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I. PROFESSIONAL BACKGROUND (diplomas, certificates)

- **2023 – BA** in psychology, at Babes-Bolyai University, Cluj-Napoca, Romania. Valedictorian, with the dissertation entitled “*The investigation of major predictors of well-being in a sample of Romanian university students in the post-COVID-19 period*”, scientific supervisor Assoc. Prof. dr Kotta Ibolya
- **2022 March** - Certificate of completing a 4-week on-line course entitled: “*Improving Communication Skills*” at University of Pennsylvania, Wharton, USA
- **2021 March** - Certificate of completing a 4-week on-line course entitled: “*Finding Purpose and Meaning in Life: Living for what matters most*” at University of Michigan, USA
- **2020 – Certified Coach**, Diploma issued by the Ministry of Labor and Social Justice after completing a course of 360 hours in the domain of Specialist in Caching Activities. Diploma S: M, Nr: 00241960.
- **2019** – Certificate of completing a 10-week on-line course in “*Science of Well-Being*” at Yale University, USA
- **2017** – Certificate of completing the 60-hours of training in Assessment and Treatment Planning – *The Circle of Security Approach* – Circle of Security International, 26 September – 6 October
- **2013** – Certificate of completing web-based training course in “*Protecting Human Research Participants*”, offered by The National Institutes of Health (NIH) Office of Extramural Research.
- **2011** - Certificate of *Professional Competence in Instructional Design* – National Council of Qualifications and Professional Formation of Adults, Bucharest, Romania.
- **2006 - PhD** in Psychology (*Summa cum Laude*), at Babes-Bolyai University, Cluj-Napoca, Romania, with the dissertation entitled “*Posttraumatic growth and meaning making*”, scientific supervisor prof. dr. Mircea MICLEA.
- **2005 –Associate Fellowship Level in Rational Emotive and Cognitive Behavioral Therapies**, organized by the Association of Cognitive and Behavioral Psychotherapies in collaboration with „Albert Ellis” Institute, New York.
- **2003 - Certificate in Rational Emotive and Cognitive Behavioral Therapies, (REBT)**, advanced level, emitted by „Albert Ellis” Institute, New York.
- **1999 – Interdisciplinary Masters** in American Studies at „Babes-Bolyai” University, Cluj-Napoca, Department of History and Philosophy.
- **1996 - BA** in English Language and Literature and Norwegian Language and Literature, at „Babes-Bolyai” University, Cluj-Napoca, Faculty of Letters.

- **1989 – Baccalaureate** - at “Mathematics and Physics High-School Nr. 3”, Cluj-Napoca.

Knowledge of foreign languages

- Hungarian – mother tongue – excellent
- Romanian – excellent
- English – excellent
- German – very good
- Norwegian – very good
- Swedish – good

II. PROFESSIONAL EXPERIENCE

Teaching, Training, Tutoring, Coordinating

- 2017 – present – teaching the MA courses of “Stress, Communication, and Conflict” at the Master program in Judicial Psychology, at the Faculty of Psychology and Educational Sciences, „Babes-Bolyai” University, Cluj-Napoca.
- 2017 – present – teaching MA courses of “Advanced Notions of Cognitive and Social Psychology”, Master program in Judicial Psychology, at the Faculty of Psychology and Educational Sciences, „Babes-Bolyai” University, Cluj-Napoca.
- **2009** - present - **Lecturer** at the Department of Psychology, at the Faculty of Psychology and Educational Sciences, „Babes-Bolyai” University, Cluj-Napoca.
- **2014** – present **associate professor** at the University of Medicine and Pharmacy „Iuliu Hatieganu”, Cluj-Napoca, Romania, Judiciary Dental Medicine program, teaching the courses entitled: “***Stress management***” (2014-2021), and “***Management of Communication and Conflict***” (2014 - present)
- 2015 – trainer and presenter at Cancer and Work (CANWON) Training School in Cluj Napoca, Romania, February, 2015.
- 2009 - 2020 – teaching masters courses in „**Stress management and Coaching**” at the European Conference Interpreting, Faculty of Letters, “**Babes-Bolyai**” **University**, Cluj-Napoca, Romania.
- 2011 - present – teaching BA course in „**General Psychology and Personality**” at the Faculty of Psychology and Educational Sciences, „Babes-Bolyai” University, Cluj-Napoca.
- 2011 - present – teaching BA course in „**Educational Psychology and elements of Developmental Psychology**” at the Faculty of Psychology and Educational Sciences, „Babes-Bolyai” University, Cluj-Napoca.
- **2007-2009** – **Senior researcher** the Department of Psychology, at the Faculty of Psychology and Educational Sciences, „Babes-Bolyai” University, Cluj-Napoca.
- 2005 – 2010 trainer in the program Development of Emotional Intelligence (**DIE**), *Health Education* course.
- 2005 – 2010 trainer in the program Development of Emotional Intelligence (**DIE**), *behavioral Education* course.
- 2007 – present - Courses and seminars in **Educational Psychology** at the Faculty of Psychology and Educational Sciences, „Babes-Bolyai” University, Cluj-Napoca.
- 2004 – present - trainer in the program **Magister**, Psychological Counseling module, Health Education course.

- 2004 – 2007 - trainer in the program **Magister**, Psychological Counseling module, Development of emotional intelligence through rational emotive and behavioral education course.

Tutoring

- **Tutor** for promotion Psychology: 2023-2026
- **Tutor** for promotion Psychology: 2018-2021
- Tutoring in Clinical Practice: 2005 – 2009
- Tutoring in Health psychology: 2005 – 2009
- Tutoring in Clinical Psychology and Psychotherapies: 2003 – 2005

Coordinating

- Since 2020 – coordinator of the scientific student circle UniMIND on the interdisciplinary investigation of the effect of psychedelic substances
- Coordinator of BA and MA theses at UBB (Psychology and MEIC - European Masters in Conference Interpreting of Cluj) and UMFIIH
- Since 2009 – involved in the Grad I and II examinations at the Teacher Training Department either as a dissertation coordinator or as president of the examination committee.
- Since 2008 - I have participated at almost all admission and BA and Master licence exams at the Department of Psychology, UBB.

Invited Speaker

- 2021– **guest professor** at the University of Physical Education, Budapest Hungary, invited to lecture on the topic of: *“Effects of parenting characteristics on the socio-emotional development and mental health of adolescents and youngsters”*. (25th of May)
- 2019 – Invited by the Faculty of Political, Administrative and Communication Sciences, Babes-Bolyai University, Cluj-Napoca, Romania, to deliver a presentation of personal research on *Loneliness, Perfectionism, Maladaptive Use of Social Networking, and Mental Health indicators*. 28th of November.
- 2018 - invited speaker at the EduSci Week (organized by ASPR) with the title: *Posttraumatic Growth*, 24 May 2018, Cluj-Napoca.
- 2017 – invited speaker at the International Conference of Psychology Students - workshop entitled: *Psychological costs of material wealth*. (11-14 May, Cluj-Napoca).
- 2017 - lecturer at Minteforte – 29th of March 2017 - Too much good hurts? (How) Can financial advantages make us (un)happy (Prea mult bine strică? - Cum (ne)fericesc avantajele materiale)
(<https://www.facebook.com/MinteForte/photos/gm.1877522959133368/1677925058890709>)
- 2016 - workshop lecturer and leader at Minteforte – 28th of November 2016 – The communication that brings us closer (Comunicarea ce ne apropie)
- 2016 – **key-note speaker** at the 22nd International Student Congress on Sport Sciences (ISCSS) Budapest, Hungary, April 28-30 2016
- 2016 - lecturer at Minteforte – 28th of March 2016 – *Happiness in the 21st Century*. 28th of March 2016 (<https://minteforte.ro/2348-2/>)

- 2015 – lecturer at Minteforte – *Trauma and Posttraumatic growth*. 20th October 2015. Cluj-Napoca, Romania.
- 2013 - invited by Semmelweis University, Budapest, to present latest research in Stress and Anxiety.
- 2011 – invited to the European Parliament to present own research conducted on “Stress in the process of interpretation”, April, Bruxelles, Belgium.

III. Professional specialization

- Educational Psychology
- Health psychology and health promotion
- Emotional and social competences in children and adolescents

IV. Professional societies

- 2013 – Present - Member of the Romanian On-line Counseling and Psychotherapy Association ACPOR (Asociația de consiliere și psihoterapie online din România.)
- 2012 – Present – External Member of the Hungarian Academy of Sciences (MTA)
- 2005 - Present - member of the Romanian Cognitive and Behavioral Science Association (ASCR)
- 2005 - Present - member of the Applied Cognitive Research Center
- 2007 – 2012 - member of the European Health Psychology Society (EHPS)
- 2011- Present national representative of the Stress and Anxiety Research Society (STAR)

V. Research domains:

- Well-being and emotional expression.
- Emotional health.
- Trauma and posttraumatic growth.
- Meaning making.
- Stress and burnout.
- Coaching.

VI. AWARDS

National awards

- 2023: nominated for *Professor Excellentia*, by the Council of Students at Babes-Bolyai University, Cluj-Napoca.
- 2018: *Professor Bologna*, awarded by the National Alliance of Student Organizations in Romania (Alianța Națională a Organizațiilor Studențești din România)
- 2014: nominated *Professor Excellentia*, by the Council of Students at Babes-Bolyai University, Cluj-Napoca.

International awards

- 2009 - Early Career Award – Stress and Anxiety Research Society (STAR)

Scholarships and research awards:

- 2014 – travel grant - HBSC Spring meeting (Olomouc, Czech Republic June 4-6th)
- **2007 EHPS Synergy Grant** “Award, Culture, health and illness representations – Developing an international agenda for cross cultural health psychological research” - Hasselt, Belgium.
- 1995 scholarship for studying at the University of Bergen, Norway.

VII. REVIEWER

2023 - reviewer for **Behavioral Sciences**

2023 – reviewer for **Horticulturae**

2022 -2023 – reviewer for **Advances in Nature-Based Therapies and Human Health**

2023- reviewer for **Journal of Clinical Medicine**

2022–reviewer for **International Perspectives in Psychology: Research, Practice, Consultation Research, Practice, Consultation**

2022- reviewer for **International Journal of Environmental Research and Public Health**

2022 - reviewer for **Frontiers in Physiology**

2021- reviewer for **Psycho-Oncology**

2021 – reviewer for **Frontiers in Public Health**

2021 – reviewer for **Journal of Environmental Research and Public Health**

2021–reviewer for **International Perspectives in Psychology: Research, Practice, Consultation**

2019 – reviewer for **Psychological Reports**

2019- reviewer for **Emerging Adulthood**

2019 – reviewer for **Health Psychology and Behavioral Medicine**

2019, 2020, 2021, 2023- reviewer for **Personality and Individual Differences**

2018 – reviewer for **International Journal of Pediatrics**

2013 – Reviewer for **Social Indicators Research**

2013 – Reviewer for **Open SAGE**

VIII. MENTORSHIP

- 2018-2019 – MENTOR at Sapientia Hungariae Foundation’s Collegium Talentum program
- 2019-2020 - MENTOR at Sapientia Hungariae Foundation’s Collegium Talentum program

IX. CONFERENCE ORGANIZATION

- 2023- **member of the organizing committee** of the Annual **Conference** of the European Association of Psychology and Law (EAPL international conference), Cluj-Napoca, Romania.
- 2014 – **President of the local organizing committee** of the 35th Stress and Anxiety Research Society (STAR)
- 2013 – member of the 34th STAR 2013 **scientific board committee**
- 2011 - Eva Kallay – responsible for organizing on behalf of the Romanian team the SYNERGY workshop of the **EHPS** Conference (European Health Psychology Society) at Cluj-Napoca.

X. PUBLISHING

- 2024 - **Guest Editor: *European Journal of Investigation in Health, Psychology and Education* (Impact Factor: 3.2 (2022) -Special Issue: Special Issue: **Life Skills and Emotional Competencies in Adolescence: What Is the Role of Educational Settings?**).**
- 2015- present - **Editor-in-Chief** of *Cognition, Brain, Behavior. An Interdisciplinary Journal*
- 2014 – 2015 **Executive Editor** of *Cognition, Brain, Behavior. An Interdisciplinary Journal*
- 2006 – 2014 – **Associate Editor** for *Cognition. Brain. Behavior. An Interdisciplinary Journal*.
- 2006 - 2007 - **Executive Manager** of „Journal of Cognitive and Behavioral Psychotherapies”.
- 2006 - 2010 – **Scientific director** at ASCR Press, Cluj-Napoca, Romania.

XI. GRANT EVALUATOR

2014 – grant evaluator for NEWFELPRO [Ministry of Science, Education and Sports (MSES) of the Republic of Croatia and the first Croatian Marie Curie FP7-PEOPLE-2011-COFUND program]

XII. RESEARCH GRANTS AND PROJECTS

(grant recipient)

Research grants and projects - Grant responsible on the behalf of “Babes-Bolyai” University

1. ***SOI-FE - Integrated online system for the assessment and optimisation of executive functions-*** – Grant manager - Prof. dr. Mircea Miclea (Cognitrom), Grant responsible on the behalf of “Babes-Bolyai” University - lect. univ. dr. **Kállay, É. 2022-2023**
2. ***CEICAonline*** – An integrated online solution of assessment and intervention for children and adolescents – Grant manager = Prof. dr. Mircea Miclea (Cognitrom) (UEFISCDI PN3-P2-176), Grant responsible on the behalf of “Babes-Bolyai” University - lect. univ. dr. **Kállay, É. 2020-2021**

Research scholarship-grants

1. 2022 - Domus Hungarica Senior Research Grant Awarded by the Hungarian Academy of Sciences – grant recipient Kállay, É.: **The investigation of the effect of perceived stress and uncertainty on subjective and psychological well-being through cognitive and behavioral emotion-regulation strategies in a sample of Romanian students in the post-Covid-19 period** (400.000 HUF)
2. 2020 - Domus Hungarica Senior Research Grant Awarded by the Hungarian Academy of Sciences – grant recipient Kállay, É.: **The comparative investigation of the relationship between narcissistic traits, perfectionism, loneliness, and indicators of mental health in a sample of Transylvanian Hungarian and Transylvanian Romanian students.** (400.000 HUF)
3. 2019 - Domus Hungarica Senior Research Grant Awarded by the Hungarian Academy of Science – grant recipient **Kállay, É.: The investigation of the role played by aspirations, perfectionism, loneliness, and adequacy of social media usage on depth of learning, psychological and subjective well-being in a sample of Transylvanian Hungarian students** (350.000 HUF)

4. 2016 - Domus Hungarica Senior Research Grant Awarded by the Hungarian Academy of Sciences – grant recipient **Kállay, É.: The investigation of the role played by resilience and meaning making in the changes in the quality of personal and professional life produced by complex, chronic stress in a population of Transylvanian Hungarians** (350.000 HUF)
5. 2014 - Domus Hungarica Senior Research Grant Awarded by the Hungarian Academy of Sciences – grant recipient **Kállay, É.: The effect of meaning in life, meaning of work, on mental health and subjective and psychological well-being in a sample of young Transylvanian Hungarians** (300.000 HUF)
6. 2013 - Domus Hungarica Senior Research Grant Awarded by the Hungarian Academy of Sciences – grant recipient **Kállay, É.** (300.000 HUF)
7. 2013 - Domus Hungarica Research Grant Awarded by the Hungarian Academy of Sciences – grant recipient **Kállay, É.** (240.000 HUF) - three-month long research stages at the Semmelweis University, Institute of Behavioral Sciences in Budapest, Hungary
8. 2012 - Domus Hungarica Senior Research Grant Awarded by the Hungarian Academy of Sciences – grant recipient **Kállay, É.** (160.000 HUF) - three-month long research stages at the Semmelweis University, Institute of Behavioral Sciences in Budapest, Hungary

Research grants and projects (member of the research team)

- 1.*Project COST: Implementation Network Europe for Cancer Survivorship Care (INE-CSC) Romania*
- 2.*CANPRIM BEYOND ONCOLOGY INTO PRIMARY CARE CANCER DISTRESS FOLLOW-UP* – Éva Kállay = researcher, Director of Grant – dr Degi Csaba 2020-2022 (UEFISCDI): PN-III-P1-1.1-TE-2019-0097
3. World Health Organization – Geneva – **HBSC: Health Behavior in School-Aged Children: a WHO Cross-National Study** – on the Romanian population – financier Jacobs Foundation: November 2005 - November 2007. Director of grant: prof. Univ. Dr. Adriana Băban.
4. **Grant CEEEX of Excellency: Neurocognitive and developmental analysis of Anxiety.** Director of grant: prof. univ. dr. Miclea Mircea – 2006.
5. **GRANT CEX: Diseases in postmenopausal women** - project director for BBU – prof. Univ. dr. Adriana Băban. (together with the University of Medicine and Pharmacy Cluj). - 2006-2009.
6. **Grant CEEEX of Excellency: The exploration of relevant cognitive processes in the design of educational software.** Nr. 88 CEEEX-II 03/31.07.2006. Director of grant: prof. univ. dr. Miclea Mircea
7. **Integrative solutions for the psychological assistance of employees (SIAPA) – project sponsored by the Ministry of Education – Innovation program.** 2007 – 2009, Director of project: prof. dr. Miclea Mircea
8. 2008-2011: **TEMPTATIONS TO EAT MODERATED BY PERSONAL AND ENVIRONMENTAL SELF-REGULATION TOOLS.** A FP7 Project (project director for the Romanian team prof. dr. Adriana Baban)

9. 2008-2011: Solutions for the assesment and intervention in child and adolescent mental health, Contract 241/3.10.2008, PROGRAM INNOVATION, Project 241, 2 oct. 2008, SEISM CA, director of project Mircea Miclea.
10. 2008-2011: Critical factors in the computer mediated psychotherapy of anxiety disorders – Exploratory research projects (Director of project: prof. dr. Miclea Mircea)
11. 2009-2012: **IMPROVING QUALITY AND SAFETY IN THE HOSPITAL: THE LINK BETWEEN ORGANIZATIONAL CULTURE, BURNOUT, AND QUALITY OF CARE**– FP7 project, EU financing; in collaboration with Athens University
12. 2009 - 2011: **INCREASING ACCESS TO HIGH QUALITY PRIMARY PREVENTION SERVICES FOR CHILDREN AND ADOLESCENTS IN ROMANIA: HEALTHY EATING AND PHYSICAL ACTIVITY**- a Norway Innovation research grant; in collaboration with the Ministry of Health
13. 2009-2011: Prevention of occupational stress and increase of adaptability for medical personnel and information campaigns. Financed by POSDRU.
14. 2010-2013: Formarea competențelor personalului didactic pentru promovarea stării de bine a copiilor în școli. Financed by: POSDRU/57/1.3/S/33894. (grant director Adriana Baban)
15. 2011-2014 – **Assessment of Psycho-social and communication needs in oncology patients** (APSCO) (director of project. Degi L Csaba, PhD).
16. POSDRU grant – “*Eficientizarea serviciilor de consiliere si orientare profesionala a elevilor prin metode computerizate*”, grant director prof. Mircea Miclea

XIII. PUBLICATIONS

1. Author and co-author of books and book-chapters published in Romania

1. Kállay, É., & Miclea, M. (Eds.) (2014). **Book of abstracts**. 35th STAR Conference., Cluj-Napoca: Editura ASCR Press, 978-606-8244-87-7.
2. Kállay, É. (2011). **Trauma – From pathology to growth**. Cluj-Napoca, Editura ASCR Press. ISBN: 978 - 973 – 7973 – 61 – 0.
3. Kállay, É. (2011). **Management of professional and personal life** (Managementul echilibrului – viața profesională-viața personală). Cluj-Napoca: Editura ASCR Press, ISBN 978-606-8244-35-8.
4. Miclea, M., & Kállay, É. (Eds.) (2011). **The computer-mediated therapy of anxiety**, Cluj-Napoca: Editura ASCR Press, 978-606-8244-37-2.
5. Stefan, C. A., & Kállay, É. (2007). Development of emotional and social competences in preschool children – Guide for parents (*Dezvoltarea Competențelor Emoționale și Sociale la Preșcolari – Ghid pentru Parinti*), Editura ASCR, Cluj-Napoca. ISBN 978-973-7973-50-4.
6. Stefan, C. A., & Kállay, É. (2007). Development of emotional and social competences in preschool children – Guide for teachers (*Dezvoltarea Competențelor Emoționale și Sociale la Preșcolari – Ghid pentru Educatori*), Editura ASCR, Cluj-Napoca. ISBN 978-973-7973-51-1.
7. Kállay, É., & Ormenisan, M. (2019). Investigarea relației dintre perfecționismul multidimensional, atitudinea pentru învățare și indicatori ai sănătății mentale la studenți de anul II. *Studii și cercetări din domeniul științelor socio-umane*, Vol. 32, p.159-169. Cluj-Napoca, Editura Limes & Argonaut. ISBN 978-606-799-024-9 - ISBN 978-973-109-622-3

8. **Kállay, É.**, Hitter (Buru), T., Cantor, M., & Papuc, I. (2019). Inviestigarea rolului jucat de natură și a Terapiei Horticole asupra simptomatologiei depresive. *Studii și cercetări din domeniul științelor socio-umane*, Vol. 32, p. 170-181. Cluj-Napoca, Editura Limes & Argonaut. ISBN 978-606-799-024-9 - ISBN 978-973-109-622-3
9. **Kállay, É.**, Benga, O., Opre, A., Baban, A., Stefan, C., Cosma, A., & Vaida, S. (2015). Managementul comportamentelor și optimizarea motivației pentru învățare. Opre, A., Benga, O., & Baban, A. (Eds.). ASCR Press: Cluj-Napoca. ISBN 978-606-8244-90-7.
10. **Kállay, É.** (2011) (Coautor). **Eating habits and physical activity in school-children** (Comportamentul alimentar și activitatea fizică la elevii din România. Cercetarea, promovarea și monitorizarea comportamentelor de sănătate) (Ed. Adriana Baban), Risoprint, Cluj-Napoca. ISBN 978-973-53-0555-0
11. Miclea, M., & **Kállay, É.** (2011). Introduction to the computer-mediated therapy of anxiety. In Miclea, M., & Kallay, E. (Eds.). The computer-mediated therapy of anxiety (pp. 11-27), Cluj-Napoca: Editura ASCR Press. 978-606-8244-37-2.
12. Heilman, R., **Kállay, É.**, & Miclea, M. (2011). Advances in computer-based psychotherapy of anxiety disorders. In Miclea, M., & Kallay, E. (Eds.). The computer-mediated therapy of anxiety (pp. 47-67), Cluj-Napoca: Editura ASCR Press, 978-606-8244-37-2.
13. **Kállay, É.**, & Miclea, M. (2011). The computer-mediated treatment of Posttraumatic Stress Disorder and stress-induced mental health problems. In Miclea, M., & Kallay, E. (Eds.). The computer-mediated therapy of anxiety (pp. 69-88), Cluj-Napoca: Editura ASCR Press. 978-606-8244-37-2.
14. **Kállay, É.**, & Baban, A. (2009). Rolul exprimării emoționale în sănătate. În D. L. Dumitrașcu (Ed.). Probleme actuale de medicină biopsihosocială (pp.197-210). Editura Medicală Universitară Iuliu Hațieganu. ISBN 978-073-693-329-5
15. Baban, A., & **Kállay, É.** (2009). Sindromul de stres posttraumatic: Factori de risc, tablou clinic și teorii explicative. În D. L. Dumitrașcu (Ed.). Probleme actuale de medicină biopsihosocială (pp.54-66). Editura Medicală Universitară Iuliu Hațieganu. ISBN 978-073-693-329-5
16. **Kállay, É.**, Mustea, A., Negru, O. (2009). Abordări teoretice ale spiritualității din perspectiva scopurilor personale și a transdisciplinarității. În Studii și Cercetări din domeniul științelor socio-umane, volumul 18, pp. 80-88., Cluj-Napoca: Editura Argonaut.
17. **Kállay, É.**, Baban, A., Colcear, D., & Zdrengea, D. (2008). Role of counseling in the enhancement of quality of life in patients with cardio-vascular diseases. In M. Albu (Editor). *Incursiuni psihologice în cotidian*. Editura ASCR. ISBN – 978-973-7973-58-0
18. Baban, A., **Kállay, É.**, Colcear, D., & Zdrengea, D. (2008). Negative Affectivity in female patients with cardio-vascular disease. Romanian Academy Press. In M. Albu (Editor). *Incursiuni psihologice în cotidian*. Editura ASCR. ISBN – 978-973-7973-58-0.
19. **Kállay, É.**, Baban, A., & Muresan, A.I. (2008). Effects of Expressive Writing on the affective state of Romanian Cancer Patients. *Studies and Research in Humanities*, Vol 15, Editura Argonaut, Cluj-Napoca.
20. Baban, A. & **Kállay, É.** (2008). The role of educational counseling in the secondary profilaxy of cardio-vascular diseases in women at menopause. *Studies and Research in Humanities*, Vol 15, Editura Argonaut, Cluj-Napoca.
21. Stefan, C. A., **Kállay, É.**, & Miclea, M. (2008). A primary prevention program for the development of emotional and social competencies in preschool children. *Studies and*

Research in Humanities, Vol 15, Editura Argonaut, Cluj-Napoca. ISBN 978-606-799-024-9 - ISBN 978-973-109-622-3

22. **Kállay, É.** (2007). Dezvoltarea posttraumatică – O scurtă sinteză. Anuarul Institutului de Istorie "George Baritiu" din Cluj-Napoca, Series Humanistica, 5, 55-85. Editura Academiei Române, Bucuresti. 1584-4404. Anuarul are calificativul B acordat de CNCIS și este indexat în bazele de date internaționale CEEOL, EBSCO și ULRICHSWEB
23. **Kállay, É.** (2007). Scala de dezvoltare posttraumatică. În D. David (coordonator). *Sistem de Evaluare Clinică*. Editura RTS, Cluj-Napoca.
24. **Kállay, É.** (2006). Posibile reacții posttraumatice, Studii și cercetări din domeniul științelor socio-umane, Vol.15., Editura Argonaut, Cluj-Napoca. Anuarul Institutului deocă, ISBN 973-7710-88-6.
25. Bobarnea, A. & **Kállay, É.** (2006). Rolul religiozității în procesele de adaptare, Studii și cercetări din domeniul științelor socio-umane, Vol.15., Editura Argonaut, Cluj-Napoca, ISBN 973-7710-88-6.
26. **Kállay E.,** & Macavei B. (2005): *Trauma în Mediul Rural și Urban*, Impactul Evenimentelor negative asupra starilor afective in mediul rural si urban, Studii și cercetări din domeniul științelor socio-umane, Vol.13., Editura Argonaut, Cluj-Napoca, ISBN 973-7710-36-3.
27. **Kállay, É.,** Macavei, B., & Lemeni, G. (2004). Chapter: Self-knowledge and personal development, in Orientation and Counseling – Guide for carrier education (Autocunoaștere și dezvoltare personală, în Consiliere și Orientare – Ghid de educație pentru carieră), Lemeni, G. & Miclea, M. (Eds), Editura ASCR, Cluj-Napoca.
28. **Kállay, É** (2004): Co-author at: Orientation and Counseling – Guide for carrier education – activities for grades IX-XII (Consiliere și Orientare – Ghid de educație pentru carieră – Activități pentru clasele IX-XII), Lemeni, G. & Tărau, A. (Eds.), Editura ASCR, Cluj-Napoca.
29. **Kállay, É.** (2004). Co-author at: Co-author at: Orientation and Counseling – Guide for carrier education – activities for grades V-VIII (Consiliere și Orientare – Ghid de educație pentru carieră – Activități pentru clasele V-VIII), Lemeni, G. & Porumb, M. (Eds.), Editura ASCR, Cluj-Napoca.
30. **Kállay, É.** (2004). Co-author at: Co-author at: Orientation and Counseling – Guide for carrier education – activities for grades I-IV (Consiliere și Orientare – Ghid de educație pentru carieră – Activități pentru clasele I-IV), Lemeni, G. & Tărau, A. (Eds.), Editura ASCR, Cluj-Napoca.

2. Author and Co-author handbooks

- Collaborator for the electronic variants for Health Psychology manuals, 2006, 2007.
- **Kállay, É.** et al., (2003). Manual of verbal abilities, in BTPAC cognitive aptitude tests ("Manualul testului de abilități verbale", în Bateria de teste psihologice de aptitudini cognitive. Manual de utilizare.) ASCR, Press, Cluj-Napoca.

3. Book-chapters published at international publishing houses

1. Buru T., **Kállay É.,** Cantor M., Papuc I. (2021). The Investigation of the Relationship Between Exposure to Nature and Emotional Well-Being. A Theoretical Review. In: Moga L.,

- Şoimoşan T.M. (Eds) Environmental and Human Impact of Buildings. Springer Tracts in Civil Engineering. Springer, Cham. https://doi.org/10.1007/978-3-030-57418-5_4
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11. Degi, L., Cs., Kállay, É., & Kopp, M. (2013). Trends in cancer distress: results of a representative population-based investigation. *Psycho-Oncology*, 22 (Suppl. 3): 297. DOI: 10.1111/j.1099-1611.2013.3394.
12. Kállay, É., & Vonas, G. (2012). Factors implied in well-being in a sample of Romanian adults. *Psychology & Health*, 27 sup1, 1-357.
13. Kállay, É. (2011). Benefits of expressive writing in a sample of Romanian female cancer patients. Abstracts *Psychology & Health*, 26, 47.
14. Kállay, É., Pop, R., & Balazsi, R. (2010). Distress, emotional profile, and quality of life in Romanian chronic renal failure and renal transplant patients. Abstracts *Psychology & Health*, 25, 47.
15. Balazsi, R., Kállay, É., Lupu, M., Baban, A., & Szabo, P. (2010). Don't stop me now! The role of self-efficacy in moderating the relationship between physical activity and obesity and physical complains. Abstracts *Psychology & Health*, 25, 19.
16. Kállay, É., & Vladut, C.I. (2010). Maladjustment, distress, and quality of life in Romanian psoriasis patients. Abstracts *Psychology & Health*, 25, 248.
17. Degi, C.L., Kállay, É., & Vincze, A.E. (2010). Reasons and consequences of cancer diagnosis non-disclosure in Romania. Abstracts *Psychology & Health*, 25, 197.
18. Popescu, A. M., Balazsi, R., Kállay, É., Furtunescu, F., Vestemean, O., & Baban, A. (2010). Determinants of overweight in Romanian adolescents. Abstracts *Psychology & Health*, 25, 308.
19. Baban, A., Craciun, C., Kállay, É., & Balazsi, R. (2009). The role of social capital in explaining differences in Romanian adolescents' health and risk behaviors. Abstracts *Psychology & Health*, 24, 59.
20. Kállay, É., & Baban, A. (2008). The effects of different tasks within expressive writing on a sample of Romanian college students. Abstracts *Psychology & Health*, 23, 155.

21. Baban, A, **Kállay, É.**, Burdea, L., Sincai, D., Colcear, D., Zdrenghea, D. (2008). Effect of counseling on behavioral and psychosocial cardiovascular disease risk factors and quality of life. Abstracts *Psychology & Health*, 23, 59.
22. **Kállay, É.** (2007). Illness related-distress and meaning in life in a sample of Romanian cancer patients. Abstract published in the *Abstract Book of Health Psychology Review*, 1, 131.
23. **Kállay, É.** (2006). Gender Differences in Posttraumatic Reactions within a Romanian Sample of Cancer Patients. Abstract în Journal of Psychosomatic Research (Special Issue on Neuropsychiatry), the 26th European Conference of Psychosomatic Research, Dubrovnic, Croatia.

6. Book-reviews -article

- **Kállay, É.** (2007). Book Review on - Review on “*Narrative Research: Reading, Analysis, and Interpretation*”, by Amia Lieblich, Rivka Tuval-Mashiach, Tamar Zilber, translation published by Polirom, 2006 (original work by Amia Lieblich, Rivka Tuval-Mashiach, Tamar Zilber, *Narrative Research: Reading, Analysis, and Interpretation*, Sage Publications, Inc. 1998), *Cognition, Brain, Behavior*, 11(2), 481-482.

7. Translations and adaptations

1. **Kállay, É., & Tiberiu Crisan** (translators) (2016). **Prețul privilegiului. Cum presiunea parentală și avantajele materiale creează o generație de adolescenți înstrăinați și nefericiți** (author: Madeline Levine, The price of privilege. How parental pressure and material advantage are creating a generation of disconnected and unhappy children). Cluj-Napoca: Editura ASCR Press. ISBN: 978-606-8244-99-0
2. Roy F. Baumeister (2011). **Meanings of life** (translated into Romanian – Sensuri ale vietii - by: **Kállay, É.**) Cluj-Napoca: Editura ASCR Press. ISBN: 978-606-8244-27-3.
3. **Kállay, É.** (2010). **Treatment plans and interventions for depression and anxiety disorders** (translated into Romanian - Planuri de tratament si interventii pentru depresie si anxietate, de R. L. Leahy si S. J. Holland, translated by **Kállay, É.**), Cluj-Napoca, Editura ASCR.
4. **Kállay, É.** (2009). **Defiant children: A Clinician’s Manual for Assessment and Parent Training** (translated into Romanian - Copilul Dificil – Manualul terapeutului pentru evaluare si pentru trainigul parintilor, de Barkley, R. A., translated by **Kállay, É.**), Cluj-Napoca, Editura ASCR.
5. Balazsi, R., **Kállay, É.**, Bartos, S., Panait-Joo, A., & Pentek, I. (2007). **Logica (I)racionalitatii: Teoria jocurilor si psihologia deciziilor umane, de Mero Laszlo** (lb. Maghiara: Mindenki maskepp egyforma: A jatekelmelet es a racionalitas pszihologiaja). Editura RTS, Cluj-Napoca.
6. **SCID research** - First, M. B., Spitzer, R. L., Gibbon, M., și Williams, J. B. W. (1997). **Interviu Clinic Structurat pentru Tulburările Clinice de pe Axa I a DSM – Versiune Cercetare**. Adaptare în limba română David, D. (coordonator) (2007). Editura RTS. – member in the translation team.

7. **Manual of neuropsychological development (Manualul de Evaluare Neuropsihologică a Dezvoltării).** (2006). Edit. ASCR, Cluj-Napoca. – member in the translation team - linguistic consultant

XIV. INTERNATIONAL AND NATIONAL CONFERENCE PARTICIPATIONS

1. **Kállay, É.** (2022). *The investigation of major predictors of well-being in a sample of Romanian university students in the post-Covid-19 period.* The Symposium of the Romanian Academy of Science “Cognition, Affectivity, Identity, Morality”. Cluj-Napoca, 9-10 December 2022.
2. Dégi, L. Cs., **Kállay, É.**, & Medrea, F. (2022). Correlates of fear of cancer progression during COVID-19 in Romania. Multidisciplinary Oncology in Medical Practice Conference. Bucharest, Romanian Academy, 24- 26 March 2022.
3. Dégi, L. Cs., **Kállay, É.**, Medrea, F., & Suciu, A. (2021). CANPRIM project - beyond oncology into primary care cancer distress follow-up study among outpatients first results. 42nd STAR Conference, Haifa, Israel, 7-8 July, 2021.
4. Dégi, L. Cs., **Kállay, É.**, Medrea, F., & Suciu, A. (2021). CANPRIM project - beyond oncology into primary care cancer distress follow-up study among outpatients first results. IASLC World Conference on Lung Cancer. Worldwide Virtual Event. 8-14 September, 2021.
5. **Kállay É.** (2020). The investigation of the relationship between narcissism, perfectionism, loneliness, depression, subjective and psychological well-being in a sample of Transylvanian Hungarian and Romanian students. The Annual Scientific Session of the Romanian Academy of Science. Cluj-Napoca, 19 November 2020
6. Ulman, T., & **Kállay, É.** (2019). *The Impact of Lymphedema on the Quality of Life of Patients -a review of the literature.* The Annual Scientific Session of the Romanian Academy of Science. Cluj-Napoca, 15-16 November 2019. The Impact of Lymphedema on
7. Năstase, S., & **Kállay, É.** (2019). *The impact of Acting and Improvisation Training on social anxiety and depression in College Students.* The Annual Scientific Session of the Romanian Academy of Science. Cluj-Napoca, 15-16 November 2019.
8. Mihoc, A. R., & **Kállay, É.** (2019). *The investigation of the role played by value systems in the relationship between narcissistic traits and well-being.* The Annual Scientific Session of the Romanian Academy of Science. Cluj-Napoca, 15-16 November 2019.
9. Dascal, D. M., & **Kállay, É.** (2019). *The investigation of the relationship between self-esteem, attachment styles, depression and loneliness in pregnant women.* The Annual Scientific Session of the Romanian Academy of Science. Cluj-Napoca, 15-16 November 2019.
10. **Kállay, É.**, & Dascal, D. M. (2019). *The investigation of the relationship between marital satisfaction, attachment styles and quality of life in pregnant women.* The Annual Scientific Session of the Romanian Academy of Science. Cluj-Napoca, 15-16 November 2019.
11. **Kállay, É.**, & Mihoc, A. R. (2019). *Do multidimensional perfectionism and dysfunctional social networking affect indicators of mental health?* The Annual Scientific Session of the Romanian Academy of Science. Cluj-Napoca, 15-16 November 2019.

12. **Kállay, É.**, Hitter (Buru), T., Cantor, M., Bucur, G., & Papuc, I. (2019). *The assessment of quality of life after a Horticulture Therapy Intervention*. The Annual Scientific Session of the Romanian Academy of Science. Cluj-Napoca, 15-16 November 2019.
13. **Kállay É.** (2019). *The investigation of the relationship between multidimensional perfectionism, subjective and psychological well-being and mental health indicators in a group of Transylvanian Hungarian students*. The Annual Scientific Session of the Romanian Academy of Science. Cluj-Napoca, 15-16 November 2019.
14. Hitter (Buru), T., **Kállay, É.**, Cantor, M., & Papuc, I. (2019). *How green technology and nature-based interventions can influence human well-being*. 12th International Conference Processes In Isotopes And Molecules – INCDTIM, 25-27 September 2019, Cluj-Napoca, Romania.
15. **Kállay, É.**, Hitter (Buru), T., Cantor, M., & Papuc, I. (2019). The investigation of the role played by nature and Horticulture Therapy in depressive symptomatology (*Investigarea rolului jucat de natură și a Terapiei Horticole asupra simptomatologiei depressive*). The scientific Session of the Romanian Academy, "Theoretical and Applicative Research in Psychology and Educational Sciences", 21st June 2019, Cluj-Napoca, Romania.
16. **Kállay, É.**, & Ormenisan, M. (2019). The investigation of the relationship between multidimensional perfectionism, approaches to learning, and indicators of mental health in second year students (*Investigarea relației dintre perfecționismul multidimensional, atitudinea pentru învățare și indicatori ai sănătății mentale la studenți de anul II*). The scientific Session of the Romanian Academy, "Theoretical and Applicative Research in Psychology and Educational Sciences", 21st June 2019, Cluj-Napoca, Romania.
17. **Kállay, É.**, & Ormenisan, M. (2019). *The investigation of the relationship between depressive symptoms, conscious cognitive emotion regulation strategies, approaches to learning and academic performance in students*. Simposion: Emotiile sociale si reglarea lor: Perspective interdisciplinare. Departamentul de Ceretari Socio-Umane, Institutul de Istorie "George Baritiu", Academia Romana, filiala Cluj-Napoca, 11 Iunie 2019.
18. Buru, T., **Kállay, É.**, Olar, L. E., Ștefan, R., Buta, E., Cantor, M., & Papuc, I., (2019). The kynurenine pathways using therapeutic horticulture on depression. 2nd International Conference on Biotechnology, 15-16 April, 2019, Valencia, Spain
19. Toth, L., **Kállay, É.**, Szemes, A., Nagy, A., Balazsi, R., & Sipos, K. (2016). Kognitiv erzelemszabalyozasi strategiak es versenyszorongas vizsgalata az U-20-as ferfi jegkorong valogatottnal a 2014 es 2015 evi vilagbajnoksagok elott. 46. Mozgasbiologiai konferencia, 17-18 november, 2016. Budapest, Hungary.
20. Csaba L. Dégi, & **Kállay, É.** (2016). Supportive cancer care needs in Romania: a repeated-cross sectional perspective. MASCC/ISOO International Symposium on Supportive Care in Cancer, June 23-25, Adelaide, Australia.
21. Degi, L. Cs., **Kállay, É.**, & Pinte, S. (2016). APSCO: An analysis of potential demographic and psychosocial moderators of the relationship between knowing the cancer diagnosis and depression. ESHMS 16th Biennial Congress, June 27-29, Geneva, Switzerland.
22. Degi, L. Cs., **Kállay, É.**, & Pinte, S. (2016). An analysis of potential demographic and psychosocial moderators of the relationship between knowing the cancer diagnosis and depression. 4th European Association of Psychosomatic Medicine Congress (EAPM). 16-18 June in Luleå, Sweden.

23. Petre, O., **Kállay, É.**, & Baban, A. (2016). Changes in students' cognitive coping strategies following classic and enhanced tasks of expressive writing. *4th International Conference "Cognitive and Neural Mechanism of Human Memory"*, 17-20 May, Cluj-Napoca, Romania.
24. Tóth, L., Szemes, Á., **Kállay, É.**, Balázs, R., Nagy, A. és Sipos, K. (2016). Comparison of cognitive emotion regulation strategies and competitive state anxiety at Hungarian national ice-hockey team players of 20-years before World Championships in 2014 and 2015. 37th STAR Conference 6-8 of July, Zagreb, Croatia.
25. Degi, L. Cs., Lukacs, I. Gy., & **Kállay, É.** (2015). Cancer disclosure in Romania: trends and risks —translation 'from power to person'. World Congress of Psycho-Oncology, Washington, USA. Citable abstract in *Psycho-Oncology* 24 (Suppl. 2): 79-80 – IF 2.443.
26. **Kállay, É.** & Degi, L. Cs. (2015). The investigation of the effect played by demographic variables and coping mechanisms on distress and well-being in a nationally representative Romanian sample of cancer patients. European Association of Psychosomatic Medicine Congress. Citable abstract in *Journal of Psychosomatic Research* 78 (Issue 6): 606 – **IF 2.736**
27. Degi, L. Cs., Lukacs, I. Gy., & **Kállay, É.** (2015). Cancer disclosure: Romanian oncologists' and patients' assessment do patients know when their doctors don't? MASCC/ISOO International Symposium on Supportive Care in Cancer. Citable abstract in *Supportive Care in Cancer* 23 (Suppl. 1): **MASCC-S1-S388 – IF 2.364**.
28. **Kállay, É.** (2015). Coaching and stress management in interpretation. International Conference Young Translators and Interpreters in a Europe of Post-Communication, 16th October, Cluj-Napoca. Romania.
29. Petre, O. A., **Kállay, É.**, & Baban, A. (2015). The benefits of classic and enhanced tasks of expressive writing for emotional well-being of students. The 29th Conference of the EHPS: Principles of Behavior Change in Health and Illness, 1st - 5th September 2015, Limassol – Cyprus.
30. Toth, L., **Kállay, É.**, Balazsi, R., Nagy, A., & Sipos, K. (2015). The investigation of the relationship between distress, metacognitive abilities, and cognitive emotion regulation strategies at Hungarian national ice-hockey team of 20-years players. The 36th International STAR Conference, June 30 - July 2, 2015, Tel Aviv-Jaffa, Israel.
31. **Kállay, É.**, & Degi, Cs. L. (2015). Effect of demographic and coping variables on cancer distress and well-being - representative Romanian sample. EAPM – the 3rd Annual Scientific Conference of the European Association of Psychosomatic Medicine, 1st-4th July, 2015, Nuremberg, Germany.
32. **Kállay, É.**, Crăciun, C., Vonaş, G., Popescu, A. & Băban, A. (2014). Sexual health and sexual behavior among Romanian adolescents. A Health Behavior in School-aged Children (HBSC) study. HBSC Spring Meeting. Olomouc (Czech Republic) 4-6 June.
33. **Kállay, É.**, & Rus, C. L. (2014). Metacognitive abilities and affective states as predictors of efficient learning strategies in freshmen. 28th International Congress of Applied Psychology. Paris, France, 8-13 July, 2014.
34. **Kállay, É.**, Degi, L. Cs., & Kopp, M. (2014). Trends in depression and well-being in Hungarian cancer patients. A longitudinal study. 35TH STAR International Conference. 2-4 July, Cluj-Napoca, Romania
35. **Kállay, É.**, & Visu-Petra, L. (2014). Indicators of cognitive and emotional functioning in first-year master students in conference interpreting: A focus on individual differences. 35TH STAR International Conference. 2-4 July, Cluj-Napoca, Romania

36. **Kállay, É.**, Rus, C. L., Constantiniuc, M. E., & Burde, A-V. (2014). Stress, metacognitive awareness strategies and learning approaches and study skills in dental medicine students. 35TH STAR International Conference. 2-4 July, Cluj-Napoca, Romania
37. Sass, J., Bodnar, E., Kiss, J., **Kállay, É.**, & Dégi, Cs. (2014). Celok, ertekek es a pszichologiai jollet osszefuggesei. Congress of Unlimited Psychology, 23rd Annual Meeting of the Hungarian Psychological Association. 15-17 May, Targu-Mures, Romania.
38. Dégi, Cs., **Kállay, É.**, & Kopp, M. (2014). Depression and its correlates in Hungarian cancer patients. International Congress of Behavioral Medicine. Groeningen, Netherlands, 19-23 August 2014.
39. Dégi, Cs., **Kállay, É.**, & Kopp, M. (2014). Trends in depression and well-being in Hungarian cancer patients. A longitudinal study. International Congress of Behavioral Medicine. Groeningen, Netherlands, 19-23 August 2014.
40. Dégi, Cs., **Kállay, É.**, Lukacs, I., Cimpianu, M., & Burz, C. (2014). MAKING THE CASE FOR PSYCHOSOCIAL ONCOLOGY ACTIONS IN ROMANIA: EVIDENCE FROM REPEATED CROSS-SECTIONAL DATA. MASCC ISO, International Symposium on Supportive Care in Cancer, Miami, USA. June 26-28
41. Degi, L., Cs., **Kállay, É.**, & Kopp, M. (2013). Trends in cancer distress: results of a representative population-based investigation. IPOS 15th World Congress, Rotterdam, The Netherlands, 4-8 November 2013.
42. **Kállay, É.**, & Rus, C. L. (2013). The differentiated effect of positive and negative affective states on metacognitive abilities and learning strategies in freshmen. 34th International Conference of the Stress and Anxiety Research Society. STAR, Faro, Portugal, July 1-3, 2013.
43. Rus, C. L., & **Kállay, É.** (2013). The role of employee's positive psychological capital in the relationship between perceived job insecurity and their affective outcomes. 34th International Conference of the Stress and Anxiety Research Society. STAR, Faro, Portugal, July 1-3, 2013.
44. **Kállay, É.**, & Vonas, G. (2012). Factors implied in well-being in a sample of Romanian adults. 26th European Health Psychology Conference "Resilience and health". Prague, Czech Republic, August 21-25, 2012.
45. **Kállay, É.** (2012). Burnout and well-being in a sample of Romanian school-teachers. 33rd International Conference of the Stress and Anxiety Research Society. STAR, Palma de Mallorca, Spain, July 2-4, 2012.
46. **Kállay, É.** (2011). Benefits of expressive writing in a sample of Romanian female cancer patients. 25th European Health Psychology Conference "Engaging with Other Health Professions: Challenges and Perspectives". Hersonissos, Crete, Greece, September 20-24 2011.
47. Vlăduț, C. I., & **Kállay, É.** (2011). Emotional implications of burnout in a sample of Romanian school-teachers. Romanian Academy – Scientific Session, Cluj-Napoca, Romania, 18-19 November.
48. Vlăduț, C. I., Pop, C., & **Kállay, É.** (2011). Causes and consequences of burnout. Romanian Academy – Scientific Session, Cluj-Napoca, Romania, 18-19 November.
49. **Kállay, É.**, Vonas, G., & Baban, A. (2011). The effect of school adjustment on adaptive behaviors in Romanian children and adolescents. 15th European Conference on Developmental Psychology, 23-27 August 2011, Bergen, Norway.

50. **Kállay, É., & Baban, A. (2011).** The effect of peer and family cultures on health behaviors in Romanian children and adolescents. 15th European Conference on Developmental Psychology, 23-27 August 2011, Bergen, Norway.
51. **Kállay, É. (2011).** Posttraumatic growth in Romanian adolescent and adult flood victims. 32nd International Conference of the Stress and Anxiety Research Society. Munster, Germany, July 18-20, 2011.
52. Heilman, R., **Kállay, É.,** Miu, A., & Miclea, M. (2011). Cognitive coping strategies in the prediction of subjective well-being and depression related symptoms. 32nd International Conference of the Stress and Anxiety Research Society. Munster, Germany, July 18-20, 2011.
53. **Kállay, É.,** Pop, R., & Balazsi, R. (2010). Distress, emotional profile, and quality of life in Romanian chronic renal failure and renal transplant patients. The 24th Annual Conference of the European Health Psychology Society, Cluj-Napoca, Romania, 1-4 September, 2010.
54. Balazsi, R., **Kállay, É.,** Lupu, M., Baban, A., & Szabo, P. (2010). Don't stop me now! The role of self-efficacy in moderating the relationship between physical activity and obesity and physical complaints. The 24th Annual Conference of the European Health Psychology Society, Cluj-Napoca, Romania, 1-4 September, 2010.
55. **Kállay, É., & Vladut, C.I. (2010).** Maladjustment, distress, and quality of life in Romanian psoriasis patients. The 24th Annual Conference of the European Health Psychology Society, Cluj-Napoca, Romania, 1-4 September, 2010.
56. Degi, C. L., **Kállay, É., & Vincze, A. E. (2010).** Reasons and consequences of cancer diagnosis non-disclosure in Romania. The 24th Annual Conference of the European Health Psychology Society, Cluj-Napoca, Romania, 1-4 September, 2010.
57. Popescu, A.M., Balazsi, R., **Kállay, É.,** Furtunescu, F., Vestemean, O., & Baban, A. (2010). Determinants of overweight in Romanian adolescents. The 24th Annual Conference of the European Health Psychology Society, Cluj-Napoca, Romania, 1-4 September, 2010.
58. **Kállay, É.,** Balazsi, R., & Baban, A. (2009). Peer and Family culture and risk behaviors in Romanian adolescents. The South-East European Regional Conference of Psychology, Sofia, Bulgaria, 30. oct. – 1 noi. 2009
59. Alexandrova, B., Bogdanova, E., Vassilieva, L., Baban, A., **Kállay, É. (2009).** Comparative analysis on positive health indicators between Bulgarian and Romanian adolescents. The South-East European Regional Conference of Psychology, Sofia, Bulgaria, 30. oct. – 1 noi. 2009
60. Baban, A., Craciun, C., **Kállay, É., & Balazsi, R. (2009).** The role of social capital in explaining differences in Romanian adolescents health and risk behaviors. The 23rd Annual Conference of the European Health Psychology Society. Pisa, Italia. 23-26 Septembrie.
61. **Kállay, É., & Pop, R. (2009).** Stress and burnout in intensive care unit nurses. 30th STAR Conference, Budapest, Hungary, 16-18 July. (Invited symposium on Burnout)
62. **Kállay, É.,** Tincas, I., & Benga, O. (2009). Conscious cognitive emotion regulation strategies and the quality of emotional and physical life. 30th STAR Conference, Budapest, Hungary, 16-18 July.
63. **Kállay, É.,** Mustea, A., Negru, O. (2008). Abordări teoretice ale spiritualității din perspectiva scopurilor personale și a transdisciplinarității. Romanian Academy – Scientific Session, Cluj-Napoca, Romania, 26-27 October.
64. Baban, A., **Kállay, É.,** Burdea, L., Sincai, D., Colcear, D., Zdrengea, D. (2008). Effect of counseling on behavioral and psychosocial cardiovascular disease risk factors and quality of

- life. EHPS Annual Conference, Behaviour, Health & Healthcare: From Physiology to Policy" Bath, UK, 9th-12th September.
65. **Kállay, É., & Baban, A.** (2008). The effects of different tasks within expressive writing on a sample of Romanian college students. EHPS Annual Conference, Behaviour, Health & Healthcare: From Physiology to Policy" Bath, UK, 9th-12th September.
 66. Baban, A., **Kállay, É.**, Colcear, D., & Zdrengea, D. (2008) The Effects of Menopause on Quality of Life in a Sample of Romanian Women. XXIX International Congress of Psychology, 20-25 July, Berlin, Germany.
 67. **Kállay, É.** (2008). Posttraumatic growth in Romanian adolescents following flood. XXIX International Congress of Psychology, 20-25 July, Berlin, Germany
 68. Baban, A. **Kállay, É.**, Colcear, D., & Zdrengea, D. (2008). Psychosocial and behavioral risk factors for coronary heart disease in menopausal women. American Psychological Association Conference: Health Psychology Division; Symposium: Gender and Health, August, Boston, USA.
 69. **Kállay, É., & Baban, A.** (2008). Emotional benefits of Expressive Writing in a sample of Romanian Female Cancer Patients. 29th Stress and Anxiety Research Society Conference, 16 – 19 Iulie Londra, UK
 70. Baban, A. **Kállay, É.**, Sinca, D., Colcear, D. & Zdrengea, D. (2008). Negative Affectivity among Menopausal Women. Epidemiology and Social Psychiatry, 11-14 June 2008, Dubrovnik – Croatia.
 71. Baban, A., **Kállay, É.**, Colcear, D., & Zdrengea, D. (2008). Negative Affectivity in female patients with cardio-vascular disease. Romanian Academy – Scientific Symposia, Cluj-Napoca, Romania, June 10th
 72. **Kállay, É.**, Baban, A., Colcear, D., & Zdrengea, D. Role of counseling in the enhancement of quality of life in patients with cardio-vascular diseases. Romanian Academy – Scientific Symposia, Cluj-Napoca, Romania, June 10th 2008
 73. **Kállay, É., & Baban, A.** (2007). *Negative affectivity in cancer patients and the effects of expressive writing*. International Course of Psychosomatic Medicine, Cluj-Napoca, March 6.
 74. Opre, A., **Kállay, É.**, Manier, D., Coman, A., & Coman, D. (2007). *Reducing Distress by Expressive Writing in a sample of Romanian College Students*. 28th Stress and Anxiety Research Society Conference, Bavaro-Punta Cana, Dominican Republic.
 75. **Kállay, É.** (2007). *Differences in meaning in life in a sample of ethnically different Romanian cancer patients*. 28th Stress and Anxiety Research Society Conference, Bavaro-Punta Cana, Dominican Republic.
 76. **Kállay, É.** (2007). Illness related-distress and meaning in life in a sample of Romanian cancer patients. 21st EHPS Conference, Maastricht, The Netherlands.
 77. Cristea, I, **Kállay, É.**, & Opre, A. (2007). Group interventions for emotional distress in first year students: Does a rational-emotive cognitive behavioral intervention bring added value? World Congress of Behavioral and Cognitive Therapies, Barcelona, Spain, 11-14 iulie (poster).
 78. **Kállay, É.** (2007). Verifying the genuineness of posttraumatic growth reported by cancer patients through the method of Downward Temporal Comparison. Romanian Academy – Scientific Session, Cluj-Napoca, Romania, 26-27 October.
 79. **Kállay, É.**, Baban, A., & Muresan, A.I. (2007). Effects of Expressive Writing on the affective state of Romanian Cancer Patients. Romanian Academy – Scientific Session, Cluj-Napoca, Romania, 26-27 October.

80. Baban, A. & **Kállay, É.** (2007). The role of educational counseling in the secondary profilaxy of cardio-vascular diseases in women at menopause. Romanian Academy – Scientific Session, Cluj-Napoca, Romania, 26-27 October.
81. Stefan, C. A., **Kállay, É.** & Miclea, M. (2007). A primary prevention program for the development of emotional and social competencies in preschool children. Romanian Academy – Scientific Session, Cluj-Napoca, Romania, 26-27 October.
82. **Kállay, É.** (2006). *Adaptarea în situații de pierdere evidențiată prin modelul SOC cu ajutorul proverbelor*, Conferința Națională de Psihologie, Cluj-Napoca.
83. **Kállay, É.** & Cristea, I. (2006). *Eficiența comparativă a intervențiilor rațional-emotive și cognitivcomportamentale adresate studenților de anul I.*, Conferința Națională de Psihologie, Cluj-Napoca.
84. David, I., & **Kállay, É.** (2006). *Identificarea modificărilor de sens și semnificație prin metoda hărților conceptuale*. Conferința Națională de Psihologie, Cluj-Napoca.
85. **Kállay, É.** (2006). *Trauma and coping in Romanian cancer patients*. The 20th European Health Psychology Conference 30th August - 2nd September, Warsaw, Poland.
86. Baban, A. & **Kállay, É.** (2006). *Sindromul de Stres Posttraumatic*, Al Doilea Simpozion International de Medicină Psihosomatică, Fundatia Alexander von Humboldt 24-25 Februarie, Cluj-Napoca
87. **Kállay, É.** (2005). *Posibile reacții posttraumatice*, Sesiunea Științifică Anuală “Studii și Cercetări din Domeniul Științelor Socio-Umane”, Academia Română, Cluj-Napoca, Oct 28-29.
88. Bobarnea, A. & **Kállay, É.** (2005). *Rolul religiozității în procesele de adaptare*, Sesiunea Științifică Anuală “Studii și Cercetări din Domeniul Științelor Socio-Umane”, Academia Română, Cluj-Napoca, Oct 28-29.
89. **Kállay, É.** (2005). *Possible Positive Posttraumatic reactions in Cancer Patients: Meaning-Making, Benefit Finding, Reframing, and Religiosity*, First International Symposium of the Central Eastern European Behavioral Medicine Network, Development of Behavioral Medicine in Central Eastern Europe – The Role of a Regional Network in Integrating Behavioral Medicine with Health Care, Health Policy and Education in the CEE Countries, Târgu-Mureș, 14-16 October.
90. **Kállay, É.** (2005). *Influențarea reacțiilor posttraumatice prin framing. Rolul proverbelor în modularea emoțiilor*. Simpozionul Internațional Exigențe și Standarde ale psihologiei aplicate, Câmpulung Moldovenesc, Octombrie.
91. **Kállay, É.** (2005). The Impact of Expressive Writing on Cancer Patient. EHPS (European Health Psychology Conference), Gallway, Ireland, August.
92. Miclea Mircea & **Kállay, É.** (2005). *Overcoming Trauma Through Framing*, ECOTS (Psychotraumatology. The 9th European Conference on Traumatic Stress), Stockholm - Sweden, Iunie,
93. **Kállay, É.**, & Miclea, M. (2005). *Trauma in Urban and Rural Romania. Common-sense Theories and Traumatic Reactions*, ECOTS (Psychotraumatology. The 9th European Conference on Traumatic Stress), Stockholm - Sweden, Iunie.
94. **Kállay, É.**, & David, I. (2005). *Formarea Semnificatiei ca mecanism de coping in situatii limita*, Simpozion National: Cercetari si Aplicatii in Psihologie, Timisoara, (organizata de Academia Romana si Universitatea “Tibiscus” Timisoara)

95. David, I., & **Kállay, É.** (2005). *Procesul de Impartasire a semnificatiei in subculturi*, Simpozion National: Cercetari si Aplicatii in Psihologie, Timisoara (organizata de Academia Romana si Universitatea "Tibiscus" Timisoara)
96. Manier, D., Anton, R., Coman, A., **Kállay, É.**, Rotaru, D., & Opre, A. (2004). *Cross-cultural approaches to studying the effects of expressive writing*. Presented at the American Psychological Association Conference, Honolulu, HI, July 30, 2004.
97. **Kállay, É** (2004): *Conceptualizări de Simț-Comun ale Traumei, în medii culturale diferite*, Conferința Națională a Asociației Psihologilor din România, Călimănești
98. **Kállay, É**, Macavei B. (2004). *Trauma în Mediul Rural și Urban*, Sesiunea Științifică Anuală, Academia Română.

XV. INTERNATIONAL WORKSHOP PARTICIPATION

1. 2023-**facilitator** at the intensive mixt program - „The Importance of Guidance and Counseling in Students' Life”, 20-24 November, Timisoara, Universitatea de Vest, through the Centrul de Consiliere și Orientare în Carieră (CCOC-UVT) (Număr de înregistrare: 84630/10.11.2023) Timișoara.
2. **Kállay, É.**, (2017) - speaker at the International Conference of Psychology Students - workshop entitled: *Psychological costs of material wealth*; 11-14 May 2017 Cluj-Napoca
3. **Kállay, É.**, & Rus, C. (2012). *The effect of stress, anxiety and depression on learning strategies and academic performance in freshmen*. **International Exploratory Workshop: Attention and executive functioning in high-trait anxiety: Implications for cognitive and academic performance**, 7-8 December, 2012, Cluj-Napoca, Romania – invited speaker.
4. **HBSC** - Health Behavior School Children - Spring Meeting Cluj-Napoca, Romania, (15-17 Iunie 2011).
5. Baban, A., & **Kállay, É.** Workshop entitled Analiza Narativă în Psihologia Clinică și a sănătății. La Conferința Cercetarea Psihologică Modernă: Cercetări Calitative versus Cercetări cantitative? Sibiu-Păltiniș, 31 Octombrie – 02 Noiembrie, 2008
6. International Workshop “STRESS AND COGNITION: Recent Approaches”, Cluj-Napoca, Opre, A., Opre, D., Zaharia, M, & **Kállay, É.**, Gender stereotype and performance anxiety of women university staff. June 14th2008.
7. International Workshop “STRESS AND COGNITION: Recent Approaches”, Cluj-Napoca, **Kállay, É.**, Baban, A. & Miclea, M.: Meaning making, religious coping as modulators of emotional reactions. June 14th2008.
8. **HBSC** - International Symposium “25 years of the HBSC Study: Contributions and future challenges” and HBSC Focus Group Meeting, Seville, Spain, 15-17 May, 2008
9. **EHPS** Synergy –Culture, health and illness representations – Developing an international agenda for cross-cultural health psychological research –Hasselt, Belgia, 12-15 August 2007.
10. **HBSC** - Health Behavior School Children – Focus Group Meeting – Positive Health – Jyväskylä, Finlanda, 6-8 Iunie, 2007.
11. **HBSC** - Health Behavior School Children – Focus Group Meeting – Positive Health – Lausanne, Elveția, 13-15 Noiembrie, 2006.

12. **HBSC** - Health Behavior School Children - Full Meeting Budapest, Hungary, (8-10 Iunie 2006),
13. Baban, A., Opre, A., **Kállay, É.** (2006). Workshop on extreme stress: Demographic and personality characteristics as predictors of adaptive behavior under extreme stress. Dimensions of posttraumatic growth in Romania. The roles of culture and personality in the process of adaptation – Jablonna, Polonia.

XVI. ESTABLISHED INTER- AND INTRA-INSTITUTIONAL COLLABORATIONS

1. Research collaboration with the UMFIH, Cluj-Napoca - The investigation of the problems of biomarkers used in assessing the relationship between stress and disease in dental medicine (16738/05.12.2022), research conducted in collaboration with Besleaga Tichil Ana (PhD candidate, **UMFIH**, Cluj-Napoca), Prof. Dr. Albu Silviu (UMFIH, Cluj-Napoca), and Prof. Dr. Dégi Csaba (UBB, Cluj-Napoca).
2. Research collaboration with the **USAMV** (collaboration already approved by the Etical Committee agreement nr.”, (Nr. de înreg: 393 Comisia Etica), in the form of cross-sectional and longitudinal studies regarding the investigation of students’ mental health indicators and subjacent endogenous and exogenous mechanisms (Investigarea calității vieții și indicatorilor de sănătate mentală la studenți), conducted in collaboration with Prof. univ. dr. Ionel Papuc.
3. Research collaboration with the **Department of Applied Psychology** (“Babeș-Bolyai” University, Cluj-Napoca, conf. univ. dr. Kotta Ibolya - *Cercetare privind investigarea markerilor sănătății mentale în rândul studenților*, already approved by the Ethical Committee of the “Babeș-Bolyai” University, Nr. 15.939/ 08.11.2023).

XVI. PARTICIPATION AT PUBLIC MANIFESTATIONS – dissemination of scientific results

1. Book release: Lansare de carte: Speaker in calitate de traducător al volumului Prețul Privilegiului la librăria Bookstory, Cluj-Napoca, 14 Noiembrie 2016

2. TV and Radio Interviews

- a. January – August 2023 – Coordinator of a series of radio programs at the Romanian National Radio Station in Cluj-Napoca (hosted by Tiberiu Crisan), entitled ”Stresul nostru cel de toate zilele”

Invited presenters:

- a. prof dr Andrei Miu “*Stresul – Inamic sau Prieten?*”
<http://www.radiocluj.ro/2023/01/26/stresul-inamic-sau-prieten/?fbclid=IwAR25TGx2334fdrJhfythTV8QBmnwp0svNCjmUFMJ0gW897C6PmbqKk-K0Y4>
- b. Prof. univ. dr. Viorel Lupu – “*Stresul la Adolescenti*”
<http://www.radiocluj.ro/2023/06/14/prof-dr-viorel-lupu-psihiatru-raul-patrunde-foarte-usor-in-mintile-adolescentilor-audio/>

- c. Lect. Univ. dr. Catrinel Stefan – “**Stresul la copii cause simptome si posibile solutii**”
/http://www.radiocluj.ro/2023/06/30/stresul-la-copii-cauze-simptome-si-posibile-solutii/
- b. January 2021- Radio Interview about Narcissism – Part 2 - EBS Radio
- c. January 2021- Radio Interview about Narcissism - Part 1 - EBS Radio
- d. January 2020 – Radio interview at EBS Radio on: Efectelor nocive ale utilizarii inadecvate ale retelelor de socializare: <https://ebsradio.ro/uncategorized/audio-aplicatia-saptamanii-replika-partenerul-caruia-ii-pasa/>
- e. Mai 2019 - Radio interview – EBS Radio on -Posibilele dezavantaje ale utilizarii excesive ale internetului la elevi: <https://ebsradio.ro/stiri/90-dintre-elevii-din-ciclul-primar-au-deja-telefoanele-mobile-psihiolog-folosirea-excesiva-a-internetului-poate-afecta-foarte-mult-abilitatea-de-comunicare/>
- f. November 2016 - Radio interview – Radio Napoca FM on – Stilurile parentale și starea de bine a copilului, pe marginea volumului Prețul Privilegiului.

2016 - TV interview – la emisiunea d-nei Boros Veronika despre adaptare la boala – TVR CLUJ.
2014 - TV interview – la emisiunea d-nei Boros Veronika despre depresie – TVR CLUJ.

Publications in mass media

Article published in Revista Formula AS **Copiii, adolescenții și telefonul mobil** - 2021, 1487(38) 30 sept-7 Oct.

https://www.formula-as.ro/2021/10/12/copiii-adolescentii-si-telefonul-mobil/?fbclid=IwAR1WLErtN_IWNLjIbiEboJBEADcn9UpLRgQ5zSCLtiXWxLHQ-X0dot6CtIU

1. Publication in the Journal of the Regional Community of MTA (General Assembly of the Hungarian Academy of Sciences): **Okolhatom-e meg a szüleimet? Can I still blame my parents?** <https://kab.ro/hirek/hir/okolhatom-e-meg-a-szuleimet-1449>
2. Publication in the Journal of the Regional Community of MTA (General Assembly of the Hungarian Academy of Sciences): **Melyik típusú rákprogressziós félelem járul hozzá a román rákbetegek életminőségéhez a COVID-19 járvány idején?** <https://kab.ro/hirek/hir/melyik-tipusu-rakprogressziós-felelem-jarul-hozza-a-roman-rakbetegek-életminosegehez-a-covid-19-jarvany-idejen-1531>

Painting Exhibition:

Collective painting exhibition entitled “*The Harmony of Spring*”, organized by the Painting Club of the Student’s Culture House, Cluj-Napoca, Romania 25th of June – 25th of July, 2019.