

LISTA DE LUCRĂRI

A. LISTA DE LUCRĂRI

A1. **Tiba, A.**, Drugaș, M., Sârbu, I., Simona, T., Bora, C., Miclăuș, D., Voss, L., Sanislav, I., & Ciurescu, D. (2023). T-RAC: Study protocol of a randomised clinical trial for assessing the acceptability and preliminary efficacy of adding an exergame-augmented dynamic imagery intervention to the behavioural activation treatment of depression. *PloS one*, 18(7), e0288910. <https://doi.org/10.1371/journal.pone.0288910> FI 3.75 Q2

A2 **Tiba, A. I.**, Trip, S., Bora, C. H., Drugas, M., Borz, F., Miclăuș, D. C., Voss, L., Iova, S. C., & Pop, S. (2023). Positive irrational beliefs are associated with hypomanic personality. *Frontiers in psychology*, 14, 1053486. <https://doi.org/10.3389/fpsyg.2023.1053486> FI 3.8 Q2

A3. **Tiba, A. I.** (2018). Feelings-As-Embodied Information: Studying the Role of Feelings As Images in Emotional Disorders. *Frontiers in Psychology*, 9, 186. <http://doi.org/10.3389/fpsyg.2018.00186> Q1

A4. **Tiba, A.I.** & Manea, L (2018). The Vividness of Imagining Emotional Feelings is Attenuated in Dysphoria and Predicts the Experience of Positive Emotional Feelings. *Journal of Clinical Psychology* doi: 10.1002/jclp.22676 Q2

A5. **Tiba, A. I.** & Manea, L. (2018). An Embodied Simulation Account of Cognition in Rational Emotive Behavior Therapy. *New Ideas in Psychology* 48 C pp. 12-20 doi: 10.1016/j.newideapsych.2017.08.003 Q2

A6. **Tiba, A.** (2021). Psychological science treatment. *New ideas in Psychology*, 63, 100896 Q2

A7 **Morar, C., Tiba, A. (corresponding author)**, Jovanovic, T., Valjarević, A., Ripp, M., Vujičić, M. D., Stankov, U., Basarin, B., Ratković, R., Popović, M., Nagy, G., Boros, L., & Lukić, T. (2022). Supporting Tourism by Assessing the Predictors of COVID-19 Vaccination for Travel Reasons. *International journal of environmental research and public health*, 19(2), 918. <https://doi.org/10.3390/ijerph19020918> FI 4.61 Q2

A8. **Morar, C., Tiba, A. (corresponding author)**, Basarin, B., Vujičić, M., Valjarević, A., Niemets, L., Gessert, A., Jovanovic, T., Drugas, M., Grama, V., Stupariu, M., Stoica, A., & Lukić, T. (2021). Predictors of Changes in Travel Behavior during the COVID-19 Pandemic: The Role of Tourists' Personalities. *International journal of environmental research and public health*, 18(21), 11169. <https://doi.org/10.3390/ijerph182111169> Q2

A9. Pop, C. A., & **Tiba, A. I.** (corresponding author) (2019). Mental imagery, optimism, and self-efficacy: The role of imagery perspective and imagery modality in positive cognition. *Romanian Journal of Applied Psychology*, 21(2), 35–43. <https://doi.org/10.24913/rjap.21.2.01>

A10. **Tiba, A. I.** (2020). Embodied hot cognitive vulnerability to emotional disorders. From theory to treatment. Editura Springer. ISBN 978-3-030-53988-7

B. TEZE DE DOCTORAT

Tiba, A. I. (2011). Strategii și tehnici cognitiv comportamentale de management al distresului la părinții copiilor cu dizabilități intelectuale și multiple. Data susținerii 16.10.2010

C.BREVETE DE INVENȚIE ȘI ALTE TITLURI DE PROPRIETATE INTELECTUALĂ

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D. CĂRȚI ȘI CAPITOLE ÎN CĂRȚI

Autor unic

Tiba, A. I. (2020). Embodied hot cognitive vulnerability to emotional disorders. From theory to treatment. Editura Springer. ISBN 978-3-030-53988-7

Tiba, A. I. (2019). Psihologia clinică validată științific. Intervenție psihologică clinică și consiliere primară. Editura ASCR Cluj-Napoca ISBN: 978-606-977-042-9.

Coautor

Tiba, A. si colab. (2012). Co-autor: “Consiliere și Orientare – Ghid de educație pentru carieră – Activități pentru clasele IX - XII”, Lemeni, G., Axente, A. (coord.), 2012, Editura ASCR, Cluj - Napoca ISBN: 978-606-8244-39-6.

Tiba, A. si colab. (2011). Co-autor: “Consiliere și Orientare – Ghid de educație pentru carieră – Activități pentru clasele V – VIII”, Lemeni, G., Porumb, M. (coord.), 2011, Editura ASCR, Cluj – Napoca ISBN: 978-606-8244-22-8.

Tiba, A. si colab. (2010). Co-autor: “Consiliere și Orientare – Ghid de educație pentru carieră – Activități pentru clasele I – IV”, Lemeni, G., Mihalca, L., Mih, C. (coord.), 2010, Editura ASCR, Cluj – Napoca, ISBN: 973-7973-20-8

Tiba, A. si colab. Co-autor: “Consiliere și Orientare – Ghid de educație pentru carieră – Activități pentru clasele I – IV”, Lemeni, G., Mihalca, L., Mih, C. (coord.), 2005, Editura ASCR, Cluj – Napoca

Tiba, A. si colab. Co-autor: “Consiliere și Orientare – Ghid de educație pentru carieră – Activități pentru clasele IX - XII”, Lemeni, G., Tărău, A. (coord.), 2004, Editura ASCR, Cluj - Napoca

Tiba, A. si colab. Co-autor: “Consiliere și Orientare – Ghid de educație pentru carieră – Activități pentru clasele V – VIII”, Lemeni, G., Porumb, M. (coord.), 2004, Editura ASCR, Cluj – Napoca

Capitole în cărți

Tiba, A. I. (2015). Cum sa gestionezi stresul in cariera. Managementul stresului, în Panc, I., (2015) (Coord.) Consiliere și orientare în carieră. Program de intervenție pentru studenți., București: Editura Universitară, ISBN 978-606-28-0337-7, p. 243-262

Tiba, A. I. (2012). The involvement of the parents in the therapy of children with special needs. A cognitive behavioural perspective. In Hathazi, A., (Eds.). Communication in the context of multiple disabilities., vol. Education of Persons with Multiple disabilities, Cluj Napoca, University Press, pp. 40-68 [*Implicarea parintelui in terapia copilului cu nevoi speciale. O perspectiva cognitiv comportamentala in Hathazi, A. (coord.), Comunicarea in contextul deficientei multiple., Colectia Educarea Persoanelor cu Dizabilitati Multiple, Cluj-Napoca, Presa Universitara Clujeana, pag.40-68*]

E. ARTICOLE

Articole WOS

Tiba, A., Drugaș, M., Sârbu, I., Simona, T., Bora, C., Miclăuș, D., Voss, L., Sanislav, I., & Ciurescu, D. (2023). T-RAC: Study protocol of a randomised clinical trial for assessing the acceptability and preliminary efficacy of adding an exergame-augmented dynamic imagery intervention to the behavioural activation treatment of depression. *PloS one*, 18(7), e0288910. <https://doi.org/10.1371/journal.pone.0288910> FI 3.75

Tiba, A. I., Trip, S., Bora, C. H., Drugas, M., Borz, F., Miclăuș, D. C., Voss, L., Iova, S. C., & Pop, S. (2023). Positive irrational beliefs are associated with hypomanic personality. *Frontiers in psychology*, 14, 1053486. <https://doi.org/10.3389/fpsyg.2023.1053486> FI 3.8

Morar, C., **Tiba, A. (corresponding author)**, Jovanovic, T., Valjarević, A., Ripp, M., Vujičić, M. D., Stankov, U., Basarin, B., Ratković, R., Popović, M., Nagy, G., Boros, L., & Lukić, T. (2022). Supporting Tourism by Assessing the Predictors of COVID-19 Vaccination for Travel Reasons. *International journal of environmental research and public health*, 19(2), 918. <https://doi.org/10.3390/ijerph19020918> FI 4.61

Tiba, A. & Voss, L. (2022). A motor imagery training for improving action cognition results in the reduction of residual symptoms after major depressive disorder: a single-case study. *Journal of Evidence- Based Psychotherapies*, Vol. 22, No. 1, March 2022, 137- 168./ 10.24193/je bp.2022.1.8 FI 1.1 Q4

Tiba, A. (2021). Psychological science treatment. *New ideas in Psychology*, 63, 100896

Morar, C., **Tiba, A. (corresponding author)** , Basarin, B., Vujičić, M., Valjarević, A., Niemets, L., Gessert, A., Jovanovic, T., Drugas, M., Grama, V., Stupariu, M., Stoica, A., & Lukić, T. (2021). Predictors of Changes in Travel Behavior during the COVID-19 Pandemic: The Role of Tourists' Personalities. *International journal of environmental research and public health*, 18(21), 11169. <https://doi.org/10.3390/ijerph182111169>

Tiba, A. I. (2018). Feelings-As-Embodied Information: Studying the Role of Feelings As Images in Emotional Disorders. *Frontiers in Psychology*, 9, 186. <http://doi.org/10.3389/fpsyg.2018.00186> Factor de impact: 2.35

Tiba, A. I. & Manea, L (2018). The Vividness of Imagining Emotional Feelings is Attenuated in Dysphoria and Predicts the Experience of Positive Emotional Feelings. *Journal of Clinical Psychology* doi: 10.1002/jclp.22676 Factor de impact: 2.09

Tiba, A. I. & Manea, L. (2018). An Embodied Simulation Account of Cognition in Rational Emotive Behavior Therapy. *New Ideas in Psychology* 48 C pp. 12-20 doi: 10.1016/j.newideapsych.2017.08.003 Factor de impact: 1.86

Tiba, A. I., Johnson, C., & Vadineanu, A. (2012). Cognitive vulnerability and adaptation of parents of children with Autistic Spectrum Disorder. *Journal of Cognitive and Behavioral Psychotherapies*, 12, 209-218. Factor de impact: 0.38

Tiba, A. I., & Furak-Pop, C. (2012). A naturalistic study of effectiveness and cost benefit analysis of a cognitive behavioral program for reducing the risk of child separation from family. *Journal of Cognitive and Behavioral Psychotherapies*, 10, 15-22. Factor de impact: 0.38

Gavița, O., A. , David, D., Bujoreanu, S. **Tiba, A. I.,** Ionuțiu, D. (2012).The efficacy of a short cognitive-behavioral parent program in the treatment of externalizing behavior disorders in Romanian foster care children: Building parental emotion-regulation through unconditional self- and child-acceptance strategies. *Children and Youth Services Review*, 34(7) 1290-1297; Factor de impact: 1.48

Tiba, A. I. (2010). Grounded cognition perspective on irrational beliefs in Rational Emotive Behaviour Therapy. *Journal of Cognitive and Behavioral Psychotherapies*, 10, 87-99. Factor de impact: 0.30

Articole/studii publicate în reviste de specialitate BDI

Pop, C. A., & **Tiba, A. I.** (corresponding author) (2019). Mental imagery, optimism, and self-efficacy: The role of imagery perspective and imagery modality in positive cognition. *Romanian Journal of Applied Psychology*, 21(2), 35–43. <https://doi.org/10.24913/rjap.21.2.01>

Morar, C.; Grama, V.; Stupariu, I.M.; Nagy, G.; Boros, L.; **Tiba, A.**; Gozner, M.; Szabo-Alexi, S. (2020). Local perspectives over cultural tourism to heritage sites. the case study of Oradea Fortress (Romania). *GeoJournal Tour. Geosites* 2020, 33, 1470–1479.

Tiba, A. I. (2005). Demanding brain: between should and shouldn't. *Journal of Cognitive and Behavioral Psychotherapies*, 5, 43-53.

Tiba, A. I. și Szentagotai, A. (2005). Positive emotions and irrational beliefs. Dysfunctional positive emotions in healthy individuals. *Journal of Cognitive and Behavioral Psychotherapies*, 5, 53-73.

Tiba, A. (2003). Rational and irrational beliefs from a neuroscience framework. *Romanian Journal of Cognitive and Behavioral Psychotherapies*, 3, 61-78.

F. PUBLICAȚII ÎN EXTENSO ÎN VOLUME LA CONFERINȚE INTERNAȚIONALE

Tiba, A. I. și Vădineanu, A., (2010). Stress in parents of children with intellectual and multiple disabilities: a cognitive intervention program for stress management. In Bălțătescu et al. (2012). Social Research and Politycy Conference Volume, ISBN 978-606-10-0796-7 Oradea University Press.

Tiba, A., Gavita, O. A., Ionutiu, D. R. (2008). Predictors of using Evidence Based Practice by Romanian Psychologists. In Hohn, M. (coord.). Volume of the National Conference of Psychology (IVth Ed.) „Dialog pentru diversitate”, University of Vest Press, Timișoara ISBN: 978-973-125-195-192-9. [link](#)

Tiba, A. & Morar, C. (2021). A cognitive intervention program for reduction of stress in parents of children with intellectual and multiple disabilities: the effect on behaviour problems and program adaptation through COVID-19 pandemic. National Conference with International Participation ”Special Education in the Pandemics”. Paper published/accepted in Conference Volume 1, Review of Psychopedagogy / Revista de Psihopedagogie (ISSN1584-4919). [link](#)

Tiba, A., Vădineanu, A., & Szanto, I. (2021). The effects of COVID-19 pandemic on stress and difficulties in foster parents of children with intellectual disabilities: effects of the online specialized support. National Conference with International Participation „Special Education in the Pandemics”. Paper published/accepted in Conference Volume 1, Review of Psychopedagogy / Revista de Psihopedagogie (ISSN1584-4919). [link](#)

G. ALTE LUCRĂRI

Data:

Tiba Alexandru Ioan