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**Aurora Szentágotai Tătar**

Associate professor, PhD

Babeş-Bolyai University, Faculty of Psychology and Educational Sciences,  
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**Research interests**

- Cognitive-Behavioral Psychotherapies
- Emotion regulation
- Mood disorders
- Anxiety disorders

**Professional certification**

Supervisor in Cognitive-Behavioral Psychotherapies certified by the

- Albert Ellis Institute, New York
- Romanian Board of Psychologists

Clinical psychologist certified by the Romanian Board of Psychologists

2004-2006: Training in Rational Emotive Behavioral Psychotherapy at the Albert Ellis Institute, New York.

2000: Training in family and couples therapy

**Professional/Teaching experience**

2012-present: Vice-dean of the Faculty of Psychology and Educational Sciences, Babeş-Bolyai University, Cluj-Napoca

2009-present: Associate professor at the Department of Psychology, Babeş-Bolyai University

2006-2009: Senior assistant professor at the Department of Psychology, Babeş-Bolyai University

2003-2006: Assistant professor at the Department of Psychology, Babeş-Bolyai University

**Education**

2009-2011: BA in Art History, Babeş-Bolyai University

2006-2008: Post-doctoral studies in Evidence-Based Interventions in Clinical Psychology and Psychotherapy, at the International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health, Babeş-Bolyai University

2006: PhD in Psychology, Babeş-Bolyai University (Thesis: *Counterintentional Effects of Intentional Control*)

2001: MA in Counseling, Babeş-Bolyai University

2000: BA in Psychology, Babeş-Bolyai University

## **Professional Memberships & Expertise**

2012-present: Member of Babeş-Bolyai University Research Council

2011: Member of the Psychology Commission of the National Council for the Accreditation of University Titles, Diplomas and Certificates (CNATDCU)

2010-present: Expert/evaluator of the National Research Council

2009-present: Member of the Clinical Psychology and Psychotherapy Commission of the Romanian Board of Psychologists

2009-present: Member of the directing committee of the Cluj branch of the Romanian Board of Psychologists

2009: Vice-president of the Romanian Association of Cognitive and Behavioral Psychotherapies

Member of the Association for Psychological Science (2010-present)

Member of the Romanian Association of Health Psychology (2001-present)

Member of the Romanian Psychological Association (2000-present)

## **Editorial boards**

2008-present: *Journal of Cognitive and Behavioral Psychotherapies* - Editor in chief

2012-present: *Journal of Rational-Emotive & Cognitive-Behavior Therapy* - Board member

2011-present: *International Perspectives in Psychology: Research, Practice and Consultation* - Board member

2010-present: *Internet Journal of Mental Health* - Board member

2006- present: *Cognition, Brain, Behavior – An Interdisciplinary Journal* - Board member

## Awards

2011: *Bologna Professor*, National Alliance of Romanian Students Associations (ANOSR)

2010: *In Hoc Signo Vincas*, Romanian National Council for Research in Higher Education (CNCSIS) Award for Young Researchers

2006: *Merit for Scientific Excellence*, Babes-Bolyai University, Cluj-Napoca.

2006: *Aaron T. Beck Award*, International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health.

2005: *Albert Ellis Award*, International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health.

## Research fellowships

2002: Research fellow in the cognitive Science Lab, Indiana University, Bloomington.

## Research grants (PI)

### NATIONAL

2011-2013: National Agency for Scientific Research Grant (ANCS): *Help4Mood: A computational distributed system to support the treatment of patients with major depression*

2011: Exploratory Workshop: *New Advances in Cognitive Bias Modification - A multidisciplinary approach*

2009-2011. Romanian National Council for Research in Higher Education CEEEX IDEI Grant: *The role of cognitive factors in emotions: The impact of response expectancies in anxiety and pain.*

2002-2003. Romanian National Council for Research in Higher Education AT Grant: *The counterintentional effects of intentional control.*

### INTERNATIONAL

2010-2013. FP7 Grant: *Help4Mood: A computational distributed system to support the treatment of patients with major depression.* (PI for Babes-Bolyai University)

2008-2010: *The Self in REBT. Moving from self-rating to unconditional self-acceptance.* Grant awarded by the Albert Ellis, New York.

2008-2010: *Rational emotive and cognitive-behavior therapy versus Cognitive therapy versus Acceptance and commitment therapy in the treatment of generalized anxiety disorder*. Grant awarded by the Albert Ellis, New York.

2005-2006. Irrational beliefs, thought suppression and distress. Grant awarded by the Albert Ellis, New York.

**Research grants (team member)**

**NATIONAL:**

PN-II-ID-PCE-2011-3-0230/ *Darwinian Psychotherapy – A randomized clinical trial to test an evolutionary intervention for depression*. (Clinical manager; PI: Dr. Cezar Giosan) (2011-2014)

PN-II-RU-TE-3-2011-3-0080, *Psychosocial and physiological mechanisms of the human-animal interaction effects on the socio-emotional abilities of children with autism*. (PI: Dr. Alina Rusu) (2011-2014)

PN-II-PT-PCCA-2011-3.1-1500, 81/2012, *The efficacy of a web platform in the treatment of childhood anxiety*. (PI: Dr. Anca Dobrean) (2012-2014)

European Structural Funds Grant (POSDRU). *The healthy emotional and social development of children from disadvantaged backgrounds for the prevention of early school abandonment*. (Scientific manager; PI: Dr. Daniel David) (2011-2013)

PN-II-ID-SSA-2012-2-015: *Current and Future Perspectives in Sleep and Circadian Rhythms Research*. (PI: Dr. Bogdan Voinescu) (2012)

Strategic Projects for Higher Education Grant: *Doctorate in universities of excellence. Research, assessment and support for scientific publishing*. (Psychology Panel Coordinator; PI: Dr. Ioan Dumitrache) (2009-2012)

Exploratory workshop: Psychology and technology: Robotics, virtual and informatic technologies. (PI: Dr. Daniel David) (2010)

PNCIDI MEdC: *The role of cognitive-behavioral psychotherapy in surgical pardontal treatment: a randomized clinical trial*. (PI: Dr. Daniel David) (2008-2011)

MEdC “Capacitati”: *A virtual reality psychotherapy platform* (PI: Dr. Daniel David) (2007-2009).

PN-II-41-040, *Developing new prevention and intervention methods in the critical ischemia in lower limb arteriosclerosis*. (PI: Dr. Daniel David). (2007-

2010)

PN-II-PCCA, *Implementing new non-invasive diagnostic methods for the optimization of perioperative cognitive functions in elderly patients. Implications for quality of life and psychosocial performance.* (PI: Dr. Daniel David) (2007-2010)

MEdC “Capacitati”: *A virtual reality psychotherapy platform.* (PI: Dr. Daniel David) (2007-2009)

CEEX-MEdC: *Psychotherapy versus medication in the treatment of ADHD; A multicentric controlled study.* (PI Dr. Daniel David) (2006-2008)

CEEX-MEdC: *Correlations between biological markers, clinical features and therapy in child and adolescent depression.* (PI: Daniel David) (2006-2008)

CEEX-MEdC *The neurocognitive and developmental analysis of anxiety.* (PI: Dr. Mircea Miclea), (2006-2008).

#### **INTERNATIONAL:**

*Education for Care - EDUCARE, 527360-LLP-2012-IT-GRUNDTVIG-GMP,* (PI: Dr. Daniel David) (2012-2014).

#### **Conferences**

Over 50 papers presented at national and international conferences. (see annex for a selection of 2009-2012 oral presentations)

#### **Publications**

##### **BOOKS:**

**Szentagotai, A.** (2007). *Cognitive control in the functioning of the human mind* (Romanian title: *Controlul cognitiv în funcționarea minții umane*). ASCR: Cluj-Napoca.

##### **CO-AUTHOR:**

1. *Clinical Evaluation System (SEC).* (2007). Cluj-Napoca: RTS. (Coordinator: D. David)

2. *Manual of Cognitive Abilities Assessment Battery.* (2003). Cluj Napoca: ASCR Press (Coordinator: M. Miclea)

3. *Vocational Counseling Guide*. (2004). Cluj-Napoca: ASCR Press. (Coordinators: M. Miclea, & G. Lemeni)

4. *Vocational Counseling Guide. Activities for 9-12th grades*. (2004). Cluj-Napoca: ASCR Press (Coordinators: M. Miclea, & G. Lemeni)

#### **CHAPTERS:**

1. **Szentagotai, A.**, & David, D. (in press). Self-acceptance and happiness. In M. Bernard (Ed). *The Strength of Self-acceptance*. Springer

2. Lars Nielsen, S., **Szentagotai, A.**, Gavița, O., & Lupu, V., (in press). Self-acceptance in Christian theology. In M. Bernard (Ed). *The Strength of Self-acceptance*. Springer

3. **Szentagotai, A.**, Opris, D., & David, D. (2011). Virtual reality in evidence-based psychotherapy. In *Virtual Reality*. Intech Open Access Publisher.

4. Sucală, M., Igna, R., Dobrean, A., **Szentagotai, A.**, & David, D. (2010). Assessment and psychological intervention in critical ischemia pain. In I. A. Mironiuc (Ed). *Critical atherosclerotic inferior limb ischemia. A guide for diagnosis and treatment*. Cluj-Napoca: Casa Cărții de Știință.

5. **Szentagotai, A.**, & Jones, J. (2010). The behavioral Consequences of Irrational Beliefs. In D. David, S.J. Lynn, & A. Ellis (Eds.), *Rational and Irrational Beliefs in Human Functioning and Disturbances*. Oxford: Oxford University Press.

6. **Szentagotai, A.**, & Kallay, E. (2006). The faster you move the longer you live – A test of rational emotive behavior therapy. In D. David (Ed). *Critical review of clinical psychology and psychotherapy*. New York: Nova Science.

7. David, D., Lupu, V., Cosman, D., Crăciun, P., **Szentagotai, A.**, & Miclea, M (2006). Rational emotive behavior therapy versus cognitive therapy versus medication in the treatment of major depressive disorder. In D. David (Ed). *Rational Treatments – Evidence Based Psychological treatments for major depressive disorder*. București: Tritonic.

8. Băban, A., **Szentagotai, A.** (2003). Cognitive Representation of Illness and Treatment. In D. Dumitrascu (Ed.). *Psychosomatic Medicine - Recent Progress and Current Trends*, Cluj-Napoca: Medicală Universitară.

#### **ARTICLES: (\*\*ISI indexed)**

1. \*\*Tulbure, B., **Szentagotai, A.**, Dobrean, A., & David, D. (2012). Evidence

based clinical assessment of child and adolescent social phobia: A critical review of rating scales. *Child Psychiatry and Human Development*. DOI 10.1007/s10578-012-0297-y

2. \*\*Burton, C. McKinstry, B., **Szentagotai, A.**, Serrano-Blanco, A., Pagliari, C., & Wolters, M. (2012). Activity monitoring in patients with depression: A systematic review. *Journal of Affective Disorders*. <http://dx.doi.org/10.1016/j.jad.2012.07.001>

3. \*\*Cristea, I., Matu, S., **Szentagotai A.**, & David, D. (2012). The other side of rumination: Reflective pondering as a strategy for regulating emotions in social situations. *Anxiety, Stress & Coping: An International Journal*. DOI:10.1080/10615806.2012.725469

4. \*\*Cristea, I., **Szentagotai, A.**, Nagy, D., & David, D. (2012). The bottle is half empty and that's bad but not tragic: Differential effects of negative functional reappraisal. *Motivation and Emotion*, 36, 55-563.

5. \*\*Voinescu, B., **Szentagotai, A.**, & David, D. (2012). Sleep disturbance, circadian preference and adult attention deficit hyperactivity disorder (ADHD). *Journal of Neural Transmission*, 119, 1195-1204.

6. \*\*Szasz, P. **Szentagotai, A.** & Hofmann, S. (2012). Effects of emotion regulation strategies on smoking craving, attentional bias and task persistence. *Behaviour Research and Therapy*, 5, 333-340.

7. \*\*Cosman, I., & **Szentagotai, A.** (2012). Psychological approaches in the study of Holocaust survivor's personal history. *Transylvanian Review, Suppl. 3*, 2012, 427-436.

8. Serrano-Blanco, A., Rubio-Valera, M., Fernández, A., Baladón, L., Barneda, V., Olivari, E., Peñarrubia, M. T., Burton, C., **Szentagotai, A.**, & Wolters, M. (2012). E-Mental Health Care: patients and professionals views on its acceptability. Information and Communication Technologies applied to Mental Health. *Proceedings of the 1st workshop on ICT applied to Mental Health, Valencia, Spain, October 4th, 2012* (pp. 11-16).

9. Cosman, I., **Szentagotai, A.**, & David, D. (2012). Describe fear in your own words. Stories from the Holocaust: A historical and psychological analysis. *Journal of the "Elie Wiesel" National Institute for the Study of Holocaust in Romania (Revista Institutului National pentru Studiarea Holocaustului din România "Elie Wiesel"*, 5, 104-114.

10. \*\*Szasz, P., **Szentagotai, A.**, & Hoffman, S. (2011). The effect of emotion regulation strategies on anger. *Behaviour Research and Therapy*, 49, 114-119.

11. \*Cristea, I., Sucală, M., Ștefan, S., Igna, R., David, D., **Szentagotai, A.** (2011). Positive and negative emotions in cardiac patients: the contribution of trait optimism, expectancies and hopes. *Cognition, Brain, Behaviour. An Interdisciplinary Journal*, 15, 317-329. (BDI)
12. \*\***Szentagotai, A.**, David, D. (2010). The Efficacy of Cognitive-Behavioral Therapy in Bipolar Disorder; A Quantitative Meta-Analysis. *Journal of Clinical Psychiatry*, 1, 66-72.
13. \*\*Voinescu, B., Coogan, A., & **Szentagotai, A.** (2010). Attitudes towards psychiatry – a survey of Romanian medical residents. *Academic Psychiatry*, 1, 75-80.
14. \*\*Sucala, M., & **Szentagotai, A.** (2010). Optimism, pessimism and negative mood regulation expectancies in cancer patients. *Journal of Cognitive and Behavioral Psychotherapies*, 10, 13-24.
15. \*Sucala M., Stefan, S., **Szentagotai, A.**, & David, D. (2010). Time flies when you expect to have fun. An experimental investigation of the relationship between expectancies and the perception of time progression. *Cognition, Brain, Behavior. An Interdisciplinary Journal*, 14, 81-99.
16. **Szentagotai, A.** & David, D. (2010). Thought suppression as emotional control strategy in depression. *Revista de Psihologie aplicată/Journal of Applied Psychology*, 2, 61-66.
17. \*\*Sava, F., Yates, B., Lupu, V., & **Szentagotai, A.**, David, D. (2009). Cost-effectiveness and cost-utility of cognitive therapy, rational emotive behavioral therapy and fluoxetine in treating depression: a randomized clinical trial. *Journal of Clinical Psychology*, 1, 36-52
18. \*\*Moldovan, A., Onac, I., Vantu, M., **Szentagotai, A.**, & Onac, I. (2009). Emotional distress, pain catastrophising and expectancies in patients with low back pain. *Journal of Cognitive and Behavioral Psychotherapies*, 1, 83-95.
19. \*Voinescu, B, **Szentagotai, A.** & Coogan, A. (2009). Residents' clinical empathy: gender and speciality comparisons – a Romanian study. *Acta medica Academica*, 38, 11-15
20. \*\***Szentagotai, A.**, David, D., Lupu, V., & Cosman, D. (2008). Rational Emotive Therapy, Cognitive Therapy and medication in the treatment of major depressive disorder: Theory of change analysis. *Psychotherapy: Theory, Research, Practice and Training*, 4, 523-538.



21. **\*\*Szentagotai, A.,** Rusu, A., Gavita, O., & David, D. (2008). The “ghost” concepts of psychology” *Journal of Cognitive and Behavioral Psychotherapies*, 2, 239-243.
22. **\*\*David, D., Szentagotai, A.,** Lupu, V., & Cosman, D. (2008). Rational Emotive Therapy, Cognitive Therapy and medication in the treatment of major depressive disorder: A randomized clinical trial. *Journal of Clinical Psychology*, 6, 728-746.
23. **\*\*Szentagotai, A.,** Onea, D. (2007). Is repressive coping associated with suppression? *Journal of Cognitive and Behavioral Psychotherapies*, 2, 125-138.
24. **\*\*Szentagotai, A.,** Freeman, A. (2007). An analysis of the relationship between irrational beliefs and automatic thoughts in predicting distress. *Journal of Cognitive and Behavioral Psychotherapies*, 1, 1-11.
25. **\*Szentagotai, A.** (2006). The paradoxical effects of suppressing anxious thoughts. *Cognition, Brain, Behavior. An Interdisciplinary Journal*, 4, 599-606.
26. **\*Szentagotai, A.** (2006). Chronic thought suppression and psychopathology. *Cognition, Brain, Behavior. An Interdisciplinary Journal*, 3, 379-387.
27. **\*\*Szentagotai, A.** (2006). Irrational beliefs, thought suppression and distress. *Journal of Cognitive and Behavioral Psychotherapies*, 2, 119-129.
28. **\*\*David, D, & Szentagotai, A** (2006). Cognition in Cognitive Behavior Psychotherapies. *Clinical Psychology Review*, 26, 284-298.
29. **\*\*Szentagotai, A., & Kallay, E.** (2006). The faster you move the longer you live – A test of rational emotive behavior therapy. *Journal of Cognitive and Behavioral Psychotherapies*, 1, 69-80.
30. **\*David, D., Szentagotai, A.,** Kallay, E., Macavei, B., (2005). A Synopsis of Rational Emotive Behaviour Therapy (REBT); Fundamental and Applied Research. *Journal of Rational-Emotive and Cognitive-Behavior Therapy*, 3, 175-221.
31. **\*Szentagotai, A.,** Schnur, J., DiGiuseppe R., Macavei, B., Kallay, E., & David, D. (2005). The organization and the nature of irrational beliefs: schemas or appraisal? *Journal of Cognitive and Behavioral Psychotherapies*, 2, 139-158.
32. **\*\*Băban, A., Balazsi, & Szentagotai, A.** (2005). Understanding barriers to cervical cancer screening among Romanian women (Brief report). *Psychology & Health*, 20, 18-19. (ISI)

33. \*David, D., Macavei, B., **Szentagotai, A.**, McMahon, J. (2005). Cognitive Restructuring and Mental Contamination: an Empirical Re-Conceptualization. *Journal of Rational Emotive and Cognitive-Behavior Therapy*, 1, 21-55.
34. \***Szentagotai, A.**, Crăciun, C. (2005). Reprezentarea durerii la copii (Pain representation in children). *Cogniție Creier Comportament/Cognition, Brain, Behaviour*, 9, 130-146.
35. \***Szentagotai, A.** (2005). Cognitive Psychology Research as a Tool for Developing New Techniques in Cognitive Behavioral Therapy; A Clinical Example. *Journal of cognitive and Behavioral Psychotherapies*, 5, 83-93.
36. \*Tiba, & **Szentagotai, A** (2005). Positive Emotions and Irrational Beliefs. Dysfunctional Positive Emotions in Healthy Individuals. *Journal of cognitive and Behavioral Psychotherapies*, 5, 53-72.
37. Băban, A., Balazsi, & **Szentagotai, A.** (2004). Psychosocial Factors Affecting Negative Response to Cervical Cancer Screening in Romania. *Proceedings of the International Seminar on Reproductive Health Issues in Eastern Europe and the Former Soviet Union*, 1, 760-772.
38. **Szentagotai, A.** (2002). Cognitive biases in anorexia nervosa. *Cogniție, Creier Comportament/Cognition, Brain, Behavior*, 6, 65-84.
39. **Szentagotai, A.** (2001). The cognitive inhibition of imagistic material. Data and applications *Cogniție, Creier Comportament/Cognition, Brain, Behavior*, 5, 371-384.
40. **Szentagotai, A.**, & Opre, A. (2001). The cognitive inhibition of imagistic material. *Revista de Psihologie Aplicată/Journal of Applied Psychology*, 4, 17-30.
41. **Szentagotai, A.** (1999). Negative emotions in commercials. *Parallaxis*, 3, 25-34.

#### **PSYCHOLOGICAL ASSESSMENT INSTRUMENTS:**

Translation and adaptation on Romanian population of the Structured Clinical Interview for DSM Axis I Disorders (SCID) (Clinician and Research versions) Cluj-Napoca, RTS, 2006.

Translation and adaptation on Romanian population of the Structured Clinical Interview for DSM Axis II Disorders (SCID) (Clinician and Research versions) Cluj-Napoca, RTS, 2006.

## **RESEARCH REPORTS:**

Băban, A., Balazsi, R., Bradley, J., Rusu, C., **Szentagotai, A.**, Tătaru, R. (2005). Psychosocial and Health System Dimensions of Cervical Cancer Screening in Romania.

## ANNEX – Selection of oral conference presentations, 2009-2012

### INTERNATIONAL:

1. Voinescu, B. I.; **Szentagotai, A.**(2012). Eveningness, knowledge of healthy sleep behaviours and chronic insomnia. *Journal Of Sleep Research*, Volume: 21 Special Issue: SI Supplement: 1 Pages: 96-96 Published: SEP 2012 (Conference: 21st Congress of the European-Sleep-Research-Society Location: Paris, SEP 04-08, 2012).
2. Voinescu B. I., **Szentagotai A.**,Thome, J. (2012). *Sleep disturbance, circadian preference and symptoms of adult attention deficit hyperactivity disorder*. World Psychiatric Association International Congress, Prague
3. Voinescu B. I., **Szentagotai A.**,Thome J (2011). *Sleep disturbance and attention deficit/hyperactivity symptoms in young adults*. World Congress of World Sleep Federation, Kyoto
4. Cristea, I. A.; Valenza, G.; Gentili, C.; **Szentagotai, A.**; Scilingo, E. P.; David, D. (2012) *Cognitive reappraisal and acceptance distinctively impact heart rate variability in socially anxious individuals*. International Journal of Psychophysiology, Volume 85 (3), p. 339., 2012
5. Burton, C. Wolters, M.C., Serrano Blanco, A., **Szentagotai, A.**, Ure, J., Pagliari, C., McKinstry. B. (2012). *Help4Mood: avatar-based support for treating people with major depression in the community*. International Journal of Integrated Care, 15 June 2012 - ISSN 1568-4156 (Conference abstract from “2nd International Congress on Telehealth and Telecare 2012)
5. Voinescu B. I., **Szentagotai, A.** (2011). *Self-Reported Sleep Parameters and Sleep Loss Consequences in Alcohol Dependents and Abusers*. World Psychiatric Association, Istanbul
7. Voinescu B. I., **Szentagotai, A.** (2011) *Insomnia and Morning/Evening Preference among ADHD Patients Compared to Healthy Individuals and Other Patients with Psychiatric Disorders*. International Congress on ADHD, Berlin
8. **Szentagotai, A.**, & Topuzu M. (2011). *Regulating anger: the effects of rumination, distraction and reappraisal*. 41st Congress of the European Association for Behavioral and Cognitive Therapy
9. David, D., **Szentagotai, A.**, & Cristea, I. et al. (2011). *Rational Emotive Behavior Therapy vs. Cognitive Therapy vs. Acceptance and Commitment Therapy in the treatment of generalized anxiety disorder*. 41st Congress of the European Association for Behavior and Cognitive Therapy
10. Cristea, I., **Szentagotai, A.**, & David, D. *Positive thinking is a quick fix: Beyond Wood, Perunovic and Lee (2011)*. 41st Congress of the European Association for Behaviour and Cognitive Therapy

11. David, D. **Szentagotai, A.**, Cristea, I. (2010). *REBT vs. CT vs. ACT in the treatment of generalized anxiety disorder*. Preliminary data. 24th Annual Conference of the European Health Psychology Society
12. Stefan, S., Sucala, M., **Szentagotai, A.**, David, D. *Emotional well-being in patients in patients with coronary heart disease*. 24th Annual Conference of the European Health Psychology Society, 2010
13. Sucala, M., Stefan, S., **Szentagotai, A.**, David, D. (2010). *Predictors of emotional well-being in patients with coronary heart disease*. XL Congress of the European Association for Behavioral and Cognitive Therapy
14. Cristea, I., **Szentagotai, A.**, David, D. et al. (2010). *Differential impact of reappraisal and acceptance as emotional regulation strategies in socially anxious subjects*. XL Congress of the European Association for Behavioral and Cognitive Therapy
15. Cristea, I., Lucacel, R., Apopi, D., Visla, A., **Szentagotai, A.**, & David, D. (2010). *Differential impact of reappraisal and acceptance as emotional regulation strategies for socially anxious subjects*. XL Congress of the European Association for Behavioural and Cognitive Therapy
16. **Szentagotai A.**, David D., Cristea I., & Sucală M. (2009). *The role of response expectancies and response hopes in pain*. 23rd Annual Conference of the European Health Psychology Society
17. Sucala, M., **Szentagotai, A.**, David, D. (2009). *Optimism, pessimism and mood regulation expectancies in cancer patients*. Congress of the European Association for Behavioral and Cognitive Therapies

#### **NATIONAL:**

1. **Szentagotai, A.** (2012). *New frontiers in clinical cognitive sciences*. Diaspora în Cercetarea Științifică Românească Conference, Bucharest
2. Voinescu, B.I., & **Szentagotai, A.** (2011) Quality of sleep and circadian pattern in alcohol abusers. National Psychiatry Conference, Bucharest
3. **Szentagotai, A.** (2010). *Using virtual reality in psychotherapy*. Diaspora în Cercetarea Științifică Românească Conference, Bucharest
4. Crisan, L. G., & **Szentagotai, A.** (2010). How we perceive unfairness? The role of irrational beliefs in dysfunctional anger. National Psychology Conference, Iași