid, Spain. (01/2007)

Seminario Trastornos Alimentarios (Anorexia y Bulimia) [Seminar of Eating Disorders (Anorexia and Bulimia)] Madrid, Spain (06/2006)

Seminario Trastornos Psicóticos: Esquizofrenia [Seminar of Psychotic Disorders: Schizophrenia] Madrid, Spain (06/2006)

16. Languages

Spanish: Native

English: Proficient (*writing, speaking and reading*)